

# DOXA

The monthly newsletter of  
Saint Katherine Greek Orthodox Church  
Falls Church, Virginia  
Volume 9, Number 2



**FEBRUARY 2011**

## FEBRUARY IS THE MONTH OF LOVE

WHEN FEBRUARY ROLLS AROUND, we think of Valentine's Day—a time for love. Did you know that Saint Valentine is an Orthodox saint? Here is Saint Valentine's story.

Let me introduce myself. My name is Valentine. I lived in Rome during the third century. That was long, long ago! At that time, Rome was ruled by an emperor named Claudius. I didn't like Emperor Claudius, and I wasn't the only one! A lot of people shared my feelings.

Claudius wanted to have a big army. He expected men to volunteer to join. Many men just did not want to fight in wars. They did not want to leave their wives and families. As you might have guessed, not many men signed up. This made Claudius furious. So what happened? He had a crazy idea. He thought that if men were not married, they would not mind joining the army. So Claudius decided not to allow any more marriages. Young people thought his new law was cruel. I thought it was preposterous! I certainly wasn't going to support that law!

Did I mention that I was a priest? One of my favorite activities was to marry couples. Even after Emperor Claudius passed his law, I kept on performing marriage ceremonies—secretly, of course. It was really quite exciting. Imagine a small candlelit room with only the bride and groom and myself. We would whisper the words of the ceremony, listening all the while for the steps of soldiers.

One night, we did hear footsteps. It was scary! Thank goodness the couple I was marrying escaped in time. I was caught. (Not quite as light on my feet as I used to be, I guess.) I was thrown in jail and told that my punishment was death.

I tried to stay cheerful. And do you know what? Wonderful things happened. Many young people came to the jail to visit me. They threw flowers and notes up to my window. They wanted me to know that they, too, believed in love.

One of these young people was the daughter of the prison guard. Her father allowed her to visit me in the cell. Sometimes we would sit and talk for hours. She helped me to keep my spirits up. She agreed that I did the right thing by ignoring the Emperor and going ahead with the secret marriages. On the day I was to die, I left my friend a little note thanking her for her friendship and loyalty. I signed it, "Love from your Valentine."

I believe that note started the custom of exchanging love messages on Valentine's Day. It was written on the day I died, February 14, 269 A.D. Now, every year on this day, people remember. But most importantly, they think about love and friendship. And when they think of Emperor Claudius, they remember how he tried to stand in the way of love, and they laugh—because they know that love can't be beaten!

Our Greek ancestors had three words for love: *agape*, *eros*, and *philia*. *Agape* is the love of family, *philia* is the love of friendship, and *eros* is the love expressed in marriage. We have Saint Paul's Biblical definition of love in I Corinthians 13:4-13:

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends; as for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. For our knowledge is imperfect and our prophecy is imperfect; but when the perfect comes, the imperfect will pass away. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall

(Continued on page 5)

## INSIDE THIS ISSUE...

Adult Bible Study.....	11
Apokreatiko Glendi .....	8
Book Club .....	11
Bookstore .....	10
Calendar.....	9
Catechetical School .....	4
Daughters of Penelope.....	10
GOYA.....	5
GRACE .....	8
Greek Article.....	6
Greek School .....	6
Journey to Orthodoxy.....	7
Missions and Outreach .....	7
Nursery.....	13
OCF.....	4
Oratorical Festival.....	4
Paideia Bilingual Preschool ...	4
Parish Council .....	3
Pastoral Visits.....	11
Philoptochos.....	10
Registry .....	5
Stewardship.....	12-13, 15
Vacation Bible Camp .....	4
...and more!	





**Greek Orthodox Archdiocese of America  
Greek Orthodox Metropolis of New Jersey  
Saint Katherine Greek Orthodox Church**

www.saint-katherines.org  
3149 Glen Carlyn Road  
Falls Church, VA 22041  
703-671-1515 phone  
703-671-1385 facsimile



**CLERGY**

Rev. Protopsbyter Konstantinos A. Pavlakos, Proistamenos 571-213-1109 cell, 703-239-2627 home  
Rev. Protopsbyter Theodore H. Chelpon 571-262-9555 cell, 703-823-4541 home  
Rev. Fr. Christodoulos Wallace 703-836-7863 home

frcostas@stkchurch.com  
FatherTHC@aol.com

**STAFF**

John Vlachos, Chief Financial Officer 703-671-1515  
Anna Vassilopoulos, Assistant Financial Officer 703-671-1515  
Sophia Tsangali, Secretary/Teacher 703-671-1515  
Roberto Medina-Valdez, Maintenance Supervisor 703-671-1515  
Theodoros Theocharis, Information Technology 703-671-1515

jvlachos@cox.net  
avassilopoulos@stkchurch.com  
stsangali@stkchurch.com  
ttheoch@stkchurch.com

**PARISH COUNCIL**

John Andre 703-239-0189 jandre1@cox.net	Martha Lampros 703-536-4860 mmlampros@msn.com
Andrea Ballard 703-250-5419 andreaballard1@verizon.net	Costas Mavromatakis 571-344-3634 cgm387@gmail.com
Frances Campbell 703-321-8965 frango0123@yahoo.com	Daphne Papamichael 703-241-0610 cypusd@aol.com
Antonia Chelpon 703-258-5437 achelpon@aol.com	Maria Papatthanassiou 571-201-2787 marpapakom@hotmail.com
Chris Christou 703-533-0055 cachris2@hotmail.com	Bill Polizos 571-434-7790 polizos@aol.com
Dr. John Demakis 703-319-1610 jgd11@starpower.net	Bill Porter 703-901-2404 beporter@verizon.net
Christian Demeter 703-534-5669 cdemeter@excite.com	Dr. George Silis 703-660-0026 georgesilis@verizon.net
Chris Euripides 703-477-7101 cceuripides@hotmail.com	Pierre Tavoularis 703-573-6235 Pierros@cox.net
Korinna Garbis 703-932-9151 kgarbis@gmail.com	Christina Vazquez 703-723-7424 czvmail@aol.com
Iacovos Iakovos Ioannou 703-550-7199 iioannou@imf.org	Maria Wills 703-948-7950 mwills28@verizon.net

**CHURCH MINISTRIES**

Adult Bible Study (Tuesdays)	Bill Polizos 571-434-7790 polizos@att.com
	Bill Porter 703-901-2404 beporter@verizon.net
Adult Bible Study (Saturdays)	Gregory McKinney 571-338-6929 dintym@hotmail.com
Adult Catechetical (Sunday) School	Bill Polizos 571-434-7790 polizos@att.com
Youth Catechetical (Sunday) School	Christian Demeter, Principal 703-534-5669 cdemeter@excite.com
Greek School	Sophia Tsangali, Principal 703-671-5820 stsangali@stkchurch.com
Greek School Auxiliary	Elena Lagos, President 703-241-1176 pedakia@aol.com
Journey to Orthodoxy (An intro class to the Orthodox Faith)	Elena Ziu 703-825-7245 Dogwood_Academy@cox.net
PAIDEIA Bilingual Preschool	Georgia Kazakis
	Marilena Tsirigotakis, Director 703-671-7715 marilena@gopaideia.org
Acolyte Captains	Anastasios Galatis (First Liturgy)
AHEPA #370 (Mt. Vernon)	John Polizos (Second Liturgy)
AHEPA #438 (P. Derzis)	George K. Eliades, President 703-383-0073 geliades@verizon.net
Audit Committee	Vasilis Fotopoulos, President 703-723-6229 fuhuaxi@gmail.com
Bookstore	Jim Stoucker, Chairman 703-690-1050 jstoucker@aol.com
Book Club	Christopher and Frances Kalavritinos 703-671-1515
Choir	Christina Vazquez 703-723-7424 czvmail@aol.com
Daughters of Penelope Helle #283	TBD
DOXA	Lynn Francis, President 703-978-4370 elfran@cox.net
GOYA (ages 13-18)	Presvytera Pauline Pavlakos 703-239-2627 przpauline@stkchurch.com
	Dimi Kosmakos, President 703-451-0978 d.kosmakos@gmail.com
GRACE	Presvytera Pauline Pavlakos, Advisor 703-239-2627 przpauline@stkchurch.com
HOPE (ages 7 and under)	Maria Papageorgiou 703-631-9430 times8@cox.net
JOY (ages 8-12)	Kelly Alexis 703-909-2256 kalexis76@gmail.com
Missions and Outreach	Tina Papamichael, Director 703-536-4711 athena02@verizon.net
Nursery	Dr. John Demakis 703-319-1610 jgd11@erols.com
Philoptochos	Martha Lemondes 703-599-1386 marthalemondes@aol.com
Psalters	Andrea Ballard, President 703-250-5419 andreaballard1@verizon.net
Safeway Rewards	James Loizou, Protopsaltis 703-356-8220 dimitri14@verizon.net
Stewardship	Elvira Garnett 703-425-3675 villa45@hotmail.com
	Pierre Tavoularis, Co-Chairman 703-573-6235 Pierros@cox.net
Website	Maria Wills, Co-Chairman 703-948-7950 mwills28@verizon.net
	Presvytera Pauline Pavlakos 703-239-2627 przpauline@stkchurch.com
YAL	Jim Stoucker 703-690-1050 jstoucker@aol.com
	Helen Spanos, President 703-801-5289 haspanos87@yahoo.com



## CATECHETICAL (SUNDAY) SCHOOL

THROUGHOUT THE MONTH OF FEBRUARY, our upper grades (7th through 9th grades) will spend half of each class period learning about Orthodox Church music. We are most fortunate to have Ms. Antonia Chelpon help our youth focus on the music that is such a vital part of our Orthodox Church services.

On February 6, all of our classes will focus on Godparent Sunday. On that day, we are hopeful that those Godparents who can come to our Catechetical (Sunday) School with their Godchild will do so. We would like for the Godparent(s) to meet their Godchild's Catechetical School teacher and attend Divine Liturgy with their Godchild. During the Catechetical School hour (9:30am-10:30am), Godparents can first meet their Godchild's teacher and then attend the Adult Bible Study. We will have available a person to take a photo of any Godparent who wishes to have a picture snapped with his/her Godchild.

During this month of February, we shall endeavor to encourage as many of our young people as possible to participate in the 2011 St. John Chrysostom Oratorical Festival. During our local program, the Catechetical School students, grades 1 through 12, will not only hear the presentations of our contestants but will also add to the event with short class contributions. Mr. Ray Vazquez, Chairperson, is overseeing our local Church program. Mr. Vazquez will schedule a special tutoring program, so stay tuned to announcements in the *DOXA*, and the Sunday Bulletin. Any student or parent who wishes to receive detailed information or ask questions about the Oratorical Festival may contact Mr. Vazquez, Mr. Christian Demeter, the Catechetical School Director, or Ms. Sophia Tsangali, Principal of the Greek School.

We are all looking forward to this month of February. There is much to learn about God and our Lord and Savior Jesus Christ, and there are many exciting activities that will take place.

## ORATORICAL FESTIVAL

WE ARE COMING UPON Oratorical Festival time again. The dates have not been finalized for this year's festival, however information regarding topics have been posted on the Archdiocese website and have been passed out to students in the Catechetical School. If your son or daughter is interested in expressing their faith and representing Saint Katherine in the parish, and, hopefully, regional and/or national levels, please send a note to [Rayvazquez1@aol.com](mailto:Rayvazquez1@aol.com). I will arrange to provide the information. An Oratorical Festival Orientation Meeting will be scheduled in February for all those who are interested in participating.



~Ray Vazquez

## GMU OCF

GMU OCF will meet on Tuesday, February 15, 11:00am-1:00pm and Friday, February 25, 3:00pm-5:00pm

## VACATION BIBLE CAMP

REGISTRATION FOR VACATION BIBLE CAMP (VBC) 2011 has begun! Applications will be made available in the church and they will be passed out to students in Catechetical (Sunday) School and Greek School. This year's theme is *Come and See: Do You See What I See?* Students will spend a week studying the iconography in our church and working on various projects and crafts. VBC will begin on Monday, June 27 and end on Friday, July 1. If you are interested in signing up your child, please do so as soon as possible as there are a limited number of seats. Registration will close when the seats have been filled. Once you receive an application, please mail it along with the \$20 registration fee to Christina Z. Vazquez at 21337 Thimbleweed Court, Ashburn, VA 20147. You will receive a confirmation e-mail noting that your child has been registered. If you do not receive an e-mail within a week of sending your application, please contact Christina at [czvmail@aol.com](mailto:czvmail@aol.com) or 703-723-7424. If you have any questions, do not hesitate to contact either Christina or Daphne Papamichael at [cyprusd@aol.com](mailto:cyprusd@aol.com).

## PAIDEIA BILINGUAL PRESCHOOL

LAST MONTH WE HAD OUR ANNUAL FAMILY FUN NIGHT. Wonderful food, combined with dancing, prizes, games, and cutting of the Vasilopita, made it an evening to remember. You can visit our Facebook page to view pictures of the event. I would like to send a special thanks to Mrs. Kelly Alexis and Mrs. Maria Georges for organizing the event, as well as to the parents whose assistance was invaluable. I also wanted to express our gratitude and appreciation to the various restaurants that donated food, the Achilleas Band for the music, and most importantly to all the members of our Church Community who attended or purchased raffle tickets in support of our Preschool.

This month, we are celebrating APOKRIES! Apokries marks the last week before Lent begins for Easter. In the Greek tradition, we celebrate by dressing up in costumes. Our children are making face masks and decorating the classroom with confetti to prepare for our party. In addition to the Music Class with Kyria Gilda on Thursdays, Computer Day on Wednesdays, and Religion with Father Ted on Fridays, we have just started a "Creative Movement Class" every Tuesday. The Paideia staff and parents thank Mrs. Shelby Tombras, a professional dance instructor, for offering to teach our children. We are grateful that Mrs. Tombras has joined our school family! We look forward to February's exciting activities and we are hopeful that the month will prove fruitful for our little ones in learning about our language, culture, and faith.

Please remember that the Paideia Preschool will be closed on February 21 for the Presidents' Day Holiday.

~Marilena Tsirigotakis, Director

## GOYA (ages 13-18)

GOYA PASSED THE TRAYS and served in the food line at our Church Community Breakfast on Sunday, February 9.

GOYA fed approximately 150 homeless people at Bailey's Crossroads Homeless Shelter in February. One parent stated, "It was a very humbling, eye-opening experience." Thank you to Mrs. Evdoxia Mitchell, Mr. Dino Papaminas, and Presv. Pauline for preparing and delivering the meal.

GOYA plans to have a dance in the Meletis Charuhas Center on Saturday, February 12, 8:00pm to 11:00pm. Look to the Sunday bulletin for updates.

Gus Moshos will read the Epistle during the second liturgy on Sunday, February 13. GOYAns will pass the trays during and after the second liturgy as well.

GOYA will participate in the Saint Nicholas, Baltimore Basketball Tournament, Saturday and Sunday, February 26 and 27.

GOYA will travel to Hellenic College/Holy Cross Greek Orthodox School of Theology with Fr. Costa from March 4 through 6. Please e-mail [przpauline@stkchurch.com](mailto:przpauline@stkchurch.com) if you are interested in this trip. *All teenagers of our community are invited.*

We will have a contest for the design of our 2011 basketball tournament t-shirt. All submissions are due on or before Monday, March 14. You may work together or individually. This is a great opportunity for you to show your imagination and talent. Please look to your e-mails for further information.

We will have a GOYA Parents' Meeting on Tuesday, February 8, 7:00pm in the board room. This meeting will concentrate on our GOYA Tournament on April 30 and May 1. All parents are strongly encouraged to help with our tournament in some capacity.

# REGISTRY

## Baptism

*Gabriel Basil (January 1)*  
son of John and Katrina Newtonson  
Godparents: Michael and Elaine Newtonson

## Chrismation

*Anastasia Demis Young (December 28)*  
Sponsor: Angela Voyiaziaakis McNamara

## Wedding

*Petrandia Alevrofas*  
and  
*Darrell Simmons (January 2)*  
Koumbara: Carolyn E. Maloney

*Congratulations!*

## Funerals

*Christina P. Fundeneanu (December 21)*  
*Nicholas Flevarakis (January 5)*  
*Argyro Kosmakos (January 12)*

*May their memories be eternal.*

*(Continued from page 1)*

understand fully, even as I have been fully understood. So faith, hope, love abide, these three; but the greatest of these is love.

We are commanded, in the Divine Liturgy, to "...love one another, that we may with one mind confess." As Christ said, love became the most important mark of those who truly followed Him, "By this shall all men know that you are my disciples, if you have love to one another" (John 13:35). Christ told His disciples if they love one another that people who live in the darkness of sin and error will understand that you are His disciples. He told them that love will distinguish from all other people.

Truly, that which the ancient world lacked was not wisdom, rhetoric, arts, or sciences, but spiritual love—a love which could stretch its wings to embrace all people—an infinite and universal love, wide like the sky and deep like the sea; a love which would have the Cross of Christ as its yardstick, for before this measure of love, every other means of measuring it are small indeed. Christ, raised on the Cross, calls His disciples, the faithful of all ages, to love as He Himself loves.

Another who praised love was Christ's disciple, John the Evangelist. It is said of this Apostle that when he became too old to preach to his Christians as he once did, would go to the gatherings and, instead of preaching, would simply say, "Children, love one another." He would always say these words at the meetings and when asked why he repeated these same words over and over, he answered that the one who loves keeps all the commandments of the Lord. Therefore, "Let us love one another, that we may with one mind confess."

I look forward to seeing you in the place where we, all together, receive and share God's love—Church!

Yours in Christ's service,

*Fr. Costa*

## ΧΡΙΣΤΟΣ ΚΑΙ ΚΟΣΜΟΣ

Σοφία Δ. Τσαγκάλη

ΤΟ ΘΕΜΑ ΠΟΥ ΑΚΟΛΟΥΘΕΙ είναι μεγάλης σημασίας, γιατί αναφέρεται σε προβλήματα που δημιουργούνται για τους χριστιανούς από την ζωή τους στην κοινωνία. Προβλήματα, των οποίων η καλή ή η κακή τοποθέτηση και λύση τους παίζουν σημαντικό ρόλο στην όλη εν γένει ζωή τους.

Στην Α΄ επιστολή του Ιωάννη, 2:15-17, διαβάζουμε τα εξής: «...μη αγαπάτε τον κόσμο μηδέ τα εν τω κόσμω. Εάν τις αγαπά τον κόσμο, ουκ έστιν η αγάπη του πατρός εν αυτό. Ότι παν το εν τω κόσμω, η επιθυμία της σαρκός και η επιθυμία των οφθαλμών και η αλαζονεία του βίου, ουκ έστιν εκ του πατρός, αλλ΄ εκ του κόσμου εστί. Και ο κόσμος παράγεται και η επιθυμία αυτού. Ο δε ποιών το θέλημα του Θεού μένει εις τον αιώνα». Δεν χρειάζεται ερμηνεία, γιατί κατανοείται εύκολα. Δείχνεται εδώ ότι ο κόσμος είναι αντίθετος προς το θέλημα του Θεού και επομένως ως χριστιανοί πρέπει να είμαστε με τον Χριστό και αδιάλλακτοι με τον κόσμο.

Διασαφηνίζουμε εδώ ότι ο «κόσμος» είναι εκείνος που μένει μακριά από το θέλημα του Θεού. Οι άνθρωποι δηλαδή που ζουν ξένοι προς την χριστιανική πίστη και ζωή. Στην παράγραφο αυτή της Αγίας Γραφής βρίσκουμε κάτι πολύ βασικό για την χριστιανική ζωή μας: «εάν τις αγαπά τον κόσμο, ουκ έστιν η αγάπη του Πατρός εν αυτό». Είναι ένας λόγος, ο οποίος απευθύνεται σε όσους επιθυμούν να είναι χριστιανοί.

Με τα λόγια αυτά ζητεί ο Θεός ένα ξεκαθάρισμα, μία μόνη αγάπη, ή σε Αυτόν ή στον κόσμο. «Ου δύνασθε δυοί κυρίως δουλεύειν...» (Ματθαίου 6:24). Δηλαδή δεν πρέπει να μας συνεπαίρνει ο κόσμος, να προσκολλόμαστε σ΄ αυτόν και να του δίνουμε την καρδιά μας. Ο χριστιανός είναι τέκνο του Πατέρα και ο Χριστός τον έκανε δικό του, τον έσωσε με την θυσία του και τον απάλλαξε από την αμαρτία. Επί πλέον, ο Κύριος άφησε την δόξα του στους ουρανοίς, ως Υιός του Θεού, και έγινε ταπεινός άνθρωπος, άνθρωπος του πόνου, που υπέμεινε τόσες θλίψεις για την σωτηρία μας. Επομένως, αφού έπαθε όλα αυτά για την δική μας σωτηρία, μπορούμε εμείς να Του δώσουμε την καρδιά μας κατά το ήμισυ μόνο; Ασφαλώς όχι, πρέπει να είμαστε αδιάλλακτοι με την νοοτροπία του κόσμου, γιατί ο «κόσμος εν τω πονηρώ κείται», εμείς όμως ουκ εσμέν εκ του κόσμου, αλλά από τον Θεό.

Στην πρακτική ζωή, αδιαλλαξία δεν σημαίνει να περιφρονούμε τους άλλους, οι οποίοι δεν γνωρίζουν το θέλημα του Θεού, ούτε να τους εξουθενώνουμε. Αδιαλλαξία σημαίνει να μη κάνουμε συμβιβασμούς με τον κόσμο, αλλά να είμαστε σταθεροί στις αρχές μας, έστω και όταν μας ειρωνεύονται ακόμη. Να εφαρμόζουμε πάντοτε στη ζωή μας το θέλημα του Θεού, ακόμη και με θυσίες.

Γιά εκείνους που έχουν «ισχυροποιήσει τον χαρακτήρα τους» χρειάζεται η αδιαλλαξία; «Ισχυροποίηση χαρακτήρα» μάλλον είναι δικαιολογία και πρόφαση για συμβιβασμούς. Το να πιστεύει κανείς σ΄ αυτή την «ισχυροποίηση» αποτελεί σατανική παγίδα και βήμα προς υποχώρηση. Η πρώτη απόπειρα υποχώρησης και συμβιβασμού με τον

(Continued on page 11)

## ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ

ΠΕΡΑΣΕ ΚΙ ΟΛΑΣ ΕΝΑΣ ΟΛΟΚΛΗΡΟΣ ΜΗΝΑΣ από τον Καινούργιο Χρόνο. Εμείς όμως, εδώ στο Ελληνικό Σχολείο, δεν χάνουμε καθόλου χρόνο. Εφαρμόζουμε πιστά αυτό που εφήρμοζαν και οι αρχαίοι, ένδοξοι πρόγονοί μας, «Φείδου χρόνου»! Έτσι, με την καινούργια χρονιά προσπαθούμε πώς θα αξιοποιήσουμε όσο γίνεται καλύτερα και αποτελεσματικότερα τον χρόνο μας. Και συγκεκριμένα, για τους Ελληνο-αμερικανούς μαθητές μας, αυτό που μας ενδιαφέρει πίο πολύ είναι αυτή η ιδιαιτερότητα του Ελληνικού Σχολείου. Δηλαδή να αξιοποιούμε τον χρόνο μας διαβάζοντας και μαθαίνοντας τα Ελληνικά μας, με ευχάριστη πάντα διάθεση, είτε βρισκόμαστε στην αίθουσα διδασκαλίας είτε όταν διαβάζουμε στο σπίτι. Γι΄ αυτό λοιπόν, ας κάνουμε καθήκον το κάθε λεπτό του Ελληνικού μας Σχολείου.

Τον Φεβρουάριο δίνουμε έμφαση στο Αποκρεάτικο Γλέντι. Θα είναι χαρά μας να σας δούμε όλους το Σάββατο 26 Φεβρουαρίου στις 5:00 μ.μ. μέχρι 11:00 μ.μ. στο Κοινοτικό μας Κέντρο. Ερχόμενοι στο Αποκρεάτικο Γλέντι, παράλληλα με την ψυχαγωγία, που όλοι μας έχουμε ανάγκη, μετά από το γεμάτο, καθημερινό πρόγραμμα της δουλειάς μας, βοηθούμε και τα ίδια μας τα παιδιά, ενισχύοντας το Ελληνικό Σχολείο και τα προγράμματά του, διαιωνίζοντας έτσι την Ελληνική μας γλώσσα, παράδοση και πολιτισμό. Βοηθούμε την ίδια μας την Εκκλησία, γιατί τα παιδιά που εμείς σήμερα πλάθουμε με Ελληνισμό και Ορθοδοξία, θα είναι οι αυριανοί οικογενειάρχες, αντάξια, τακτικά και ενεργά μέλη της Εκκλησίας.

Σας περιμένουμε...

Οι εξετάσεις της Ελληνομάθειας θα γίνουν στις 11 και 12 Μαΐου και της Αρχιεπισκοπής τον Ιούνιο. Οι εγγραφές των διαγωνισμών της Ελληνομάθειας θα γίνουν από 1η Φεβρουαρίου ως τις 21 Μαρτίου. Περισσότερες πληροφορίες για τους διαγωνισμούς στο επόμενο τεύχος της ΔΟΞΑΣ και στο γραφείο της Εκκλησίας

## GREEK SCHOOL

ONE MONTH OF THE NEW YEAR has already passed. But we in our Greek School have not lose any time. We faithfully follow the advice of our ancient glorious ancestors, "Use the time wisely!" We try in the New Year to make good and effective use of our time. Specifically, for our Greek American students what interests us most is that our School is special, and to make use of our time by learning the Greek language in class and home, with a pleasant mood always. Because of this, let's make good use of each moment of our Greek School.

In the month of February we will give emphasis to the Apokreatiko Glendi. It will be a great joy to see all of you on Saturday, February 26, 5:00pm to 11:00pm in the Cultural Center. By coming to the Apokreatiko Glendi in addition to being entertained, which all of us need because of our heavy daily work schedules, we will support our children, the Greek School and its programs, thus perpetuating our Greek language, tradition, and culture. We help our

(Continued on page 11)

## MISSIONS AND OUTREACH

### ***OCMC Short-Term Mission Teams for 2011.***

The OCMC has released their places and dates for short term teams in 2011. The January *DOXA* had all the dates and places. This is a wonderful way of dedicating a part of your life to spreading the Gospel of our Lord. If you are not sure about going on a mission team or would like to learn more about the mission experience, contact the people listed below who have gone on a mission trip.

Antonia Chelpon at (achelpon@aol.com)

Korinna Garbis (kgarbis@gmail.com)

Irene and Taso Sakkas (irenesakkas@gmail.com)

Also, following the Friday Salutation Services, we will have presentations from several of our people who have gone on short-term teams. See the schedule in the next section.

### ***Mission Presentations following Salutation Services***

The Mission and Outreach committee will feature a speaker on missions immediately after the Salutation Services (Heretismoi). These will primarily include experiences of our Saint Katherine parishioners who went on mission trips in 2010.

March 11 Dr. John Demakis on *Why Missions?*

March 18 Korinna Garbis on South Korea Trip

March 25 Taso and Irene Sakkos on Tanzania Trip

April 1 Antonia Chelpon on Guatemala Trip

### ***Lenten Retreat on March 19***

On Saturday, March 19, Saint Katherine will present a special Lenten Retreat. The main speaker will be Dr. Kyriakos Markides from the University of Maine. Dr. Markides is the author of two very well-received books: *Mountain of Silence* and *Gifts of the Desert*. There will also be a children's program. Please save the date. More information will be available in a future issue of *DOXA*.

### ***Guatemala Mission Trip***

Fr. Costa, along with a Saint Katherine team, will be returning to the Hogar Rafael Ayau Orphanage in Guatemala City on November 3-10, 2011. If you missed out on previous teams and would like to participate this year, please contact Antonia Chelpon at 703-258-5437. Although it is important to have some returning team members on the team, priority will be given to new member applications. Team projects will likely be painting or light construction. The team will fill up quickly, so please do not delay. Don't miss out on this exciting and fulfilling experience.

### ***Food for the Homeless Shelter***

On January 11, 2011 our GOYA served food for 150 people at the Bailey's Crossroads Homeless Shelter. One parent stated, "It was a very humbling, eye-opening experience." The Daughters of Penelope will serve on February 22 and the parish council will serve in March. We encourage all organizations at Saint Katherine to take a month. Last year, we covered 10 months. We hope to cover all 12 months in 2011. If your organization is interested in participating, please contact Dr. John Demakis (jgd11@erols.com) for more information.

### ***Clothing and Toiletries Collection for the Homeless***

We continue to collect clothing and toiletries for men and women at the Bailey's Crossroads Homeless Shelter. Clothes may be new or used, but must be clean. Toiletries should be unopened. The shelter informed us that, with the cold weather, the shelter is especially short of men's and women's coats, gloves, and scarves. There is a collection receptacle in the foyer of the Meletis Charuhas Center. Please continue to be generous to those less fortunate.

...the King will say to those at his right hand, "Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me." Then the righteous will answer him, "Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?" And the King will answer them, "Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me." (Matthew 25:31-40)

## JOURNEY TO ORTHODOXY

### (AN INTRODUCTORY CLASS TO ORTHODOXY)

Our community began another 6-week *Journey to Orthodoxy* class on Sunday, January 16. The class is offered as an introduction to Orthodoxy for those interest in the Orthodox faith. While covering the fundamental teachings of the Church, the class will also offer an open environment to address any questions and concerns one might have about joining the Orthodox Christian Church. Those interested in attending the class are welcome to contact Elena Ziu at Dogwood\_Academy@cox.net. The class meets on Sundays, 9:30am-10:30am, in Founders' Hall.



## YOU DON'T SAY

WHEN TRYING TO CONSOLE SOMEONE who has suffered the recent loss of a loved one, it is best to try to avoid some of the stock comments that we have heard time and again at wakes and funerals. Yes, there may be some comfort in hearing the worn-out condolences that have been around forever, but in truth, some folks might be disturbed by the trite utterances.

Some of the assurances that those grieving might not be particularly receptive to are:

***She's in a better place.*** Even if the bereaved is a believer in an afterlife, she or he is not thinking of the heavenly sphere early in their loss, but, rather, of the here and now. That's where they are—on earth and without this special person in their life.

***It was for the best.*** Who says? The best would be if the person were still alive. There is nothing good about loss.

***It gets better with time.*** This may prove true in time, but the recently bereaved is caught in a very real and painful present. He or she would rather not hear about promised relief because it isn't even imaginable to them in the immediacy of their suffering.

***She had a good life.*** Yes, but that doesn't erase the pain of their loss.

***Keep a stiff upper lip.*** If someone has lost someone dear to them, they have a lot of grief work to do. Advising the bereaved to feign strength when they should be allowing themselves to feel the depth of their pain can be harmful. Just don't advise them to be strong before they've completed their grief journey, which can last as long as the individual needs it to.

So, what would be helpful to say to the grief-stricken? Since many need to talk, you could say, "I don't know what to say, but I can listen if you would like to talk." Also welcome is a truly sincere "I'm so sorry about your loss." If you follow this with an offer to help, be specific with your offer, such as, "I will bring supper to your home this Friday night" or "Let me go to the grocery for you this Saturday."

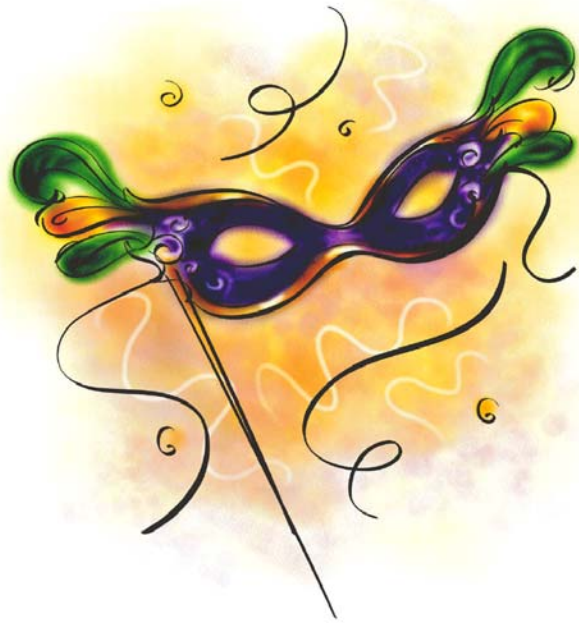
Since we truly cannot imagine another's pain, the sympathy statement of "I cannot imagine how you are feeling at this moment" usually strikes the listener as authentic. It can also serve as a springboard for the person to talk about their feelings, which is almost always helpful.

In general, follow your heart when you try to console someone who has suffered a loss. Your heart knows the words to reach another's heart.

*Saint Katherine Greek Orthodox Church offers grief support: GRACE (Grief Recovery: Accepting, Coping, and Evolving). If you are having a difficult time after the loss of a loved one, please call Fr. Costa Pavlakos at 703-671-1515. Thanks to Maria Papageorgiou for starting and continuing this ministry.*

## THE ANNUAL APOKREATIKO GLENDI Saturday, February 26, 2011 5:00pm - 11:00pm

\$40 donation per Adult  
\$15 donation per Child (ages 4-13)



Music by DJ Liakos

Buffet Dinner, Dancing, Games, and More!  
Silent Auction, Raffle Prizes, Cash Bar

This fun family event is open  
to the entire community!

Tickets will be sold during Greek School hours,  
after Liturgy on Sundays, or by telephone.

For more information or  
to order tickets, please contact  
Elena Lagos  
(703-241-1176 or [pedakia@aol.com](mailto:pedakia@aol.com))  
or  
Sophia Tsangali (703-671-1515)

RESERVE YOUR TABLE NOW!



# FEBRUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:30pm Adult Bible Study	2 <i>Presentation of Our Lord in the Temple</i> 9:00am Orthros 10:00am Divine Liturgy  7pm Parish Council Mtg. 7:00pm AHEPA B-Ball	3 Adult Greek School 6:00pm Intermediate 7:30pm Advanced	4 5:00pm Greek School	5 8am Heart Health Event 9:30am Greek School 9:45am Adult Bible Study 1:30pm GS Tchr's Mtg. 4:00pm <i>Abraham Lincoln's Life in Music</i>
6 <i>Sunday of the Canaanite Woman</i> (Godparent Sunday) 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy	7 <i>Lent Begins</i> (Clean Monday/Καθαρά Δευτέρα)	8 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 7:30pm Adult Bible Study  6pm GOYAGirls' Practice 7:00pm GOYA Parents Meeting (B-Ball Tourney) 7:30pm GOYA Boys' Practice	9 10:30am Women's Book Club 7:00pm AHEPA B-Ball	10 <i>Haralambos the Great Martyr</i> 9:00am Orthros 10:00am Divine Liturgy  12:00pm Seniors' Valentine's Day Luncheon Adult Greek School 6:00pm Intermediate 7:30pm Advanced	11 5:00pm Greek School	12 9:30am Greek School 9:45am Adult Bible Study 8:00pm GOYA Dance
13 <i>Sunday of the Publican and the Pharisee</i> <i>Triodion Begins</i> <i>No Fasting This Week</i> 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy	14 7:00pm YAL Δεύτερη Δευτέρα (sandwich-making for the homeless)  <div style="border: 3px double black; padding: 5px; text-align: center; width: fit-content; margin: 10px auto;">Deadline for March DOXA Submissions</div>	15 11:00am GMU OCF Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 6pm GOYAGirls' Practice 7:30pm GOYA Boys' Practice 7:00pm Missions Meeting 7:30pm Adult Bible Study	16 7:00pm AHEPA B-Ball	17 Adult Greek School 6:00pm Intermediate 7:30pm Advanced	18 5:00pm Greek School	19 9:30am Greek School 9:45am Adult Bible Study
20 <i>Sunday of the Prodigal Son</i> 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy  12:00pm DOP	21 <i>Presidents' Day</i> Office Closed	22 Adult Greek School 6:00pm Introductory II 7:30pm Introductory I 6pm GOYAGirls' Practice 7:30pm GOYA Boys' Practice  7:30pm Adult Bible Study	23 10:30am Women's Book Club 7:00pm AHEPA B-Ball	24 Adult Greek School 6:00pm Intermediate 7:30pm Advanced	25 3:00pm GMU OCF 5:00pm Greek School	26 <i>1st Saturday of Souls</i> 9:00am Orthros 10:00 Divine Liturgy  St. Nicholas, Baltimore, Tournament 9:30am Greek School Adult Bible Study following Divine Liturgy 5pm Apokreatiko Glendi
27 <i>Meatfare Sunday</i> <i>Judgment Sunday</i> 8:00am Divine Liturgy 9:30am Orthros and Catechetical Shool 10:30am Divine Liturgy	28				March 4 GOYA Trip to HC/HC 5:00pm Greek School  7:00pm <i>1st Salutations</i>	March 5 <i>2nd Saturday of Souls</i> 9:00am Orthros 10:00am Divine Liturgy  9:30am Greek School Adult Bible Study following Divine Liturgy GOYA Trip to HC/HC

## PHILOPTOCHOS

WE HOPE YOU ARE STAYING WARM and healthy this winter.

The annual Valentine's Day Luncheon for our seniors will be held on Thursday, February 10 at noon. Please call Irene Kavros at 703-971-7455 or Chris Eskinzes at 703-978-3061 by February 6 if you plan to attend. As always, volunteers are needed to prepare and serve the meal. If you can help, please call Andrea Ballard at 703-250-5419. Any help is welcome and appreciated.

Our National Philoptochos commitments for this month are for the Autism Assistance Fund and St. Photios Shrine:

**Autism Assistance Fund.** This fund heightens awareness of autism and provides assistance and support to persons within the autism spectrum.

**St. Photios Shrine.** This fund provides for the preservation of the first National Shrine of Orthodoxy in America.

Please send your 2011 Philoptochos stewardship to Saint Katherine Philoptochos, 3149 Glen Carlyn Road, Falls Church, VA 22041. Please mail your stewardship by March 1, 2011 so that we may publish an updated member directory. We ask that you be generous with your stewardship this year and, if possible, consider giving a minimum suggested stewardship commitment of \$40, as more than half of each member stewardship is sent to National Philoptochos and our Metropolis Philoptochos.

We are reaching out to all women 18 years old and older to invite, to embrace and involve them in all our philanthropic endeavors. Our members are our greatest resource. We need your talents and skills.

---

### Stewardship 2011

Saint Katherine Philoptochos  
3149 Glen Carlyn Rd.  
Falls Church, VA 22041

*Please send by March 1, 2011*

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Amount of Stewardship \_\_\_\_\_

Check Number \_\_\_\_\_

*Thank you!*

## DAUGHTERS OF PENELOPE

HELLE CHAPTER MEMBERS began the new year last month by having a healthy lunch and learning stretching exercises which relieve stress and improve overall fitness.

In continuing our focus on health and in recognition of Heart Health Month, we are sponsoring an event with AHEPA #438 to bring greater awareness about heart disease and stroke. The Saint Katherine Community is invited to join the Daughters and Ahepans for presentations by medical professionals on February 5 in Founders' Hall. A light breakfast will be available between 8:00am and 9:00am. During that time, a registered nurse will conduct blood pressure checks for those who are interested. The speakers will begin their presentations at 9:00am. In addition to a physician, nurse practitioner, certified CPR trainer, and speech pathologist, a representative of the Fairfax County Health Department's Office of Emergency Preparedness will also speak about being prepared for possible public health emergencies. Please plan to attend this informative health symposium to assess our risks and determine if lifestyle changes are needed.

Helle Chapter continually welcomes new members. If you have thought about joining the Daughters but haven't yet done so, this is the time. An initiation meeting will be held on Sunday, February 20 for any prospective members. The meeting will be held in the conference room of the Meletis Charuhas Cultural Center after the second liturgy. Please contact Lynn Francis at 703-978-4370 for more information and a membership application.

Looking ahead, please save the date for the mid-year district conference in Richmond on Saturday, March 5. We will arrange carpools for members who are interested in attending the one-day conference.

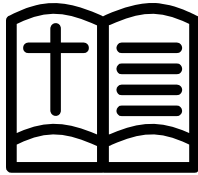
Have a happy February!

## BOOKSTORE

**Featured book of the month.** *The Mountain of Silence: A search for Orthodox Spirituality* by Kyriacos C. Markides. (Professor Markides will be the featured speaker at the Saint Katherine Lenten Retreat on March 19, 2011.) An expert in Christian mysticism, Markides travels to a monastery high in the Trodos Mountains of Cyprus and offers a fascinating look at the Greek Orthodox approach to spirituality. Using an engaging combination of dialogues, reflections, conversations, and history, Markides follows Father Maximos, one of Mount Athos's monks, around Cyprus as they discuss Orthodox spirituality in depth.

## BOOK CLUB

WE CONTINUE TO READ *Encountering Women of Faith: Saint Catherine's Vision Collection, Volume 1*, edited by Kyriaki Karidoyanes Fitzgerald. The Book Club will examine the lives of nine female saints. We will meet on Wednesdays, February 9 and 23 at 10:30am. Please contact Christina Vazquez at czvmail@aol.com. If you would like to join the discussion.



## ADULT BIBLE STUDY

### *Who is Jesus?*

“IN THE BEGINNING WAS THE WORD....” From its opening, John’s Gospel asserts itself as an eyewitness account of God revealing Himself to humanity through the saving work of Jesus. To combat those who disputed the apostolic witness to Christ’s divinity, the early Church relied heavily on John. The goal of our discussion is to understand and embrace the loving vision of Christ described in John’s Gospel and crystallized in the Nicene Creed.

#### **What is It?**

It’s not a lecture series, but a prayerful discussion among interested people. All adults and older teens are welcome.

#### **What is Required in Order to Participate?**

Simply show up with a copy of *The Orthodox Study Bible*, available at the church bookstore. No one is *required* to speak up during the discussion; listeners are always a blessing to the group. In order to get the most out of the weekly meetings, we do encourage participants to spend 10 minutes or so daily at home reading and reflecting on that week’s texts.

#### **When?**

Two sessions are available to meet your needs:

Tuesday night sessions (7:30pm to 8:45pm), led by Bill Polizos and Bill Porter, through March 1.

Saturday morning sessions, led by Gregory McKinney. February 5, 12, and 19 (9:45am to 11:00am) and following liturgy on February 26 and March 5.

The classes will run for seven weeks total. The same scripture will be covered in both classes during the same week.

#### **Where?**

The boardroom on the lower level of the Meletis Charuhas Center.



SAFeway BENEFITS for Saint Katherine is an ongoing project. Every time you use your red Safeway card, up to 3 percent of your purchase is donated to Saint Katherine—if Saint Katherine is designated for the benefit. All we need is your Safeway card number, full name, address, telephone number, and e-mail. You may put the information in the basket on Sundays, mail it to church, or call Elvira Garnett at 703-425-3675. Elvira will take care of the rest.

## PASTORAL VISITS

IT IS THE FAMILY’S RESPONSIBILITY to contact Fr. Costa when a pastoral visit is desired. Because of the HIPAA Privacy Rule, hospitals and nursing homes will not give a



list of Orthodox patients to our clergy. Please call Fr. Costa at 703-671-1515 (church), 571-213-1109 (cell), or 703-239-2627 (home) to arrange for a hospital or nursing home visit. Advise him of shut-ins as well, please.

*(Continued from page 6, column 1)*

κόσμο αποτελεί κρίσιμο σημείο στη ζωή μας. Προσοχή λοιπόν στην κοινωνική μας ζωή, ειδικότερα προσοχή οι νέοι με τις διάφορες προσκλήσεις, όπως, προσκλήσεις χορών, πάρτυ, clubs, σινεμά, διαδικτύου (όταν δεν γίνεται σωστή η χρήση του) και τόσων άλλων.

Η αδιαλλαξία αυτή μας τοποθετεί σε κατώτερη μοίρα από τους άλλους; Ασφαλώς όχι! Αντιθέτως μας τοποθετεί ψηλότερα, γιατί δεν μιμούμαστε τον κόσμο, επειδή αγαπάμε τον Χριστό και προσπαθούμε να κάνουμε ό,τι μας ζητεί και είμαστε συνεπείς σε όσα πιστεύουμε. Εννοείται ότι ένας συνεπής άνθρωπος είναι κάτι πολύ σπουδαίο και σημαντικό.

Μήπως όμως με την αδιαλλαξία φεύγουμε μακριά από τους άλλους ανθρώπους; Όχι, βέβαια! Δεν βγαίνουμε από τον κόσμο, γιατί, γιά να βγούμε από τον κόσμο, σημαίνει να αφήσουμε αδιάφοροι τον κόσμο να βαδίζει στην καταστροφή. Εμείς όμως αντίθετα, με όλα όσα γράναμε, γινόμαστε οδηγοί του κόσμου προς χαρά και ευτυχία που εμείς ήδη έχουμε βρει. Εργαζόμαστε γιά τον κόσμο να μην μείνει στο σκοτάδι.

Σε γενικές γραμμές, με όλα όσα εκθέσαμε στο θέμα αυτό, πρέπει να αγγίζουμε την καρδιά του ανθρώπου, ειδικότερα του νέου, τονίζοντας την χαρά και την ευτυχία που βρίσκουν οι χριστιανοί στον κόσμο του Χριστού. Όπως, χαρά προσευχής, εκκλησιασμού, δράσης, χριστιανικής συντροφιάς, φιλανθρωπίας, και τόσα άλλα. Ακόμη, ότι ο Χριστός ως αξία είναι η πρώτη και η μείστη!

Γι’ αυτό λοιπόν, αδιάλλακτοι με τον κόσμο, σκεπτόμενοι πάντα την μεγάλη αγάπη του Χριστού προς όλους μας. (Αποκ. 3:15-16)

*(Continued from page 6, column 2)*

Church, because these children, who today are learning Hellenism and Orthodoxy, will be tomorrow’s heads of families, worthy, regular, and active members of the Church. We will be waiting for you....

The Ellinomathia tests will take place on May 11 and 12 and the Archdiocese tests in June. Registration of the Ellinomathia tests will take place from February 1 to March 21. More information on the tests will be in the next issue of the *DOXA* and in the Church Office.

#### **Important Dates to Remember in February**

February 5 Teachers’ Meeting, 1:30pm

February 26 Apokreatiko Glendi, 5:00pm to 11:00pm

## STEWARDSHIP

BELOW IS THE FINAL LIST of the 776 families and individuals who participated in the 2010 Saint Katherine Stewardship Program and contributed \$471,293.00. Thank you for responding to the needs of our Church.

Page 15 of this newsletter has our 2011 stewardship form. If you have not yet sent a pledge, please fill out the form and send it to the office as soon as possible. Alternatively, if you wish, you may pledge online today at [www.saint-katherines.org/onlinedonations.html](http://www.saint-katherines.org/onlinedonations.html). Our Church and community depend on your stewardship commitment.

By now you should have received the report for year 2010, with most of your charitable contributions. It does not include special projects. If you have any questions, please contact Anna Vassilopoulos at [avassilopoulos@stkchurch.com](mailto:avassilopoulos@stkchurch.com) or 703-671-1515.

M/M Evangelos Abatzis	M/M Aggie Capsalis	Mrs Dorothea Davidian	M/M Evans George	M/M Dimitrios Karamanis
M/M Christ Adams	M/M Manuel Capsalis	Dr/Dr Elias Debbas	M/M George Georgeadis	M/M John Karamanis
Donald and Irenelee Adams	Ms Kiki Caracostis	M/M James Dehart	M/M Michael Georgeadis	Mrs Helen Karambelas
Mr Eric Adams	Mrs Mandy Caras	Mr George Delta	Mr Nicholas Georgeadis	M/M Nick Karanikas
Mrs Irene Adams	M/M Thomas Cardamone, Jr	M/M John Delta	Mrs Angelina Georgelas	Mrs Lula Karas
Mr Frank Agnos	M/M Sean Carney	Dr/Mrs John Demakis	Mr Nicholas Georges	M/M Peter Karounos
M/M John Agnos	Mr Alexander Carr and	Mrs Antoinette Demeres	Ms Mary Georghiu	M/M Harry Katrivanos
Dr/Mrs James Alatis	Mrs Jennifer Martin	M/M Christian Demeter	M/M Frank Gerow, Jr	Mrs Rene Katsailis
Ms Marianne Alberti	M/M Todd Carr	M/M Demetrios Demetriou	Mrs Helen Gianelos	M/M Anthony Katsakis
Ms Petrandia Alevrofias	Dr/Mrs Dumitru Carstea	Ms Elpida Demetriou	M/M Constantinos Giannoukos	M/M Eythimos Katsapis
M/M David Alexander	M/M Adam Caskey	M/M Lampros Demetriou	M/M George Gialas	M/M Dean Katsikes
Mr Nicolas Alexandropoulos	Mrs Katherine Cavallo	M/M Peter Demetriou	M/M George Kavarligos	M/M George Kavarligos and
M/M Tony Alexis	Mrs Anna Chaconas	M/M Demetrios Demson	Mr Vasiliou Kavarligos and	Mrs Demetra Tsantes
M/M Dimitri Alexson	M/M Christopher Chaconas	Ms Venetia Demson	M/M Michael Goldsmith	M/M George Kavros
M/M Peter Aliferis	Mr Paul Chaconas	Mrs Helen Derzis	M/M Arthur Gomez	M/M Michael Kavros
M/M Elias Alpos	M/M Pete Chambers	M/M James DeSatinick	M/M Chad Gorman	M/M Pete Kayafas
M/M James Anagnos	M/M Peyton Chandler	Mrs Mary Diakides	M/M Christos Gougoufkas	Mrs Anne Kaylor
M/M Larry Anagnos	M/M Demetris Charalambous	Mrs Kalliope Diapoulis	Ms Areli Gourzis	M/M Susan Kaylor
Ms Sofia Anagnos	Mrs Bessie Charuhas	M/M Nicholas Diapoulis	M/M John Gouvris	Dr Alexandra Kazakis
Mr Tasos Anastasiou and	M/M George Charuhas	Ms Georgia Dimitras	M/M Peter Gouvris	M/M George Kehaliov
Mrs Erin Edwards	Mr Telly Charuhas	M/M Alexios Dimopoulos	M/M Granville	M/M Anastasios Kehayias
Ms Helen Anderson	Miss Antonia Chelpon	M/M Arthur Dimopoulos	Mr Neofytos Gregoriou	Ms Paraskevi Keramidias
M/M John Andre	M/M Constantine Chelpon	Dr/Mrs Harry Dinella	M/M Mark Gull	M/M Michael Kikilis
Mr Alexandros Andreou	Miss Ekaterina Chelpon	Mr and Dr Stephen Dinos	Mrs Christina Kehayia Hadigian	M/M Dennis King
Anonymous	M/M Harry Chelpon	M/M Brad Donaldson	M/M Andreas Hadjichristodoulou	Mr Paul Kiritsis
M/M Paul Anson	Rev/Presv Theodore Chelpon	Ms Nickie Donas	Ms Thecla Hadjidamianou	M/M Mike Kiro
M/M Tasie Anton	M/M Louis Cherpes	Mr Nicholas Dopuch	M/M George Hadjikyriakou	M/M Thomas Kiszka
Mrs Voula Antonaiou	M/M Mark Cherpes	M/M John Doulis	Mr Membere Haile	M/M Panagiota Kitsanas
Mr Nick Antonopoulos	Mr and Ms Peter Cherpes	Mr/Dr Steven Doulis	M/M John Hall	M/M Hasan Kocahan and
M/M John Apergis	M/M Emmanouel Chiaparas	Mrs Mary Drakoulis	M/M Donald Halstead	Mrs Stella Stenson
Mr Steven Apergis	M/M Herve Chignon	M/M Ethimos Drosos	M/M Daniel Haner	M/M Konstantinos Kohilas
Mr Pericles Apostolou	Mrs Emerald Chiotlakis	Mr Peter Drosos	M/M Leonidas Hantzopoulos	M/M Nicholas Kokales
M/M Dennis Argerson	M/M John Chipouras	M/M Stavros Drosos	M/M Antigone Harocopoulos	M/M Andreas Kokkinis
Dr/Mrs Nicholas Argerson	M/M Louis Cholakis	Mr Tony Drosos	M/M Peter Hatzis	M/M Costas Kolas
Mr James Argodale	Ms Afrodite Christ	Mr Roger Duclous	Ms Georgia Higley	M/M Alexandros Kolovos
M/M Nektarios Athanasiou	Mrs Helen Christ	M/M William Dukas	M/M Bryan Holloway	Mr Nicholas Kolovos
M/M Mitch Aydlette	M/M George Christacos	Mrs Nicolitsa Economou	Mrs Agoritsa Holmes	M/M Peter Kolovos
Mrs Panagiota Bakatsias	Dr Nicole Christacos	Mr Paul Economou	Mr Steve Hondros	Mrs Barbara Kolios
Capt/Mrs James Ballard	M/M Stavros Christacos	Mrs Catherine Edgington	M/M Keith Horenstein	M/M George Konstas
M/M James Ballis	M/M Christos Christodoulou	M/M Scott Edwards	M/M James Howard	M/M Panos Konstas
M/M Konstantinos Balos	M/M Constantis Christofi	Miss Angelique Edwards	M/M Dennis Hughes	M/M George Kontzias
Mr Richard Bambacous	Dr/Mrs Andrew Christopher	M/M Christos Elefantis	M/M Andreas Ioannou	Mrs Sousana Kontzias
Mr Arthur Bambalis	M/M Stavros Christopoulos	M/M Peter Ellis	Mrs Hariklia Ioannou	Mr Zachary Kontzias
Dr/Dr George Banks	M/M Aristotle Christou	Ms Stephanie Engelhardt	M/M Iacovos Ioannou	Mr Zachary Kontzias
Mrs Sophie Barfield	M/M Chris Christou	M/M James Eskinzes	Mrs Angeline Ionedes	Mr Vitali Kopylov
Mr James Batistas	M/M Christos Christou	M/M Christopher Euripides	M/M James Jatrass	M/M Christos Kosmakos
Mrs Hope Bazaco	M/M Paul Christou	Mr Kyriacos Charlie Euripides	Mr James Jeweler	M/M George Kosmakos
M/M Tom Beck	Mr Aristotelis Chronis	Mr Richard Euripides	M/M John Jeweler	M/M Sotirios Kospanos
Dr Dean Bellas	M/M Athanasios Chronis	M/M Emmanouel Fattahi	Ms Kim Johnson	M/M George Kostolampros
M/M Matthew Benard	Mr Themistocles Chronis	Ms Rosemary Filou	M/M Timothy Johnson	M/M Ted Kosturos
M/M Hristos Berbills	Miss Ljiljana Ciric	M/M Dennis Floros	M/M Gregory Joiner	M/M Konstantinos Koukides
M/M George Bilidas	Mrs Mirjana Ciric	Mr George Floros	Dr Subir Jossan and Mrs Eleni Boosalis	M/M John Koukis
Mr Lampros Bisbikis and	M/M Charles Cogar	M/M Pete Floros	Mr Benjamin Jurado and	Mrs Marika Koumanelis
Mrs Georgia Siosios	Mrs Nadia Cominidris	M/M Stephanos Flossos	Mrs Smaragda Strifas	M/M George Koumarianos
M/M George Bistis	Mr Constantine Constant	Mrs Diane Kavros Fogarty	Mr Christ Kacyannakis and	Mr Teddy Koumarianos
Mr Basil Boobas	Mrs Froso Constant	M/M Steven Fontana	Mrs Nancy Thompson	M/M Stanley Koussis
M/M George Boosalis	Dr/Mrs James Constantine	Ms Despina Foster	Mrs Jamie Kajoras	Ms Annette Koustenis
Mr Peter Boosalis	Mrs Ileana Constantinescu	Mr Spiros Fotelargias	Mrs Irene Kakaviatos	Mr Canstantinos Koustenis
M/M James Bouloukous	Dr George Contis	M/M Vasiliou Fotinos	Mr Kalamatianos and	Mrs Maria Koustenis
M/M Theodore Bousbouras	Ms Constance Contompasis	Mrs Vasiliki Fotopoulou	Mrs Adamopoulos	Dr/Mrs Panos Koutrouvelis
Mr Bouzis and Mrs Papadopoulos	M/M Harry Contos	M/M James Francis	M/M James Kalaris	Ms Georgia Koutsaris
M/M James Brackman	Mrs Argergy Cooke	M/M Stephen Francis	Mr Mark Kalaris	M/M Gregoris Kozakos
Mr Brackney and Mrs Galifianakis	Ms Christine Cope	Mr Demetrios Gadonas	M/M Christopher Kalavritinos	M/M Christine Kriithades
M/M Matthew Bradley	Dr Susan Coronis	M/M Dimitrios Gadonas	Mrs Maria Kalls	M/M Peter Kulic
M/M John Brewster	M/M Gus Costas	Mr William Galanis	Mr Michael Kalls	M/M Ken Kunec
M/M John Broening	M/M Adamantios Coulouris	Mr Demetrios Galatis	Dr/Mrs Slergos Kaloudis	M/M John Kushner
Mr Theodoros Brolsis	M/M Gus Coullakis	M/M Richard Gamble	Ms Christina Kanakis	M/M Christina Kutschenreuter
M/M David Buddendeck	Mrs Galatia Cowan	Lt/Mrs Dennis Garbis	M/M Tom Kanakos	Dr/Mrs Andy Kydes
Mrs Theresa Burrage	Adm/Mrs Robert Cowley	M/M John Garbis	M/M John Kanellis	Mrs Alike Lagos
M/M Christopher Bursenos	Mrs Betty Craten	Ms Korinna Garbis	Mr Constan Kanellos	M/M Nicholas Lagos
M/M Bryan Burton	Ms Mary Critharis	M/M Martin Gardner	Mr John Kapelos and Mrs Niki Viglas	Mrs Maria Laliotis
M/M Elias Burton	Ms Eirosene Cummins	M/M David Garnett	Mrs Konstantina Kapelanakis	M/M Thomas Lallas
M/M B. A. Bushell	M/M Nikolaos Dais	Mr Thomas Garzloff and	Mrs Anastasia Kapranos	M/M Nicholas Lambis
M/M John Calamos	Mr Michael Dakes	Mrs Angela Goanos	M/M Bill Kapsidelis	Mr Arthur Lampros
Col/Mrs Paul Calbos	M/M Stephen Dakes	Mrs Effie Gasparis	Mr John Karabelas and	M/M Sheldon Lampert
M/M Edward Cameron	Mrs Theodosia Dampier	M/M George Gasparis	Mrs Olga Pierrakos	M/M Arthur Lampros
M/M Michael Campbell, Jr	M/M Ivan Danzig	M/M Nicholas Gasparis	Ms Koula Karabelas	M/M Michael Lampros
Mrs Catherine Speleous Canard	Dr/Mrs Nicholas Darzentia	M/M Chris Gavras	M/M Apostolos Karageorge	
Mrs Gisella Caparell	Mr Lycurgus Davey	M/M Demetrios Gellios	M/M Peter Karageorge	
M/M John Capelanakis	M/M Michael Davey	Mrs Aspasia Georgatatos		

(Continued on page 13)

(Continued from page 12)

M/M Frank Landry, III  
Mr Nicholas Larigakis  
Mr Mark Latsios  
Ms Anna Lecos  
Mr Vassilios Lekkas and  
Mrs Maria Vouras  
M/M Spiro Lekoudis  
M/M John Lemonides  
Ms Nicole Leontsinis  
Mr Nick Liappis  
Mr Nikolaos Liappis and  
Mrs Maria Papadopoulou  
M/M Konstantinos Lialtos  
Mrs Bessie Ligelis  
Ms Elaine Ligelis  
Ms Tina Ligelis  
Mrs Georgina Lindroth  
Ms Kristine Lindroth  
Ms Julie Lippmann  
M/M David Lobue  
Mr Logman and Mrs Katsenes Logman  
M/M James Loizou  
M/M James Loizou  
Mrs Koula Lolos  
M/M Michael Loutakis  
M/M Kyriacos Loutsios  
M/M George Louvis  
M/M Robert Lower  
M/M Klaus Luthardt  
Mrs Patricia Lyristis  
M/M Allen Lyubinsky  
Mr Joseph Macekura  
Ms Maria Makredes  
Mrs Aspasia Makrigiorgos  
M/M Nikolaos Makrigiorgos  
Mr G. Makris  
Mr Christopher Malagisi  
Miss Gaye Mallis  
Ms Rebecca Malone  
Dr Thomas Mandes  
Dr/Mrs Spiros Manolias  
M/M George Manoleras  
Mrs Lena Manos  
Mr/Ms Tamer Mansour  
M/M Constantinos Mantziaras  
Ms Athanasia Mantzouranis  
M/M Brandon Maples  
M/M Gus Maris  
Dr Joan Markessini  
M/M James Marko  
Mr Jeffrey Maroulis  
Mr Martin and Mrs Gouvousis  
Mrs Anne Masters  
Mrs Stasia Mastorakis  
M/M Georgios Mavromatakis  
Mr Constantinos Mavromatakis  
M/M William McCarthy  
M/M Donald McFadden  
M/M James McGrath  
M/M Gregory McKinney  
M/M David Mentis  
M/M Peter Mentis  
M/M Yianni Michalakis  
Mr and Ms Gary Michel  
M/M Peter Michalis  
M/M Brett Miller  
Mrs Kathyeen Milton  
Ms Joanna Minogianis  
Mrs Stella Miranda  
M/M Usama Misleh  
Mrs Evdokia Mitchell  
M/M Louis Mitchell  
Mr Andreas Mitsingas  
Mr Scott Mooney and  
Mrs Eleanor Galifianakis  
Ms Jane Moore  
M/M William Moore  
M/M George Moratis  
Mrs Paraskevi Morlock  
Mr George Morris  
M/M Ralph Morris  
M/M John Moschopoulos  
Mrs Anna Moshos  
Mr George Moshos  
M/M Gus Moshos  
M/M James Moshos  
Ms Tina Moshos  
Dr/Mrs Argirios Moustakas  
M/M Nikolaos Moustakas  
Maj and Mrs Matthew Mowery  
Mr Emanuel Mpras  
Mr/Dr Michael Mpras  
M/M Nicholas Mpras  
Ms Mary Mulekom  
M/M Nicholas Myseros  
Ms Miltzi Natsios  
Maj/Mrs Sean Neagle  
Dr/Mrs Peter Neff  
M/M Daryoush Nejadian  
Mrs Iro Nestoros  
Mrs Erma Nettles  
Mr Paul Neubelt  
M/M John Newton  
M/M Veldon Newton  
M/M Demetrios Nicholakis  
M/M Christopher Nicholaou  
Dr/Mrs George Nichols  
Mr George Nicolaides  
Ms Virginia Nicolaidis  
Mr/Ms Clayton Nightingale  
Mr Greg Nightingale  
Mrs Nadia Nikas  
Dr/Mrs Constantine Nonas  
Mrs Catalina Novac and Mr Igor Bosnjak  
Mr Edwhar Nunez and Mrs Maria Anastasiou  
M/M Bryan O'Shaughnessy  
Mrs Roula Oktay  
M/M George Opacic  
Ms Anastasia Orfanoudis  
M/M Crystllos Orphanides  
Mr Evan Owen and  
Dr Joanna Athanasopoulos  
M/M Nick Padgiotis  
M/M Anthony Pagonis  
M/M Kyriakos Pagonis  
M/M George Panagakos  
M/M Demetrios Panagopoulos  
Mr Panagopoulos and Mrs Thiakouli  
M/M Alkis Panagoulas  
Mr John Panagoulas  
M/M George Panteleos  
M/M Nikolaos Panteleos  
M/M Chris Papachristos  
Mr John Papadopoulou  
Mr Panagiotis Papadopoulos  
Mr Achilleas Papaefthemiou  
Mrs Maria Papageorgiou  
Capt/Mrs Michael Papageorgiou  
Dr E.C. Papailias  
Mrs Anastasia Papailios  
M/M Nicholas Papaloizou  
Ms Crystallo Papamichael  
Ms Daphne Papamichael  
Mrs Mamie Papamichael  
Dr/Mrs Alexander Pappas  
M/M George Pappas  
M/M Panayiotis Pappasavvas  
M/M Gus Papatathanasiou  
M/M Dennis Papatathanasopoulos  
Mrs Agatha Papatathanasiou  
Ms Maria Papatathanasiou  
M/M Michael Papazoglou  
M/M Athanasios Pappas  
Dr/Mrs Chris Pappas  
Dr/Mrs Sam Pappas  
M/M Jim Paras  
Dr/Mrs Steve Parasidis  
M/M Haralabos Paraskevopoulos  
M/M Michael Parrish  
M/M Charalambos Pashiardis  
M/M Christos Passakos  
Ms Maria Passakos  
M/M Costas Patsalosavvis  
M/M Paul Pattak  
Ms Alexandra Pattaras  
M/M Andrew Pavlakos  
Mr Andrew Pavlakos  
Rev/Presv Costas Pavlakos  
Mr Christopher Pavlakos  
M/M Gregory Pehlivanis  
M/M Nick Pekatos  
Mrs Katherine Pergola  
Mrs Kathy Pesavento  
M/M John Petalas  
Mrs Eili Petrova  
Col/Mrs Daniel Peyser  
Mrs Catherine Pherr  
Dr/Mrs Dean Phass  
Mrs Loiza Pieri  
Mr Bryan Pietrzyk and  
Mrs Akriyi Angelakis  
M/M Demetrios Piktallidas  
M/M Euripides Piktallidas  
M/M Kostas Piktallidas  
Mr Dean Pilarinos  
Mrs Frances Pilarinos  
Mr Jerry Pnevmatikatos  
M/M Bill Polizos  
M/M John Polizos  
M/M Spyridon Polyzos  
M/M Manolis Ponirakis  
Mr John Pors  
M/M William Porter, Jr  
Mr Pete Poulos  
Mr Demetrios Preston  
M/M James Procopis  
M/M Cary Prokos  
Mrs Sylvia Psarakis  
M/M Nicholas Psaros  
M/M George Psihas  
M/M Anthony Quebral  
M/M Stephen Rader  
M/M Michel Rafellis  
Dr/Mrs Demosthenes T. Rantis  
M/M Theofanis Rantis  
Mrs Kathy Rice  
Dr/Mrs Jerry Rich  
Dr/Mrs Harris Riris  
Dr/Mrs Adel Rizkalla  
M/M George Roiniotis  
M/M Dimitri Romais  
M/M Gregory Romanis  
M/M Douglas Rosenburg  
M/M Emanuel Rouvelas  
Mrs Evangelia Sabbarese  
M/M Leonidas Sakell  
M/M Anastasios Sakkas  
M/M William Salavantis  
Ms Stephanie Samergedes  
M/M Panagiotis Sapountzis  
Ms Natasha Saputo  
Mrs Kenia Sarantis  
Ms Christina Sarris  
M/M George Sarris  
M/M Michael Sarris  
M/M Milton Sarris  
Mr Nicholas Sarris  
M/M George Jr Sauter  
Mrs Kalliope Sauter  
Dr/Mrs George Scordalakes  
Mrs Katherine Scourby  
Mrs Ann Sedor  
M/M John Seward  
Mr Jon Sheldon and  
Mrs Tina Papamichael  
Mr Eric Shiffelt and Ms Lilyanna Peyser  
M/M Panos Staliats  
Mr Perry Staliats  
M/M George Sifakis  
Dr George Silis  
M/M Panagiotis Silis  
Mrs Katherine Simmons  
M/M Andrew Sirpis  
Mr Christopher Skenteris  
M/M Jordan Skenteris  
Mr and Dr George Smaragdīs  
M/M John Smaragdīs  
M/M Eleftherios Smirniotopoulos  
Mrs Helen Snear  
Lt/Mrs Michael Sneider  
Mrs Sophie Soffos  
Mr Frank Sofocleous  
M/M James Solles  
M/M Gregory Soler  
Mr Peter Soukas  
M/M George Souliotis  
Mrs Theodora Souliotis  
Ms Anastasia Soumbeniotis  
M/M Georgios Spanos  
M/M Harry Spanos  
Ms Helen J. Spanos  
M/M John Spanos  
Ms Stella Spathopoulos  
M/M Dennis Spirdes  
M/M James Spirdes  
M/M Evangelos Spyridakis  
M/M Eleftherios Spyridis  
M/M Nicholas Spyros  
M/M Louis Stack  
Mrs Vasiliki B. Stafiliatos  
Ms Panorea Staller  
M/M Nick Stames  
M/M John Stamos  
M/M Apostolos Stamoulas  
Ms Maria Stamoulas  
Ms Stephanie Stanga  
Mrs Helen Stassinou  
M/M Odysseus Stassinou  
M/M Peter Stathis  
M/M George Stathopoulos  
M/M Gregory Stavrou  
Dr/Dr William Steele  
M/M Nikolaos Stefanias  
M/M Ioannis Stefanopoulos  
M/M Peter Stefanou  
M/M Demetrios Stergiou  
Mr and Ms Ken Stewart  
M/M James Sloucker  
Dr/Mrs Tom Stoumbos  
Mr Clifford Stouts  
M/M Evangelos Stoyas  
M/M Vasilios Stratakos  
Rev and Mrs Milan Sturgis  
M/M Tommie Summers  
M/M Gus Svolis  
M/M Marcus Talbot  
M/M Panagiotis Taousakis  
M/M Pierre Tavoularis  
M/M Mark Taylor  
Mrs Mary Tetradis  
M/M Peter Tetradis  
M/M Leonidas Theodorakoglou  
Ms Nathalie Theodorakoglou  
Mr Theodorakoglou and Mrs Muffoletto  
M/M Athanasios Theodoropoulos  
M/M Craig Thomas  
M/M James Thomas  
M/M Gene Thornton  
Mrs Andromachi Timotheou  
Dr/Mrs John Topping  
Mr Angelo Toutis  
Mr Thomas Toutis  
Mr Christakis Trahilli  
Dr/Mrs Michael Trahos  
M/M Basil Trikas  
Mr Paul Tripathi and  
Mrs Chrysanthe Gaitatzes  
Dr Basil Tripsas  
Ms Sophia Tsangali  
Dr/Mrs Michael Tsaposo  
Mrs Angelika Tsatsakis  
M/M George Tsemपालes  
Mr John Tsemपालes  
Mrs Anna Tsimbidis  
Mrs Helen Tsiintolas  
M/M Kostas Tziferis  
M/M Constantine Tzafolias  
M/M Themis Tzamaras  
M/M Peter Tzitzis  
M/M Craig Underhill  
Mrs Marie Unkle  
M/M Thomas Vaccarello  
Ms Ann Vaffis  
Dr/Mrs Charles Valases  
Ms Nikki Valavanis  
Mr Peter Vamvakaris  
Col/Mrs Nicholas Vamvakias  
Ms Catherine Vangelou  
M/M Christopher Vargas  
M/M Stratis Varlas  
Ms Christine Varoutsos  
Hon/Mrs George Varoutsos  
Mrs Olga Varoutsos  
M/M Dennis Vassilopoulos  
M/M George Vassilopoulos  
M/M Stelios Vatikiotis  
M/M Ramon Vazquez  
Mr George Veletsis  
M/M Stavros Veletsis  
Col/Mrs James Velezis  
Ms Martha Velezis  
M/M Chris Velisaris  
M/M Pete Veltsistas  
M/M Larry Visos  
Mr John A. Vlachos  
Mr Peppino Vlanes  
M/M Vasilios Voliotis  
M/M Demetris Voudouris  
Mrs Nausika Vouvalis  
M/M Sakellarios Vouvalis  
Rev/Presv Stanley Voyiaziakis  
M/M George Vroustouris  
M/M Colin Waitt  
Mr Christos Wallace  
Mrs Galatia Whittemore  
Mr Carter Wilkinson and  
Mrs Andrea Gevas  
M/M Donald Willis  
M/M George Woglom  
M/M William Wolf  
Mrs Eleni Wolpert  
Mrs Deatra Wood  
Mr Jack Wuerker and Mrs Effie Triarhos  
Mr Peter Xeliferis  
Mrs Elaine Xenos  
Mrs Aiki Xepapas  
M/M Panagioti Xereas  
Mrs Dimitra Yowell  
Mrs Irene Yvannidis  
M/M Nikolaos Zacharatos  
Ms Lee Zachos  
Mrs Mary Zakia  
M/M Angelos Zaloumis  
M/M Nicholas Zangos  
M/M Elias Zarkadoulas  
M/M Manuel Zavolas  
M/M Nicholas Zavolas  
M/M Stratis Zervos  
Capt/Mrs Christos Zirps  
M/M John Ziu  
M/M Mihail Ziu  
Mr Peter Ziu  
M/M Theodore Zois  
M/M Panagiotis Zoutis  
M/M Athanasios Zuppas

## ATTENTION ALL PARENTS OF INFANTS AND TODDLERS!

If you are interested in having a nursery during the second (or only) liturgy on Sundays, please contact Martha Lemonides at [marthalemonides@aol.com](mailto:marthalemonides@aol.com) or 703-599-1386. We will run the nursery as a coop, so there will be minimal commitment.

## SATURDAY OF SOULS (ΨΥΧΟΣΑΒΒΑΤΟΝ)

SATURDAY OF SOULS (OR PSYCHOSAVVATON) is a day set aside for commemoration of the dead. There are several Saturdays of Souls in the ecclesiastical year. The Saturday of Souls is observed on the two Saturdays before Great Lent begins, the Saturday after Great Lent begins, and the Saturday before Pentecost. This year, the dates for the Saturdays of Souls are February 26, March 5, March 12, and June 11. Saturday is a traditional day for prayer for the dead because Christ lay dead in the Tomb on Saturday.

A Divine Liturgy is celebrated on each Saturday of Souls. For this liturgy, we prepare a piece of paper, make a cross at the top of it and write the names of family members and friends who have fallen asleep in the Lord. This paper is given to the priest who will read all the names and pray for these souls during the Liturgy and the memorial service. (You may use the form below.)

Koliva, boiled wheat, is brought to church for the memorial service. The koliva is placed on a table in front of the icon of Christ on the iconostasion (icon screen). A wheat seed, which does not look alive, when planted in the ground, becomes a living plant. This is symbolic of those beloved departed who have died in the hope of resurrection, in accordance with the words of Saint Paul, "So also is the resurrection of the dead...it is sown a natural body, it is raised a spiritual body (I Corinthians 15:42, 44).



*With the Saints give rest, O Christ, to the soul of Your servant, where there is no pain, nor sorrow, nor suffering, but life everlasting. Among the spirits of the righteous perfected in faith, give rest, O Savior, to the soul of Your servant. Bestow upon it the blessed life which is from You, O loving One.*



### A MEMORIAL PRAYER ON THE SATURDAYS OF SOULS ΨΥΧΟΣΑΒΒΑΤΟΝ



February 26, March 5, and March 12

We are called to pray for those who have fallen asleep in the Lord on the Saturdays of Souls (February 26, March 5, and March 12). Please take time to prepare a list of deceased loved ones for whom you wish the priests to pray.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____





# Become a 2011 Steward of Saint Katherine Today!



In faith, prayer, and sacrifice, my family and I wish to share in the support and work of our Greek Orthodox Church of Saint Katherine. Out of our love and gratitude to God for all His blessings, we would like to pledge the amount of

\$ \_\_\_\_\_ for the year 2011 Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone and e-mail address: \_\_\_\_\_

Με πίστη, προσευχή και θυσία, η οικογένειά μου και εγώ επιθυμούμε να συμμετάσχομε στην υποστήριξη και υπηρεσία της Ελληνικής Ορθοδόξου Εκκλησίας Αγ. Αικατερίνης. Από αγάπη και ευγνωμοσύνη στον Θεό για τις ευλογίες Του, θα θέλαμε να υποσχεθούμε το ποσόν των

\$ \_\_\_\_\_ για το έτος 2011 Ημερομηνία (σημερινή): \_\_\_\_\_

Όνομα: \_\_\_\_\_

Διεύθυνση: \_\_\_\_\_

Πόλη, Νομός, Ταχ. Κώδικας: \_\_\_\_\_

Τηλέφωνο και Διεύθυνση e-mail: \_\_\_\_\_

*Abraham Lincoln's Life in Music*, a performance program by Elizabeth Smith Brownstein and MSG Laura Knutson, will be presented on February 5, 2011, 4:00pm, in the Meletis Charuhas Cultural Center.

This free concert is open to the public.



4711 Lee Hwy., Arlington, Virginia 22207

Phone: 703/528-2464

Fax: 703/528-1719

**GeriatricCare®**  
MANAGEMENT, INC.

Individualized Services for the  
Elderly and Disabled

## Solving the Care Management Puzzle

Our team of dedicated Care Managers are  
Certified and hold Masters Degrees in  
Social Work.

**SERVICES INCLUDE:**

- Care Management
- Counseling/Consultation Services
- Coordination of Services & Care Providers
- Friendly Visitor/Shopping & Delivery Service
- Bill Paying, Claims Services & Entitlements
- Monitoring Visits
- Housing, Relocation & Downsizing
- "Plan Now, Care Later"

Phone 703.313.6114  
Toll Free 888.313.6114  
Fax 703.313.7815

email [gcm@geriatricare.net](mailto:gcm@geriatricare.net)  
[www.geriatricare.com](http://www.geriatricare.com)

Offering Licensed Home Health Care (see ad page XX)



**Stephanie I.  
Thomopoulos**

- Board Certified Diplomat in Clinical Social Work
- Licensed in DC, MD and VA
- Certified Advanced Social Work Case Manager
- Member:
  - National Assoc. of Professional Geriatric Care Managers: Current Mid-Atlantic Chapter President
  - National Association of Social Workers
  - Va. Guardianship Assoc.



Serving the entire Washington D.C.  
Metropolitan Area

## 3rd Annual Greek Orthodox Parish of Loudoun County TASTE OF GREECE

Ashburn Volunteer Fire Rescue Department, Founder's Hall  
20688 Ashburn Road, Ashburn, VA 20147

<b>FRIDAY January 28</b> 4:00PM – 9:00PM	<b>SATURDAY January 29</b> 11:00AM – 9:00PM	<b>SUNDAY January 30</b> 11:00AM – 7:00PM
---	--	--

(We will be serving snow or shine!)



Enjoy a variety delicious Greek dishes including:  
Gyros, Souvlaki, Pastitsio, Spanakopita, Greek salad, Baklava.  
Kids meals available.

**FREE ADMISSION ■ FREE PARKING**  
Come for lunch. Stay for dinner. Take out available.



ATTENTION: All Loudoun County employees, Loudoun County School employees, Loudoun County Law Enforcement employees and Fire and Rescue Personnel: Present your badge and receive a \$1.00 discount on all plates ordered. For more information visit [www.GreekOrthodoxLoudoun.org](http://www.GreekOrthodoxLoudoun.org) or e-mail: [GOPC@gmail.com](mailto:GOPC@gmail.com).

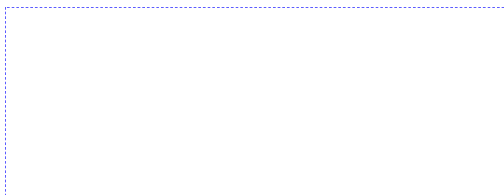


**SAINT KATHERINE  
GREEK ORTHODOX CHURCH**

www.saint-katherines.org  
3149 Glen Carlyn Road | Falls Church, VA 22041

*Return Service Requested*

Non-Profit Org.  
U. S. POSTAGE  
**Paid**  
Falls Church, VA  
Permit No. 19



ATTENTION POSTMASTER:  
*Please expedite. Dated material.*



**SUNDAY SERVICES**

8:00am Divine Liturgy  
9:30am Orthros  
10:30am Divine Liturgy

**CATECHETICAL (SUNDAY) SCHOOL CLASSES**

9:30am Nursery - 12th Grade  
9:30am Adult (in board room of M/C Center)  
9:30am Journey to Orthodoxy (in Founders' Hall)

**WEEKDAY BIBLE STUDY**

7:30pm Tuesdays  
9:45am\* Saturdays (\*after liturgy on February 26)

**WOMEN'S BOOK CLUB**

10:30am Wednesdays, February 9 and 23

**WEEKDAY SERVICES IN FEBRUARY**

9:00am Orthros  
10:00am Divine Liturgy

02, Wednesday Presentation of our Lord in  
the Temple  
10, Thursday Haralambos the Martyr  
26, Saturday 1st Saturday of Souls\*

*\*Please complete the form on page 12  
with the names of deceased loved ones  
for whom you wish the priests to pray.*



Fr. Costa will lead a trip to Hellenic College/Holy Cross Greek Orthodox School of Theology in Brookline, Massachusetts (just outside of Boston) from March 4 through March 6. We will visit the school and go to the famous Faneuil Hall Marketplace. Seminarians will give us a tour of the campus, lead us in discussion, and spend time with us. We will visit Holy Transfiguration Monastery, too. **ALL TEENAGERS OF OUR COMMUNITY ARE INVITED TO PARTICIPATE.** Parents are also welcome, but the teenagers have priority. This is a perfect time to retreat from our everyday lives because it falls right before Great Lent begins with Clean Monday on March 7. Fr. Costa will provide a letter to your school so that your absence will be excused. Please e-mail Presv. Pauline at [przpauline@stkchurch.com](mailto:przpauline@stkchurch.com) if you are interested in this trip.