

DOXA

The monthly newsletter of
Saint Katherine Greek Orthodox Church
Falls Church, Virginia
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APRIL 2011

LET US PROCLAIM!

SATURDAY: GUARDS AT THE TOMB. On the next day, which followed the Day of Preparation, the chief priests and Pharisees gathered together to Pilate saying, “Sir, we remember, while He was alive, how that deceiver said, ‘After three days I will rise.’ Therefore command that the tomb be made secure until the third day, lest His disciples come by night and steal Him away, and say to the people, ‘He has risen from the dead.’ So the last deception will be worse than the first.” (Matthew 27:62-64). Who was deceived? Pilate? The Pharisees? The Devil? Us?

Every gospel provides an account of the resurrection, which makes perfect sense, because the bodily resurrection of Jesus is, and always has been, the cornerstone of the Christian faith. Saint Paul makes this clear when he reminds us that our faith is in vain without Christ’s resurrection from the dead (1 Corinthians 15:14). Easter (also called “Pascha” or some variant by most non-English speaking Christians) celebrates the resurrection of Jesus from the dead, and it is the greatest and oldest feast of the Church. The word “Pascha” comes from the Hebrew word for Passover—“Pesach.”

Passover comes from the Book of Exodus. In the narrative of the Exodus, the Bible tells that God helped the Children of Israel escape slavery in Egypt by inflicting ten plagues upon the Egyptians before Pharaoh would release his Israelite slaves; the tenth and the worst of the plagues was the slaughter of the first-born son. The Israelites were instructed to mark the doorposts of their homes with the blood of a spring lamb and, upon seeing this, the spirit of the Lord *passed over* these homes, hence the term “Passover.”

The first deception is over the Devil and his so-called limited victory in death. Saint John Chrysostom put it this way, “O Death, where is your sting? O Hell, where is your victory? Christ is risen, and you are overthrown. Christ is risen, and the demons are fallen. Christ is risen, and the angels rejoice. Christ is risen, and life reigns. Christ is risen, and not one dead remains in the grave. For Christ, being risen from the dead, is become the first fruits of those who have fallen asleep. To Him be glory and dominion unto ages of ages. Amen.”

Pilate feared the Jewish authorities more than he feared God. Pilate did not want to lose his political power. He valued the few years of time on earth more than his eternal salvation in the Kingdom of God. When we light our candles and proclaim the Resurrection on the night of Pascha, we recall our baptism. We proceed from darkness and death in this world to the light and the life of the Kingdom of God.

I challenge you, this Pascha, to walk from death to life, from earth to heaven, from the ages to the ages to come, which will never end.

Let us proclaim:

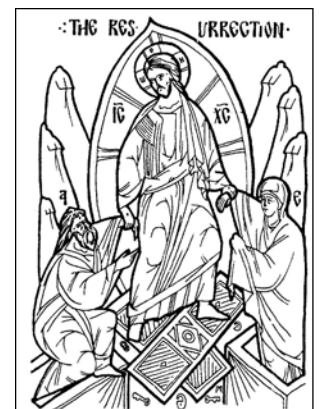
Χριστός Ανέστη. Христосъ Воскресе! Kristus aq ungewektaq. Xris-tusaq Ung-uixtuq.
Христос Вакрсе. Христос Возкресе. Христос Воскресе. Kristus Priskèlè. ! قا !
المسيح قام! حقا

Christ is Risen!

Rev. Konstantinos Pavloukas

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	Bill Porter 703-901-2404	beporter@verizon.net
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Adult Catechetical (Sunday) School	Bill Polizos 571-434-7790	polizos@att.com
Youth Catechetical (Sunday) School	Christian Demeter, Principal 703-534-5669	cdemeter@excite.com
Greek School	Sophia Tsangali, Principal 703-671-5820	stsangali@stkchurch.com
Journey to Orthodoxy (An intro class to the Orthodox Faith)	Elena Ziu 703-825-7245	Dogwood_Academy@cox.net
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	John Polizos (Second Liturgy)	
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PARISH COUNCIL

DEAR SAINT KATHERINE FAMILY,

As we journey through Lent and as Easter approaches we are once again given the opportunity to renew our faith and spirit. What a gift God gives to us! Let us realize our blessings and share them.

With April and Easter our parish becomes even busier. Our Catechetical (Sunday), Greek, and Paideia Schools continue to teach and share our faith and language with our children. We also offer adult religious and Greek language classes throughout the week.

We have created two new committees this year whose work will greatly benefit our community. The IT Committee is working to enhance our website as well as allow for more effective communication via email. Our Capital Campaign Committee has also met and is beginning the work to reduce our current debt. Reducing the debt will allow us to focus on our future and what we want to accomplish as a community. Both of these committees need YOUR input as stewards because we all have the responsibility to care for the great gift that is our Church!

As many of you know our GOYAns (with their parents) prepared food and distributed it to the homeless on Christmas morning, along with five dollars for the purchase of an additional meal. We are a large parish with many blessings, so we have decided to expand this project and reach out to more people who are less fortunate. On the Saturday of Lazarus (April 16), we will distribute meals to the homeless. On April 15, we will meet to prepare the bags of food. We also ask for your support in the form of donations so food can be purchased as well as McDonald's gift cards. Each bag will contain a card from our parish with the gift card included so that an additional meal can be purchased. More details will be included in the Sunday bulletins. Thank you in advance!

Our traditional Palm Sunday luncheon will be held on April 17. Please join us to share this special day and begin Holy Week together.

Our GOYA will host its annual Basketball Tournament the weekend of April 30-May 1. We look forward to welcoming GOYAns and their families from across the Metropolis. An Ad Book is being prepared and your support of our youth is much appreciated. Make sure you come out to cheer all those who will be here for faith, fun, and fellowship.

Thank you to all who have pledged towards our Iconography Project. Fulfillment of these pledges is greatly appreciated. Many icons are still available to be pledged.

I would also like to thank those who made their 2011 Stewardship pledges! It is important that you complete the stewardship form on page 15, so that we have an accurate list of all of our stewards. Your pledges are critical to our daily operations and Ministries.

I look forward to seeing you at the many services offered and pray you have a blessed Lent and a joyous Easter!

Your servant in Christ,
Daphne Papamichael

SUNDAY CHURCH DUTY ROSTER

<u><i>April 3, 2011</i></u> Pierre Tavoularis, Captain Andrea Ballard Antonia Chelpon Chris Euripides	<u><i>8:00am Liturgy</i></u> Daphne Papamichael Bill Polizos Bill Porter	<u><i>April 3, 2011</i></u> Christina Vazquez, Captain Chris Christou Iacovos Ioannou Martha Lambrou	<u><i>9:30am</i></u> Maria Papathanassiou George Silis Maria Wills
<u><i>April 10, 2011</i></u> Dr. John Demakis, Captain Frances Campbell Chris Christou Christian Demeter	<u><i>8:00am Liturgy</i></u> Korinna Garbis Pierre Tavoularis Christina Vazquez	<u><i>April 10, 2011</i></u> Andrea Ballard, Captain John Andre Antonia Chelpon Chris Euripides	<u><i>9:30am</i></u> Costas Mavromatakis Daphne Papamichael Bill Polizos
<u><i>April 17, 2011</i></u> Korinna Garbis, Captain John Andre Antonia Chelpon Martha Lambrou	<u><i>8:00am Liturgy</i></u> Maria Papathanassiou Bill Polizos George Silis	<u><i>April 17, 2011</i></u> Bill Porter, Captain Frances Campbell Dr. John Demakis Christian Demeter	<u><i>9:30am</i></u> Costas Mavromatakis Pierre Tavoularis Maria Wills
<u><i>Agape Service</i></u> Maria Wills, Captain John Andre Frances Campbell Chris Christou	<u><i>April 24, 2011</i></u> Christian Demeter Chris Euripides Korinna Garbis	<u><i>11:00am</i></u> Martha Lampros Costas Mavromatakis Daphne Papamichael	<u><i>Agape Service</i></u> Bill Polizos Bill Porter Pierre Tavoularis Christina Vazquez

CATECHETICAL (SUNDAY) SCHOOL

APRIL IS AN EXCEPTIONALLY BEAUTIFUL MONTH—spring is in full force, flowers are blossoming throughout the Washington area, the days are getting longer, and the weather is often very pleasant. With so many bright and sunny days, the attendance at Catechetical (Sunday) School flourishes. Above all, this April is extra special as we celebrate Holy Pascha.

On April 16, the Saturday of Lazarus, children and their families are invited to make palm crosses after the Divine Liturgy. There will be no Catechetical School on Palm Sunday (the next day). On April 24 (Pascha) there will be no Catechetical School classes, but parents are urged to attend Church with their children for the moving Agape service where the universality of Christ's message is brought to use with readings from the Gospel in several languages. Regular Catechetical School classes will resume on May 1. On that day our young people should bring back to their classes the mission boxes they received from their teachers in March. The purpose of the mission boxes is to have another experience giving to others less fortunate. That way emphasis on the scripture lesson, "It is more blessed to give than to receive," is once more accented.

We wish all members of our Church family a Blessed Pascha!

GMU OCF

GMU OCF WILL NOT meet this month. However, the April Calendar will be e-mailed to the students so that they can participate in the many services offered this month.

GOYA

GOYANS WILL PARTICIPATE in Church Duty on Sunday, April 10 during second Liturgy. A GOYAn will read the Epistle that day as well.

GOYANS will fold palms into crosses following Liturgy on the Saturday of Lazarus, April 16, and wrap the Easter eggs in tulle on Good Friday morning, April 22, following the Hours.

GOYA will have their annual basketball tournament Saturday and Sunday, April 30 and May 1. Games will be held at Stuart High School and our Church Gymnasium on Saturday and in our Church Gymnasium only on Sunday. Parishioners are welcome at all the games.

ALL TEENAGERS OF OUR COMMUNITY are invited to the Tournament Dance, with music by DJ Yianni, on Saturday, April 30, 8:30pm-11:30pm.

PAIDEIA BILINGUAL PRESCHOOL

GREETINGS! ΚΑΛΟ ΠΑΣΧΑ!

Warm congratulations to our students and teachers for the 25th of March Greek Independence Day Program. Students participated in the celebration on March 26 in the school theatre. Our teachers and parents, along with the entire Saint Katherine Community, proudly listened to our little ones recite their poems and sing songs in honor of our heroes.

The Preschool staff wants to express their gratitude to the parents that attended our second parent-teacher conference. PAIDEIA is a method of enculturation that teaches children to be lifelong learners and to excel in all aspects of their life, most importantly, morally. Success, in this endeavor, requires the active participation of both parents and educators. We appreciate your positive suggestions and the interest you demonstrate in our program. Your support is what encourages us to strive for excellence.

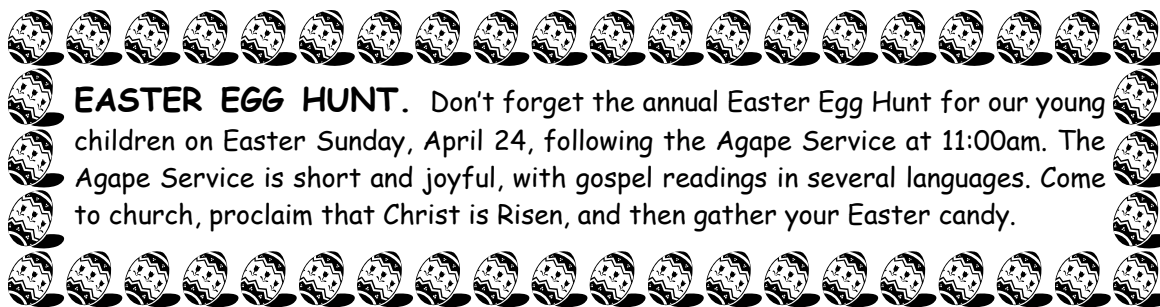
April is National Garden Month, so students have been planting seeds and watching them grow while learning about nature and the wonder of God's creation. Earth Day this year is on April 22. On Tuesday, April 26, specialists from Fairfax Recycling Company will come in to talk about the importance of recycling and will have fun activities for the children.

Our students have also been dying red eggs and decorating their *lampades* to prepare for Easter. We thank Father Ted for taking them to church and talking to them about our faith and the miracle of the resurrection! Καλή Ανάσταση!

Our school will be closed for Spring Break during Holy week and on Bright Monday, April 18 to April 25. Classes resume Tuesday, April 26.

PARISH ORATORICAL FESTIVAL

ON MARCH 13, Saint Katherine held the parish St. John Chrysostom Oratorical Festival. Over 50 children from grades 1 through 9 participated. Our youth worked over many months to present enlightening speeches showcasing their love and understanding of the faith. Many thanks to the Catechetical (Sunday) School teachers and parents who did a wonderful job preparing the children. A big thanks to Roberto for setting up the room and audio visual equipment.



EASTER EGG HUNT. Don't forget the annual Easter Egg Hunt for our young children on Easter Sunday, April 24, following the Agape Service at 11:00am. The Agape Service is short and joyful, with gospel readings in several languages. Come to church, proclaim that Christ is Risen, and then gather your Easter candy.

ΔΙΑΧΕΙΡΗΣΗ ΚΑΙ ΟΙΚΟΝΟΜΙΑ

Σοφία Δ. Τσαγκάλη

ΤΟΝ ΑΠΡΙΛΙΟ, που γιορτάζουμε την εορτή των εορτών, το άγιο Πάσχα, ο χριστιανός δίνει πρωτεύουσα θέση στην πνευματική ζωή. Παραλληλα όμως, γιά να μπορούμε να έχουμε εγκράτεια και στα υλικά αγαθά, αφού η οικονομία στις μέρες μας περνά κάποια κρίση και γιά να έχουμε την δυνατότητα να είμαστε φιλάνθρωποι στους ανήμπορους αδελφούς μας, ωφέλιμο είναι να προσέχει ο κάθε οικοδεσπότης το σπίτι του.

Το νοικοκυριό είναι ολόκληρη επιστήμη. Γι' αυτό γίνονται και διαγωνισμοί σε διάφορα κράτη και δίνονται βραβεία και διπλώματα στην καλύτερη νοικοκυρά. Όσο όμως κι αν προάγεται ο τεχνικός πολιτισμός σε υπολογιστές, ηλεκτρικές κουζίνες, πλυντήρια, στεγνωτήρια, ψυγεία, σπούπες και ο,τιδήποτε άλλο ηλεκτρικό προς διευκόλυνσή μας, η καλή οργάνωση και διαχείριση του νοικοκυριού εξαρτάται από τον οικοδεσπότη και δη από την οικοδέσποινα.

Νοικοκυριό δεν είναι μόνο το καλό συγκύρισμα των δωματίων ή η εκτέλεση συνταγών νέας μαγειρικής και ζαχαροπλαστικής, αλλά και η οικιακή οικονομία, που σημαίνει καλή διαχείριση, συνεχή παρακολούθηση εσόδων και εξόδων και φροντίδα έτσι, ώστε τα δεύτερα να μην υπερβαίνουν τα πρώτα. Ίσως πολλές από μας τις γυναίκες να το αγνοούμε αυτό.

Δεν κάνουμε άσκοπα έξοδα, γιατί τα χρήματα βγαίνουν δύσκολα με κόπο. Δεν είναι λογικό να ξοδεύονται γιά περιττά πράγματα. Πολλοί από μας έχουν ως αρχή τους, «τώρα που τάχω θα τα χαρώ». Έτσι την μιά μέρα την περνούν με σπατάλη και την άλλη με ανέχεια. Γι' αυτό σ' όλα χρειάζεται μέτρο. Θα υπήρχαν λιγότεροι φτωχοί, αν ήξεραν να ρυθμίζουν καλά τα έξοδά τους.

Δεν συναγωνιζόμαστε με πλουσιότερους. Αφού το αγόρασε ή το φοράει η τάδε, θα το πάρω κι εγώ, έστω κι αν στερηθώ κάτι άλλο, φαγητό, φάρμακο κλπ. Τέτοιες νοοτροπίες ζημιώνουν πολλές οικογένειες.

Προλαμβάνουμε έξοδα, όπως π.χ. αν ένα έπιπλο, μία καρέκλα έχει ξεκολλήσει, την επιδιορθώνουμε εγκαίρως και προλαμβάνεται έτσι μεγαλύτερο έξοδο, γιατί αν παραμεληθεί, θα χαλάσει τελείως και θα χρειαστεί να αγοραστεί καινούργια καρέκλα. Κατά τον ίδιο τρόπο βοηθεί ένα λουστράρισμα ή ένα ελαιοχρωμάτισμα κλπ.

Προσέχουμε τα ρούχα μας με ένα μαντάρισμα αν χρειαστεί, αλλά και ούτε τα καταστρέφουμε με το πλύσιμο. Τα ρούχα διατηρούνται περισσότερο, όταν ξέρουμε πότε να τα φορέσουμε. π.χ. Δεν φοράμε τα ίδια ρούχα στη κουζίνα που μαγειρεύουμε ή πλένουμε πιάτα, με αυτά της δουλειά μας. Στο σπίτι χρειάζεται κάτι πιο απλό και πρακτικό. Στη βροχή ή στο χιόνι δεν φοράμε καλά παπούτσια, φοράμε κατάλληλα γιά βροχή ή χιόνι.

Προσέχουμε να μην κάνουμε σπατάλη στα φαγητά και μαγειρεύουμε τόσο φαγητό όσο χρειαζόμαστε. Πολλές φορές μένει, δεν το τρώμε, γιατί μαγειρεύουμε καινούργιο και το παλιό το πετάμε. Ο Κύριος είπε να μαζέψουν όλα τα περισσεύματα μετά το θαύμα του πολλαπλασιασμού των άρτων, «ίνα μή τι απόληται». Το ξερό ψωμί π.χ. γίνεται

(Continued on page 13, column 1)

ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ

ΣΥΓΧΑΙΡΟΥΜΕ ΤΟΥΣ ΜΑΘΗΤΕΣ ΤΟΥ ΕΛΛΗΝΙΚΟΥ ΣΧΟΛΕΙΟΥ και την κ. Ρένα Παπαποστόλου και είμαστε υπερήφανοι γι' αυτούς, που με μεγάλη επιτυχία συμμετείχαν και φέτος στο πρόγραμμα «Επιστροφή στις Ρίζες», Σάββατο 12 Μαρτίου. Επίσης συγχαίρουμε μαθητές και δασκάλους του Ελληνικού Σχολείου και του Paideia Preschool γιά το εξαιρετο πρόγραμμα που ετοίμασαν γιά την Ελληνική Ανεξαρτησία της 25^{ης} Μαρτίου, Σάββατο 26 Μαρτίου. Οι μαθητές μας και φέτος έδωσαν τον καλύτερό τους εαυτό με τα πατριωτικά ποιήματα και τραγούδια που απήγγειλαν και τραγούδησαν και μας έκαναν υπερήφανους γιά την Ελληνική μας κληρονομιά. Ευχαριστούμε και τους επισκέπτες-φοιτητές του Sakura Educational Exchange USA που ενθουσιάστηκαν με το πρόγραμμά μας. Θερμές ευχαριστίες στα μέλη του Greek School Auxiliary και σ' όλους τους γονείς, τόσο του Ελληνικού Σχολείου όσο και του Paideia Preschool γιά την βοήθειά τους και ιδιαίτερω γιά την όμορφη δεξίωση που ακολούθησε μετά το πρόγραμμα. Συγχαρητήρια στα παιδιά που τόσο όμορφα είπαν τις προσευχές του Ακαθίστου Ύμνου, καθώς και τους μαθητές, γονείς και δασκάλους που έλαβαν μέρος στην παρέλαση της Βαλτιμόρης, στον εκκλησιασμό, τη Θεία Κοινωνία και το φτιάξιμο των σταυρών με τα βάγια την Κυριακή των Βαΐων. Και του χρόνου! Καλό Πάσχα!

Να θυμόμαστε τους διαγωνισμούς της Ελληνομάθειας. Οι ονομασίες των Επιπέδων έχουν αλλάξει φέτος. Επίπεδα Α1 γιά παιδιά (8-12 ετών) και Α1 γιά εφήβους και ενήλικες, Α2 (παλαιό Α), και Β1 (παλαιό Β) θα λάβουν χώρα στις 10 Μαΐου. Επίπεδα Β2 (παλαιό Γ') και Γ1 (παλαιό Δ') θα λάβουν χώρα στις 11 Μαΐου. Προστέθηκε και καινούργιο Επίπεδο, το Γ2, γιά τις 12 Μαΐου. Καλή Επιτυχία!

GREEK SCHOOL

WE CONGRATULATE OUR STUDENTS of the Greek School and Mrs. Rena Papapostolou, who participated in the program "Return to Origins," on Saturday, March 12. Also, we congratulate our students and teachers again this year for the excellent program which they prepared for Greek Independence Day on March 26. Our students gave the best of themselves with the poems they recited and the songs they sang. We felt proud of our Greek heritage! We thank the visitors-students of the Sakura Educational Exchange USA. Their enthusiasm was great! Many thanks to the members of the Greek School Auxiliary and all parents for their support of the Greek School and the Paideia Preschool and for their help in preparing for the reception following the program on March 26. Congratulations to our students who so beautifully read the prayers of the Akathist Hymn, as well as the students, parents and teachers who participated in the Greek Independence Parade in Baltimore, in the Saturday of Lazarus with the Divine Liturgy, Holy Communion, and helping GOYAnS with the making of the palm crosses for Palm Sunday. Happy Easter!

(Continued on page 13, column 2)

COMFORTED BY JESUS

Ellena Keriazes Griffiths

I HAVE OFTEN SEEN THE QUESTION, “What would Jesus do?” and if it was designed as a marketing campaign to get me actually stop and think about what Jesus would in fact do then it was a success. Yet, if it was to bring me closer to Jesus, it failed. In my life there have been times when I look up the icon of the Pantocrator pray, “Jesus, have mercy on me,” and wonder why he seems so far away. The question to ask which allows for a closer relationship with Jesus is, “How would Jesus feel?”

In times of great distress or turmoil in our lives, often what adds to our suffering is the apparent lack of understanding from other people, especially the ones who are closest to us. Think about the widow, the parents who just lost a child, the person who has received a medical diagnosis, or the family in crisis, these people endure deep suffering and those around them don’t know what to say or what to do. Often after a traumatic event, those who suffer are alone. Those around them pull away, the “I’ll be here for you” become meaningless words, and then what is left are all the clichés that sometimes sting, “God doesn’t give you more than you can handle,” “That does not kill you makes you stronger,” or “Jesus will carry your burdens.”

When left alone, how can the suffering find comfort in Jesus? Jesus not only understands this type of pain, he knows it. One might quickly console with the reminder that Jesus suffered on the cross for us, however there is a significant moment in the life of our Savior where we have evidence of how He feels and can relate to those who are alone in distress. Before His brutal beating, before He

lifted His cross and before His crucifixion, Jesus suffered in the Garden of Gethsemane. Jesus told His friends, “You will fall away, for it is written” (Mark 14:26). Troubled and distressed, Jesus went with His friends to the garden and said, “My soul is overwhelmed with sorrow to the point of death, stay here and keep watch with me” (Matthew 26:36). The disciples, His friends, assured Him that they would be there for Him. While Jesus prayed, “My Father, if it is possible, may this cup be taken from me, yet not as I will, but as you will,” He understood that cup was suffering, isolation, and death (Matthew 26:39, Mark 14:36). In the Gospel of John, Jesus prays not only for himself, but for the world and Luke described him “being in anguish, and he prayed more earnestly and his sweat was like drops of blood falling to the ground” (Luke 22:44). During all of this, Jesus turned to his friends three times to find them sleeping. Jesus knows the pain and suffering of his people because he experienced that despair and isolation himself.

While Jesus prayed to God, he recognized that the world is a battleground (John 17). Each of us will suffer in life and unfortunately experience isolation. If those suffering can be reminded of “How would Jesus feel?” even in isolation comfort can be found. Jesus prayed, “I have made you known to them and will continue to make you known in order that the love you have for me may be in them and that I myself may be in them” (John 17:26). People by their nature will not always be present in times of distress, yet the alone are never alone.

CHRIST AS TEACHER: CHRISTIANS AS TEACHERS ORTHODOX TEACHER TRAINING

SATURDAY, APRIL 2, 10:00AM - 2:00PM

RETREAT MASTER: REV. KONSTANTINOS PAVLAKOS

\$20 Donation Requested, Lenten Lunch Included

Objectives:

- ... Appraise *teaching* techniques by examining Christ’s methods of teaching in scripture
- ... Recognize *effective learning* in light of scripture and educational research
- ... Distinguish between *illusion and reality* in how we teach and learn about our Lord and Saviour

Through a PowerPoint presentation, handouts, interactive exercises, and video presentations, Fr. Costa will involve the group in active discussion and reflection of our teaching methods. The hope is to leave the seminar better educated and more inspired, ready to return to our own teaching ministry.

Please e-mail or call our church secretary, Sophia Tsangalis, stksangali@stkchurch.com or 703-671-1515, *immediately* to confirm your attendance.

MISSIONS AND OUTREACH

Food for the Homeless Shelter. Our Daughters of Penelope Chapter served dinner on February 22 and the parish council will serve on March 22. The Missions and Outreach Committee will serve on April 26, during Bright Week. We encourage all organizations at Saint Katherine to take a month. Last year, we covered 10 months. We hope to cover every month this year. If your organization is interested in participating, please contact, John Demakis at jgd11@erols.com for more information.

Clothing for the Homeless Shelter. We are continuing to collect clothing and toiletries for men and women at the Bailey's Crossroads Homeless Shelter. Clothes may be new or used but must be clean. Toiletries should be unopened. The shelter has recently informed us that with the cold weather, the shelter is especially short of men's and women's coats, gloves and scarves. There is a collection receptacle in the foyer of the Meletis Charuhas Center. Please continue to be generous to those less fortunate.

Diaper Collection for Local Food Pantries. We will collect diapers two times in 2011—Palm Sunday, April 17 and Sunday, December 4. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants. Collections will take place in the foyer of the Meletis Charuhas Center.

Maria Roeber, RN is Now Fully Funded for Her Mission to Tanzania. Maria has collected all the funds for her two years in Tanzania at the Orthodox hospital delivery and maternity wards. Maria will receive her formal commissioning on May 22, 2011 at Saint Sophia Cathedral in Washington, DC just before the start of the OCMC Benefit Dinner. Maria will be the first long-term Orthodox missionary from the Washington area. Everyone is welcome to attend.

OCMC Benefit Dinner at Saint Sophia Cathedral, DC. The OCMC Benefit Dinner will be hosted by the Saint Sophia Cathedral in Washington, DC on Sunday, May 22, 2011 at 6:00pm. Fr. David Rucker the Associate Director of the OCMC will be the key note speaker. Immediately preceding the dinner there will be a Vesper service at 5:00pm and, at the end of the Vespers, there will be the formal commissioning of Maria Roeber for her two-year mission in Tanzania. Please plan to be at the Cathedral for this memorable event. More details to follow.

Gregory McKinney Accepted for Alaska Mission Trip. Our own Gregory McKinney has been accepted by the Orthodox Christian Mission Center (OCMC) for the July 2011 Alaska II Youth Mission Team serving on Kodiak Island. This team will work with the local Old Harbor Tribe to host a camp for children and teenagers. The community consists of 85.7 percent Alaska Native or part Native, with many practicing the traditional Alutiiq culture and subsistence lifestyle. Orthodoxy was first brought to North America and Alaska's natives by Russian missionaries in the 1700s and continues to play a central role in Old Harbor and many other areas. The Orthodox Church in Alaska has always faced strong challenges and today is in a period of renewal, as she strives to maintain an Orthodox witness.

All team members are expected to raise support in order to cover the cost of participating in an OCMC Team. Gregory has a goal of over \$1500. You can share in the joy of this mission by making a donation through our parish's Mission and Outreach Committee or make an online donation directly to Gregory's OCMC mission fund at http://www.ocmc.org/programs/view_team.aspx?TeamId=83.

Samaritan's Feet. We will collect children's shoes during the entire month of August. This is so the children will have new shoes to wear to school starting in September. They are asking for children's sizes 5, 6, and 7 male and female. The shoes should be gym/sneakers/tennis shoes. There will be a special bin in the foyer of our community center. The shoes will be distributed to children in the Washington, DC area. For many children, this will be their first pair of new shoes.

Guatemala Mission Trip. Fr. Costa, along with a Saint Katherine team, will return to the Hogar Rafael Ayau Orphanage in Guatemala City from November 3-10. If you have missed out on previous teams and would like to participate this year, please contact Antonia Chelpon at 703-258-5437. Team projects are likely to be painting or light construction. We have had a tremendous amount of interest in this Guatemala team. The interest is so great we are currently looking into the possibility of two teams. More details to follow.

*Bear one another's burdens,
and so fulfill the law of Christ (Gal. 6:2).*

HOLY CONFESSION

As we continue on our Lenten journey, Fr. Costas and Fr. Ted are available for Confession on Mondays, April 4 and 11, 6:00pm to 7:00pm (prior to the Compline Service) and Holy Monday and Holy Tuesday, April 18 and 19, 6:00pm to 7:00pm (prior to the Bridegroom Service). No appointment necessary. As always, Fr. Costas and Fr. Ted are available for Holy Confession by appointment throughout the year.

**2011 ΑΚΟΛΟΥΘΙΑΙ
ΜΕΓΑΛΗΣ ΕΒΔΟΜΑΔΟΣ ΚΑΙ ΠΑΣΧΑ**

**2011 HOLY WEEK
AND EASTER SERVICES**

16 Απριλίου	ΣΑΒΒΑΤΟ ΤΟΥ ΛΑΖΑΡΟΥ Όρθρος 9:00πμ Θεία Λειτουργία 10:00πμ	16 April	SATURDAY OF LAZARUS Orthros 9:00am Divine Liturgy 10:00am
17 Απριλίου	ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΪΩΝ 1 ^η Θεία Λειτουργία 8:00πμ Όρθρος 9:30πμ 2 ^α Θεία Λειτουργία 10:30πμ Ακολουθία Νυμφίου 7:00μμ	17 April	PALM SUNDAY 1st Divine Liturgy 8:00am Orthros 9:30am 2nd Divine Liturgy 10:30am Bridegroom Service 7:00pm
18 Απριλίου	ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ* Ακολουθία Νυμφίου 7:00μμ	18 April	HOLY MONDAY* Bridegroom Service 7:00pm
19 Απριλίου	ΜΕΓΑΛΗ ΤΡΙΤΗ* Ακολουθία Νυμφίου 7:00μμ	19 April	HOLY TUESDAY* Bridegroom Service 7:00pm
20 Απριλίου	ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ Το Άγιο Ευχέλαιο 3:00μμ Το Άγιο Ευχέλαιο 7:00μμ	20 April	HOLY WEDNESDAY Holy Unction 3:00pm Holy Unction 7:00pm
21 Απριλίου	ΜΕΓΑΛΗ ΠΕΜΠΤΗ Εσπερινός και Λειτουργία Μ. Βασιλείου (Ο Μυστικός Δείπνος) 6:00πμ Τα Άγια Πάθη (Τα Δώδεκα Ευαγγέλια) 7:00μμ	21 April	HOLY THURSDAY Vespers with the Liturgy of Saint Basil (Mystical Supper) 6:00am The Holy Passion of Christ (Twelve Gospels) 7:00pm
22 Απριλίου	ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ Οι Μεγάλες Ώρες 9:00πμ Μέγας Εσπερινός και η Αποκαθήλωσις 3:30μμ Ο Επιτάφιος Θρήνος (Τα Εγκώμια) 7:00μμ	22 April	GOOD FRIDAY The Great Hours 9:00am Great Vespers with the Descent of the Cross 3:30pm The Lamentations (Epitaphios) 7:00pm
23 Απριλίου	ΜΕΓΑ ΣΑΒΒΑΤΟ Εσπερινός και Λειτουργία Μ. Βασιλείου 9:00πμ Ακολουθία Αναστάσεως 11:00μμ Η ΑΓΙΑ ΑΝΑΣΤΑΣΙΣ Όρθρος και Θεία Λειτουργία 12:00πμ	23 April	HOLY SATURDAY Vespers with the Liturgy of Saint Basil 9:00am Canon Preceding the Resurrection 11:00pm THE HOLY RESURRECTION Orthros and Divine Liturgy 12:00am
24 Απριλίου	ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ Ο Εσπερινός της Αγάπης 11:00πμ Easter Egg Hunt	24 April	EASTER SUNDAY Vespers of Love (Agape) 11:00am Easter Egg Hunt

**Ιερά Εξομολόγησις στις 6:00μμ και με appointment.*

**Holy Confession will be offered at 6:00pm and by appointment.*

OTHER WEEKDAY SERVICES IN APRIL

Mondays, April 4 and 11 7:00pm Compline	Fridays, April 1 and 8, 7:00pm April 1, Fourth Salutations April 8, Akathist Hymn	9:00am Orthros/10:00am Liturgy April 25 Saint George April 26 Apostle and Evangelist Mark April 29 Lifegiving Fountain
Wednesdays, April 6 and 13 Presanctified Liturgy, 7:00pm		

APRIL 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 5:00pm Greek School 7pm <i>Fourth Salutations</i> 8:30pm Lenten Lecture (Chelpon)	2 9:30am Greek School 1:30pm GS Tchr's Mtg.
3 <i>Sunday of Saint John Climacus</i> 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy	4 6:00pm Adult Bible Study 6:00pm Holy Confession 7:00pm <i>Compline</i>	5 11:00am GMU OCF Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 7:30pm Adult Bible Study	6 10:30am Women's Book Club 7pm Presanctified Liturgy Lenten Pot-Luck Dinner 8:00pm AHEPA B-Ball	7 Adult Greek School 6:00pm Intermediate 7:30pm Advanced	8 5:00pm Greek School 7pm <i>Akathist Hymn</i>	9 9:00am GOMNJ Religious Education Teachers' Seminar 9:30am Greek School
10 <i>Sunday of Saint Mary of Egypt</i> 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy GOYA Church Duty Sunday	11 6:00pm Adult Bible Study 6:00pm Holy Confession 7:00pm <i>Compline</i> 8:00pm YAL Δευτέρα Δευτέρα (sandwich-making for the homeless)	12 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I	13 7pm Presanctified Liturgy Lenten Pot-Luck Dinner 8pm AHEPA B-Ball	14 Adult Greek School 6:00pm Intermediate 7:30pm Advanced <div style="border: 3px double black; padding: 5px; text-align: center;">Deadline for May DOXA Submissions</div>	15 5:00pm Greek School	16 <i>Saturday of Lazarus</i> 9:00am Orthros 10:00am Divine Liturgy Fold palms into crosses 9:30am Greek School Philoptochos Bake Sale
17 <i>Palm Sunday</i> 8:00am Divine Liturgy 9:30am Orthros 10:30am Divine Liturgy Palm Sunday Luncheon Philoptochos Bake Sale 6:00pm Holy Confession 7pm <i>Bridegroom Service</i>	18 <i>Holy Monday</i> 6:00pm Holy Confession 7pm <i>Bridegroom Service</i>	19 <i>Holy Tuesday</i> 6:00pm Holy Confession 7pm <i>Bridegroom Service (Kassiani)</i>	20 <i>Holy Wednesday</i> 3:00pm Holy Unction 7:00pm Holy Unction	21 <i>Holy Thursday</i> 6:00am <i>Vespers/Liturgy of Saint Basil</i> 7:00pm <i>Holy Passion of Our Lord</i>	22 <i>Good Friday</i> 9:00am <i>The Great Hours</i> 10am Altar Boy Retreat, Preparation for Pascha: wrap eggs, decorate the Epitaphios, clean the church, etc. 3:30pm <i>Apokathelosis</i> 7:00pm <i>Lamentations</i>	23 <i>Holy Saturday</i> 9:00am <i>Vespers/Liturgy of Saint Basil</i> 11:00pm Canon preceding the Resurrection 12:00am <i>Orthros and Divine Liturgy</i> Magiritsa Soup to Break the Fast
24 <i>Holy Pascha</i> 11:00am Agape Service Annual Easter Egg Hunt	25 <i>Bright Monday Saint George</i> 9:00am Orthros 10:00am Divine Liturgy	26 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I	27 10:30am Women's Book Club	28 Adult Greek School 6:00pm Intermediate 7:30pm Advanced	29 <i>Lifegiving Fountain</i> 9:00am Orthros 10:00am Divine Liturgy 5:00pm Greek School	30 GOYA B-ball Tournament through Sunday, May 1 8:30pm GOYA Dance 9:30am Greek School

Check our online calendar, https://www.google.com/calendar/embed?src=przpauline@stkchurch.com&ctz=America/New_York, for the most up-to-date information.

PHILOPTOCHOS

OUR ANNUAL EASTER BAKE SALE will be held Saturday and Sunday, April 16 and April 17 after both Liturgies.

On the Sunday of Orthodoxy, March 13, the Philoptochos passed a tray for our Metropolis of New Jersey Emergency Social Services Fund. This month our National Philoptochos commitments are for the Sisterhood of Saint Basil Academy which provides for the physical needs of the children of Saint Basil Academy, as well as graduation costs, awards, and gifts and for International Orthodox Christian Charities (IOCC) which provides food, shelter, and economic self-sufficiency to those in need.

If you haven't already done so, please become a member of the Philoptochos by sending your 2011 stewardship to the church.

Just a reminder that our elections will take place in May and we will soon be preparing for the Spring Festival. Please consider becoming a Festival volunteer. Please watch for information in the Sunday bulletin.

Kali Anastasi and Kalo Pascha. May you have a very happy Easter!

BOOKSTORE

DURING THE MONTH OF APRIL, we are featuring the moving collection of *Interviews, Homilies and Talks*, by Father George Calciu. As you may know, Father George was one of the great confessors of Christianity in the twentieth century and a survivor of Communist prison camps in Romania. The last years of his life were spent as the priest at the Romanian Orthodox church here in Falls Church. In the words of Father George, "In prison we had the most spiritual life. We reached levels that we are not able to reach in this world. Isolated, anchored in Jesus Christ, we had joys and illuminations that this world cannot offer us."

In addition, the bookstore carries Holy Week service books in English and Greek. Supplies are limited, so visit early.

BOOK CLUB

Last month the Women's Book Club finished reading *Encountering Women of Faith: St. Catherine's Vision Collection Volume 1* (edited by Kyriaki Karidoyanes FitzGerald). We focused on several female saints ranging from Saint Mary Magdalene, to Deaconess Olympias, to Saint Catherine. Marilyn Rouvelas, who helped in the editing process, also joined our group and spoke to us about the book and the role of women in the Orthodox Church today. This month we are reading *Wounded By Love: The Life and the Wisdom of Elder Porphyrios*. Elder Porphyrios was a humble monk who taught with love; he died in 1991. The book was compiled after his death from his notes, his recordings, and reminisces from his spiritual children. To learn more about Elder Porphyrios and his wisdom you can visit the following link: www.youtube.com/watch?v=ycxr6D74q-Y. The Women's Book Club will meet on Wednesdays, April 6 and April 27 at 10:30am.

DAUGHTERS OF PENELOPE

HELLE SISTERS BEGAN THE MONTH OF MARCH with a mid-year district conference in Richmond. We were hosted by the Richmond chapters of AHEPA and the Daughters and had a productive and enjoyable day, meeting with our sisters from other chapters in the district. The following week, several sisters met at Ronald McDonald House to cook dinner for the families of sick children who are staying at the house. We were uplifted by being able to do something for others during this Lenten period. For our March meeting, we attended the Compline service as a group, and then Father Costas joined us after service for a lecture on the role of faith and prayer in healing. We are always inspired by Father Costas and are extremely grateful for the time he devotes to our chapter. Several sisters also attended the inspirational Lenten Retreat at Saint Katherine last month.

At this month's chapter meeting, we look forward to having a speaker from the Arlington-Alexandria Coalition for the homeless. We will be presenting the speaker with a monetary donation from our chapter. We are also collecting Easter baskets once again to donate to the shelter. If you find it in your hearts to donate a basket for a child, please bring it to the April meeting or place it in the box for DOP in the church hall by April 11.

Please save the date for our Fashion Show around the Tea tables scheduled for Sunday, May 22 at the Meletis Charuhus Community Center. Donation is \$35. Proceeds will support the Helle Chapter Metro Area Scholarship and other charitable endeavors. This is an event you don't want to miss! Please RSVP to Rosalie Georgeadis at 703-532-1723 or Helen Spanos at 703-536-3322 by May 8. If you are interested in hosting a table for the event, please contact Rosalie or Helen for more information.

Kali Anastasi!



SAFeway BENEFITS for Saint Katherine is an ongoing project. Every time you use your red Safeway card, up to 3 percent of your purchase is donated to Saint Katherine—if Saint Katherine is designated for the benefit. All we need is your Safeway card number, full name, address, telephone number, and e-mail. You may put the information in the basket on Sundays, mail it to church, or call Elvira Garnett at 703-425-3675. Elvira will take care of the rest.

LENTEN POT-LUCK DINNERS

All parishioners are encouraged to come together for fellowship and dinner following the Wednesday Presanctified Liturgies on April 6 and 13. Please bring your favorite Lenten food—enough to feed you (or your family) plus one additional person.

REGISTRY

Baptism

Elizabeth Vasiliki (March 12)
daughter of Marcus and Ellena Talbott
Godparent: Liana Vassila

Chrismation

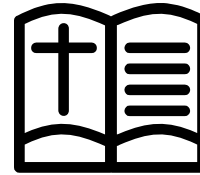
Anastasia Demis Young (December 28)
Sponsor: Angela Voyiazakis McNamara

Congratulations!

Funerals

Andrew Paul Sirpis (March 5)
Col. John Apergis (March 7)
Sophia Cookscy (March 12)

May their memories be eternal.



Proverbs and Prayer

Join us for our Lenten Adult Bible Study on *Proverbs and Prayer*. This is an *informal* devotional gathering intended to deepen our shared Lenten experience. During each meeting, we will 1) explore passages from the Book of Proverbs that the Church uses as daily readings during Lent and 2) discuss the many facets of prayer, uncovering the great blessings that our prayer lives can bring to us year round.

When?

Mondays, 6:00pm-7:00pm (before Compline services), through April 11. (We started on March 14.) Can't make it every week? No problem! Drop-ins are welcome.

Where?

The boardroom on the lower level of the Meletis Charuhas Center (educational building).

POEM OF LIFE

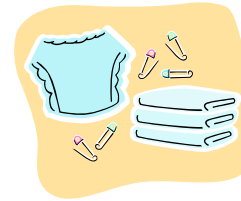
Author unknown

Life is but a stopping place,
A pause in what's to be,
A resting place along the road,
to sweet eternity.
We all have different journeys,
Different paths along the way,
We all were meant to learn some things,
but never meant to stay....
Our destination is a place,
Far greater than we know.
For some the journey's quicker,
For some the journey's slow.
And when the journey finally ends,
We'll claim a great reward,
And find an everlasting peace,
Together with the Lord.

Saint Katherine Greek Orthodox Church offers grief support: GRACE (Grief Recovery: Accepting, Coping, and Evolving). If you are having a difficult time after the loss of a loved one, please call Fr. Costa Pavlakos at 703-671-1515. Our deepest gratitude to Maria Papageorgiou for initiating and continuing this ministry.

NEEDY KIDS NEED DIAPERS, TOO!

Matthew 21:15-16: "And when the chief priests and scribes saw the wonderful things which He did, and the children crying in the temple, and saying, 'Hosanna to the Son of David,' they were angry. And they said to Him, 'Do you hear what these say?'"



And Jesus said to them, 'Yes, have you never read, 'Out of the mouth of babes and sucklings You have perfected praise?'"

In the spirit of Palm Sunday, everyone at Saint Katherine (especially kids) is asked to bring a package or two of disposable diapers to donate to area food pantries that support the poor!

When? One day only, Palm Sunday morning, April 17, 2011

What? Packs of disposable diapers, sizes newborn to 6 (no pull-ups)

Where? Drop off in the upper level of the Meletis Charuhas Center

Sponsored by the Mission and Outreach Committee

AHEPA Metro Golf Classic

www.ahepagolf.com

AHEPA Metro Golf Classic Honored to Welcome the Dennis Walters Show

THE PETER DERZIS AHEPA CHAPTER 438 is honored to announce *The Dennis Walters Golf Show* (www.denniswalters.com) will be a featured part of their upcoming AHEPA Metro Golf Classic, in support of Fisher House and AHEPA charities on Wednesday, May 25, 2011. Walters, paralyzed from the waist down since 1974, has overcome enormous challenges and has traveled the country telling his story and encouraging others to reach for their dreams, strive for excellence, and achieve things never thought possible. His one-hour show featuring trick shots and other amazing feats of golfing prowess is amazing, but his inspirational message is even more inspiring. This champion of human spirit and Professional Golfer's Association Distinguished Service Award winner comes to this event courtesy of a grant from a charitable foundation that funds a percentage of his shows for worthwhile charitable events.

Tournament co-chairmen Jim Stoucker, Pete Chambers, and Steve Nicholacos, issued the following statement, "The addition of Dennis Walters to our event raises its visibility and surpasses anything we could have imagined. We are truly honored that AHEPA's charitable efforts have been recognized with a grant-making Dennis Walters appearance at our tournament possible. We encourage the entire community to attend his exhibition at the start of our tournament. Even if you've never picked up a golf club, you will be moved by this man's courage and inspiring

message."

This exclusive celebrity event will be played on the picturesque and challenging par 71 course at Westfields Golf Club in Clifton, VA and is limited to 25 lucky foursomes who will play with past and present Washington Redskins and other former NFL players. Larry Michael, the "voice of the Redskins," will also serve as the official starter and preside over the beginning of this year's tournament.

The Captain's Choice tournament begins with a shot-gun start at 1:00pm and will feature closest to the pin and long drive contests, as well as hole in one contests featuring new 2011 cars as grand prizes on all four par 3 holes! The day's activities end with an awards reception and banquet following the tournament to be held in Westfield's newly renovated banquet room.

Entry fees include green fees, cart, range balls, box lunch, souvenirs, and admission to the awards reception and banquet. Additionally, all registered players will receive new FootJoy golf shoes as a special gift! FootJoy representatives will fit each player individually in the club house before play begins, so everyone should plan on arriving early enough to allow for these fittings.

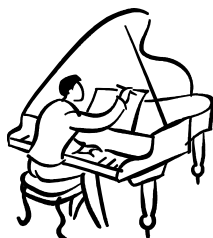
Registration couldn't be easier! The tournament website, ahepagolf.com, has detailed information on all aspects of the tournament and allows easy online registration and payment for players and those wishing to help sponsor the event.

PIANO INSTRUCTION

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PRAYER OF SAINT EPHRAIM

O Lord and Master of my life!

Take from me the spirit of sloth,
faint-heartedness, lust of power, and idle talk.

But give rather the spirit of chastity,
humility, patience, and love to Thy servant.

Yea, Lord and King! Grant me to see my own errors
and not to judge my brother,
for Thou art blessed unto ages of ages. Amen.



The American Hellenic Institute (AHI), a non-profit Greek American public policy center, announced longtime executive director, Nick Larigakis, as its new President and Chief Operating Officer earlier this year.

As COO, Nick will continue much of his duties as executive director, a position he has held since 1992. In this capacity, Nick has been responsible for managing the day-to-day operations of AHI and its affiliated organizations. He has directed all aspects of strategic planning, policy analysis, public affairs programming, government relations, financial development, and media communications. His responsibilities also included working with the Congress on U.S.-Greece-Cyprus relations, where he provided testimony to several congressional committees; and as liaison to the grass roots community, traveling throughout the United States to educate the public about AHI's policy issues and other aspects of its mission. As a result, he has been interviewed by mainstream, Greek American, and Greek media outlets on issues affecting U.S. policy in the eastern Mediterranean.

For his work in support of Hellenic ideals and values, Larigakis has been honored with the 1995 Hermes Expo International Award, the 2007 Hellenic News of America Award, the 2008 Society of the Argonauts Award, and by the Greek Independence Day Committee of Tarpon Springs, Florida, where he served as Honorary Grand Marshall of the 2001 and 2009 parades. He was recognized with an honorary award from the Hellenic National Defense General Staff.

Axios, Nick. We are very proud of you.

(Continued from page 5, column 1)

παξιμάδια ή το λάδι από το τηγάνισμα ίσως ξαναχρησιμοποιηθεί.

Ελέγχουμε συχνά την αποθήκη μας με τα τρόφιμα ή τα ράφια με τα κουτιά, που έχουν όσπρια, ζυμαρικά κλπ. Χρησιμοποιούμε πρώτα τα πιο ώριμα φρούτα ή τα πιο ευαίσθητα λαχανικά. Φροντίζουμε να μη γίνεται σπατάλη στον ηλεκτρισμό, στο νερό, πολλές φορές μέρους μπορεί να στάζει μία βρύση και να μην την διορθώσουμε αμέσως.

Κάθε μήνα από τον μισθό μας αποταμιεύουμε κάποιο ποσό, έστω και μικρό. Από μικρές εξοικονομήσεις γίνονται μεγάλα κεφάλαια.

Εξοικονομούμε χρόνο με μία προγραμματισμένη τακτοποίηση των εργασιών μας. Συνδυάζουμε δουλειές και εξόδους. Και όταν δεν υπάρχει καλή μνήμη, ένα σημείωμα βοηθεί πολύ. Η χριστιανή νοικοκυρά βρίσκει χρόνο για όλα. Και στο δικό της νοικοκυριό είναι υποδειγματική, αλλά και στα έργα της αγάπης είναι πρώτη.

Η οικιακή οικονομία είναι μία πνευματική περιουσία στην οικογένεια και κατά συνέπεια στην φιλανθρωπία, ειδικά τώρα που οι άγιες ημέρες των Παθών του Κυρίου και του Πάσχα πλησιάζουν! Καλό Πάσχα!

PLEASE JOIN US FOR THESE MEALS:

- + Lenten Pot Luck Dinners on Wednesdays, April 6 & 13
- + Palm Sunday Fish Luncheon, April 17
- + Lenten Lunch on Good Friday, April 22
- + Magiritsa Soup to Break the Fast, April 24 ≈ 1:30am

ORTHODOX ADULT CENTER

DO YOU HAVE A LOVED ONE in the greater Baltimore area who could benefit from adult day care? If so, look into Saint John the Baptist Orthodox Adult Center.

Saint John's provides:

- + Safe, dependable transportation to/from the center
- + Medical care based on individual need, including administration of medication
- + Assistance with daily personal care and hygiene
- + Regular visits with, and Divine Liturgies celebrated by, Father Dean Moralis of the Annunciation Cathedral
- + Transportation to/from medical appointments that occur during program hours (within a reasonable distance)
- + Balanced meals: breakfast, a homemade hot lunch, and an afternoon snack
- + Stimulating field trips to museums, church festivals, etc.
- + Comfortable rest and relaxation areas
- + Greek- and English-speaking staff

Saint John's staff include a full-time Registered Nurse, full-time Activity Director, full-time Greek speaking staff member, a Physical Therapist onsite 2 days per week, a Licensed Social Worker, and a Chef specializing in Greek cooking.

Regular hours are 9:00am to 3:00pm, Monday through Friday. Extended hours are 7:30am-9:00am and 3:00pm-5:00pm, Monday through Friday. Daily prices range from \$45 to \$72. Please visit goannun.org/ministries/stjohnamdc, call 410-329-1444, or e-mail Pat Bartsocas at patb@stjohnamdc.com with questions or for more information.

(Continued from page 5, column 2)

Remember the Ellinomathia exams. Levels A1 for children (8-12 years old), A1 for teenagers and adults, A2 (before A'), and B1 (before B') will take place May 10. Levels B2 (before C') and C1 (before D) May 11. C2 is a new level which will take place May 12. Good luck!

Important Dates to Remember in April

- April 02 Teachers' Meeting 1:30 p.m.
- April 16 Saturday of Lazarus/Divine Liturgy and Holy Communion (Students in school at 9:30am and then in church with teachers at 10:00am)
- April 19 Holy Tuesday, No Classes
- April 21 Holy Thursday, No Classes
- April 22 Holy Friday, No Classes
- April 23 Holy Saturday, No Classes

STEWARDSHIP

SHOWN BELOW is a list of families and individuals who participated in the 2011 Saint Katherine Stewardship Program as of February 28. Thank you for responding to the needs of our church.

Our stewardship pledge form is on the adjacent page. If you have not yet sent a pledge, please fill out the form and send it to the office as soon as possible. Alternatively, if you wish, you may pledge online today at www.saint-katherines.org/onlinedonations.html. Our Church and community depend on your stewardship commitment.

If you have any questions, please contact Anna Vassilopoulos at 703-671-1515 or avassilopoulos@stkchurch.com.

Donald and Irenelee Adams	Mrs Betty Craten	M/M James Howard	Mrs Angelike Maoury	M/M Basil Rousos
M/M John Agnos	M/M Nikolaos Dais	M/M Dennis Hughes	Dr Joan Markessini	M/M Emanuel Rouvelas
Dr/Mrs James Alatis	Mr Michael Dakes	Mrs Hariklia Ioannou	Mrs Anne Masters	Mrs Evangelia Sabbarese
Ms Marianne Alberti	M/M Stephen Dakes	M/M Iacovos Ioannou	Mrs Stasia Mastorakis	M/M William Salavantis
M/M James Anagnos	Mrs Theodosia Dampier	M/M James Jatras	M/M Gregory McKinney	M/M Panagiotis Sapountzis
M/M Larry Anagnos	Dr/Mrs Nicholas Darzentia	Mrs Marieta Koustenis Jemison	Mr/Ms Gary Michel	M/M Michael Sarris
Ms Helen Anderson	Mr Lycurgus Davey	Mr James Jeweler	Mrs Kathyleen Milton	M/M Milton Sarris
M/M John Andre	Mr Apostolos Dedes and	M/M John Jeweler	Mrs Evdoxia Mitchell	Mrs Ann Sedor
M/M Tasie Anton	Mrs Evangelia Tzanavara	Ms Kim Johnson	M/M Louis Mitchell	M/M John Seward
Mrs Voula Antonaiou	Dr/Mrs John Demakis	M/M Timothy Johnson	Ms Jane Moore	Mr Jon Sheldon and
Mrs Helen Apergis	Mrs Antoinette Demeres	M/M Gregory Joiner	M/M William Moore	Mrs Tina Papamichael
Mr Pericles Apostolou	M/M Christian Demeter	Mr Benjamin Jurado and	M/M George Moratis	M/M Nick Siatas
M/M Dennis Argerson	M/M Demetrios Demson	Mrs Smaragda Strifas	Mrs Paraskevi Morlock	Dr/Dr Manny Siliis
Dr/Mrs Nicholas Argerson	Ms Nancy Deoudes	Mrs Irene Kakaviotas	M/M Ralph Morris	M/M John Smaragdus
Mr James Argodale	Mrs Helen Derzis	M/M James Kalaris	M/M John Moschopoulos	M/M James Soiles
M/M Nektarios Athanasiou	Mrs Mary Diakides	Mr Mark Kalaris	M/M Gus Moshos	M/M Alex Solomos
Mrs Panagiotia Bakatsias	Miss Alexandra Diapoulis	M/M Christopher Kalavritinos	M/M Nickolaos Moustakas	M/M Gregory Soter
Capt/Mrs James Ballard	Mrs Kalliope Diapoulis	Mrs Maria Kalis	Mr/Dr Michael Mpras	M/M Louis Stack
M/M Konstantinos Balos	M/M Nicholas Diapoulis	Ms Christina Kanakis	Ms Mary Mullekom	Mrs Vasiliki B. Stafiliatos
Mr Richard Bambacous	Ms Georgia Dimitras	M/M Bill Kapsidelis	Dr/Mrs Peter Neff	Ms Panorea Staller
Dr/Dr George Banks	M/M Arthur Dimopoulos	M/M Dimitrios Karamanis	Mrs Erma Nettles	M/M Nick Stames
M/M Tom Beck	Mr/Dr Stephen Dinos	M/M John Karamanis	M/M Demetrios Nicholokas	Ms Stephanie Stanga
Mr Basil Boobas	Mr Nicholas Dupouch	Mrs Helen Karambelas	Mr/Ms Clayton Nightingale	M/M Peter Stathis
Mrs Eleni Boosalis and Mr Cary Scott	M/M John Doulis	Mrs Lula Karas	Mrs Nadia Nikas	M/M George Stathopoulos
M/M George Boosalis	Mr/Dr Steven Doulis	M/M Peter Karounos	Mrs Eugenia Nobes	M/M James Stoucker
Mrs Joanna Bose Hanford	Mr Gregory Drake	M/M Anthony Katsakis	Dr/Mrs Constantine Nonas	Dr/Mrs Tom Stoumbos
M/M Theodore Bousbouras	Mrs Mary Drakoulis	M/M Eythimios Katsapis	Mrs Roula Oktay	Mr Clifford Stouts
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M/M David Buddendeck	M/M Konstantin Economou	M/M George Kavros	M/M George Panteleos	M/M Miss Milvea Sturgis
M/M Bryan Burton	Mr Paul Economou	M/M Pete Kayafas	Mr John Papadopoulos	M/M Marcus Talboit
M/M Elias Burton	M/M Christos Elefantis	M/M Michael Kiklis	Mr Panagiotis Papadopoulos	M/M Panagiotis Taousakis
M/M John Calamos	M/M James Eskinzes	M/M Thomas Kiszka	Dr E.C. Papailias	M/M Pierre Tavoularis
Col/Mrs Paul Calbos	M/M Christopher Euripides	M/M Andreas Kokkinis	Mrs Anastasia Papalios	Mrs Mary Tetradis
M/M Edward Cameron	Mr Richard Euripides	M/M Costas Kolas	Ms Crystallo Papamichael	M/M Athanasios Theodoropoulos
M/M Michael Campbell, Jr	M/M Dennis Floros	M/M Steven kolias	Ms Daphne Papamichael	M/M Craig Thomas
Mrs Catherine Speleos Canard	M/M Vasilios Fotinos	M/M Konstantinos Kollias	Mrs Mamie Papamichael	M/M James Thomas
Mrs Gisella Caparell	M/M James Francis	M/M Alexandros Kolovos	M/M Panayiotis Papasavvas	M/M Gene Thornton
M/M Aggie Capsalis	M/M Stephen Francis	Mr Nicholas Kolovos	M/M Dennis Papathanasopoulos	Mr Christakis Trahili
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M/M Christopher Chaconas	M/M Martin Gardner	M/M Peter Kulic	M/M Charalambos Pashiardis	M/M Craig Underhill
Mr Paul Chaconas	M/M David Garnett	M/M John Kushner	Ms Alexandra Pattaras	Mrs Marie Unkle
Ms Georgia Chakeris	M/M Chris Gavras	Ms Christina Kutschenreuter	Mr Andrew Pavliakos	M/M Thomas Vaccarello
M/M Demetris Charalambous	Mrs Aspasia Georgatou	Dr/Mrs Andy Kydes	Mr Christopher Pavlakos	Dr/Mrs Charles Valases
M/M George Charuhas	M/M Evans George	Mr Nicholas Kyros	Rev/Presv Konstantinos Pavlakos	Col/Mrs Nicholas Vamvakias
Mr Telly Charuhas	M/M George Georgeadis	Mr Vasilios Lagakos and	M/M Patrick Pennella	M/M George Vassilopoulos
Miss Antonia Chelpon	Mrs Angelina Georgelas	Mrs Kyriaki Kyriakou	Mrs Katherine Pergola	M/M Ramon Vazquez
M/M Constantine Chelpon	Ms Mary Georghiou	Mrs Maria Laliotis	Mrs Kathy Pesavento	Mr George Veletsis
Miss Ekaterina Chelpon	Mrs Helen Gianelos	M/M Arthur Lambros	M/M John Petalas	M/M Stavros Veletsis
M/M Harry Chelpon	Mr Omeros Giannakos	M/M Lambros Lambrou	Col/Mrs Daniel Peyser	Col/Mrs James Velezis
Rev/Presv Theodore Chelpon	Mrs Helen Glekas	Mr Nicholas Larigakis	Mrs Catherine Phass	Miss Joanna Veltsistas
M/M Louis Cherpes	M/M Michael Goldsmith	M/M Lee Larsen	Dr/Mrs Dean Phass	M/M Pete Veltsistas
M/M Mark Cherpes	M/M Arthur Gomez	Mr Vassilios Lekkas and	Mrs Loiza Pieri	Mr Thomas Veltsistas
Mr/Ms Peter Cherpes	M/M Dimitrios Goranitis	Mrs Maria Vouras	M/M Demetrios Pkrallidas	M/M Larry Visos
M/M Emmanuel Chiaparas	M/M John Gouvris	M/M John Lemondes	M/M Kostas Pkrallidas	Mr John A. Vlachos
Mrs Emerald Chiotakis	M/M Peter Gouvris	Ms Nicole Leontsinis	Mr Dean Pilarinos	Mr Peppino Vlanes
M/M George Christacos	M/M Corey Greeneltch	Mrs Bessie Ligelis	Mrs Frances Pilarinos	M/M Demetris Voudouris
Dr Nicole Christacos	M/M Spiro Grivas	Ms Elaine Ligelis	M/M Bill Polizos	M/M Colin Waitt
M/M Stavros Christacos	M/M Mark Gull	Ms Tina Ligelis	M/M John Polizos	Rev Christos Wallace
Dr/Mrs Andrew Christopher	Mrs Christina Kehayia Hadigian	M/M David Lobue	Mr John Pors	M/M Pavlos Washburn
M/M Chris Christou	M/M Andreas Hadjichristodoulou	Mr Logman/Mrs Katsenes Logman	M/M William Porter, Jr	Mrs Galatia Whittemore
M/M Paul Christou	M/M Doros Hadjidamianou	M/M James Loizou	Mr Pete Poulos	Mrs Aiki Xepapas
M/M Charles Cogar	Ms Hera- Maria Hadjidamianou	M/M George Louvis	Mrs Sylvia Psarakis	Rev Michael Yachnis
Mrs Nadia Cominidis	M/M John Hall	M/M Robert Lower	M/M Anthony Quebral	M/M Angelos Zaloumis
Mrs Froso Constant	M/M Donald Halstead	Mrs Patricia Lyrstis	M/M Mitchel Raftelis	M/M Manuel Zavolas
Mrs Ileana Constantinescu	Mrs Antigone Harocopos	M/M Allen Lyubinsky	M/M Theofanis Rantis	M/M Nicholas Zavolas
M/M Harry Contos	M/M Peter Hatzi	Mr Joseph Maccckura	M/M Kevin Reinhardt	M/M Stratis Zervos
Ms Christine Cope	M/M Karl Hickson	M/M Nikolaos Makrigiorgos	Mrs Kathy Rice	Capt/Mrs Christos Zirps
Dr Susan Coronis	M/M Bryan Holloway	Mr Nagj Mansour	Dr/Mrs Jerry Rich	M/M John Ziu
M/M Gus Coultakis	Mrs Agoritsa Holmes	M/M Konstantinos Mantziaras	M/M Douglas Rosenburg	M/M Mihail Ziu



SPOTLIGHT ON STEWARDSHIP

2010 total expenses for Saint Katherine \$1,115,700
 2010 total stewardship/contributor income \$471,293

In 2010, stewardship provided only 42 percent of the income for our annual budget.

It is only through the devoted financial obligations of our stewards that the Saint Katherine community has faithfully served our families for over 50 years. As we begin a new chapter at Saint Katherine, celebrating our beautification and iconography project, let us thank our founders who laid the groundwork for our community as we create our own legacy for those who will come after us. This year, more than ever, we pray for the participation and kind generosity of all our faithful. Please complete your pledge card today and fulfill your stewardship commitment. Come and see what we can do together with your support.



Become a 2011 Steward of Saint Katherine Today!



In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of

\$ _____ for the year 2011 Today's Date: _____

Name: _____

Address: _____

City, State, Zip: _____

Telephone and e-mail address: _____

Με πίστη, προσευχή και θυσία, η οικογένειά μου και εγώ επιθυμούμε να συμμετάσχομε στην υποστήριξη και υπηρεσία της Ελληνικής Ορθοδόξου Εκκλησίας Αγ. Αικατερίνης. Από αγάπη και ευγνωμοσύνη στον Θεό για τις ευλογίες Του, θα θέλαμε να υποσχεθούμε το ποσόν των

\$ _____ για το έτος 2011 Ημερομηνία (σημερινή): _____

Όνομα: _____

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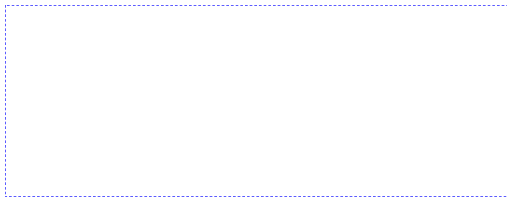


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The Linwood-MacDonald YMCA Center
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July 10-16: JOY (ages 8-12)
July 17-23: GOYA 1 (ages 13-18)
July 24-30: GOYA 2 (ages 13-18)

GOYA campers (ages 13-18) can register for one or both GOYA sessions. For more information, please contact the Metropolis Youth Office at youth@nj.goarch.org or 908-301-0500.



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