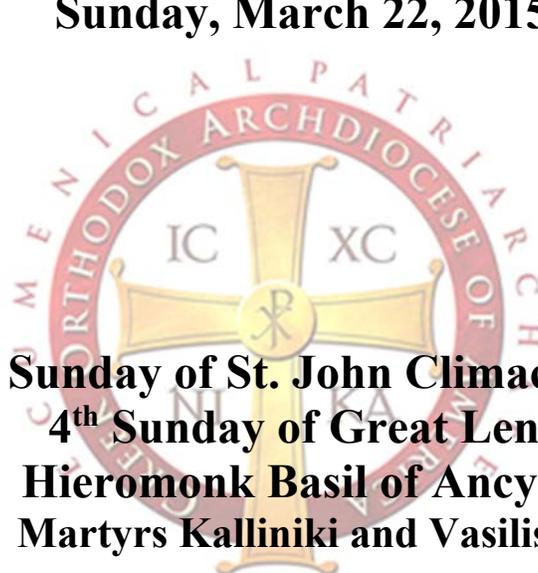


Saint Katherine Greek Orthodox Church

Sunday, March 22, 2015



Sunday of St. John Climacus
4th Sunday of Great Lent
Hieromonk Basil of Ancyra
Martyrs Kalliniki and Vasilissa

Apolytikion of the Day (4th Plagios Tone)

You descended from on high O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Εξ ὕψους κατήλθες ο εὐσπλαγχνος, ταφὴν κατεδέξω τρίήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιούχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δύναμι. Καὶ νυν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι τὸ μέγα ἔλεος.

Kontakion of the Day (4th Plagios Tone)

Your city sings to you a song of victory, and offers thanks to its defender and deliverer, for sparing it from trials, O Theotokos. But because you have the power invincible, from a multitude of dangers liberate me, so that I may cry out to you: Hail, Bride, who knew no bridegroom.

Τὴ Ὑπερμάχῳ Στρατηγῷ τα νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφῃ σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἐχούσα τὸ κράτος ἀπροσμάχητον, ἐκ παντίων με κινδύνων ἐλευθέρωσον, ἵνα κράζω σοι: Χαίρε, Νύμφη, ἀνύμφευτε.

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Epistle Reading

*The Lord will give strength to his people.
Bring to the Lord, O sons of God, bring to the Lord honor and glory.
The reading is from Saint Paul's Letter to the Hebrews.*

Hebrews 6:13-20

Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have field for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Gospel Reading

Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting."

They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."



SAVE THE DATE! Back by popular demand! Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration – Reservations are now being accepted for Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration. Please bring your family and join all your friends on Easter Sunday, April 12th at 12:30pm for your Easter meal, music, and lots of fun! Tickets are \$40 for adults and \$25 for children under twelve. Your ticket includes appetizers, roast lamb on the spit meal with sides, dessert, and beverages (cash bar for beer/wine). Make your reservations now and don't miss out. Please contact Mallamo Mavromatakis at (703) 830-0224 or minoanone@gmail.com or the church office at 703-671-1515 to join the fun!

KAIROS Prison Ministry – There will be a second cookie baking event in support of the KAIROS 4-day event to be held at the Greensville Correctional Center, Jarratt, Virginia. The baking of the cookies will be Sunday, March 29, 2015 after the second Liturgy. It is our goal to bake about 200 dozen cookies and would like about 15 volunteers.

Reminder! AHEPA and Daughters of Penelope Metro Scholarships Applications and instructions for submission are available at the Saint Katherine Church Office. Application deadline for graduating seniors is the first week of April each year. Donation deadline for this year's scholarships is the third week of April. Donor contact information is also available at the Church Office. The event will be held Sunday, May 17, 2017.

Dear Parishioners and Friends of St. Katherine, in an effort to locate Greek Orthodox Christians who have been born in Constantinople and later emigrated to various parts of the world, our Ecumenical Patriarchate has reached out to our Holy Metropolis for assistance. If you and/or family members were born in Constantinople please contact the Church Office and leave your contact information with Sophia.

Embassy of Greece – On the occasion of the National Day of Greece The Ambassador of Greece Christos Panagopoulos invites the Greek American community to an Open House Reception on Wednesday, March 25, 2015 at 6:30-8:30 p.m., 2217 Massachusetts Ave., NW, Washington, DC 20008).

Announcements

Memorial Service is offered this morning for **Katherine (Kay) Scourby**, mother of Helene Sirpis and Alex Scourby. May her memory be eternal! **Coffee Hour** is sponsored this morning by the Sirpis and Scourby Families in memory of their beloved mother, Katherine (Kay) Scourby.

A Doxology will be offered this morning on the commemoration of March 25th 1821 Greek Independence Day. This morning, we welcome the Dignitaries of our Greek Embassy. They are: Mr. Theodosios Vallas, Economic and Commercial Counsellor, Defense Attache Col. Evangelos Papadopoulos, Air Attache Col. Ioannis Mpirmpilis, Col. Ioannis Theodosiou, Lt.Col. Ioannis Argyriadis, Lt.Col Georgios Vergidis, and Lt.Col. Dimosthenis Giannikos.

Philoptochos Easter Bake Sale will take place this morning, March 29 following the second Divine Liturgy; Sunday, April 5 following both Liturgies; and Holy Wednesday, April 8 following the Holy Unction. Delicious tsoureki, koulourakia, kourambiethes, melomakarona, diples, baklava, kataifi, spanakopita, tiropita, pastitsio, moussaka. To place your order(s), please contact Mary Varlas at lpbakesale@yahoo.com or (703) 965-4161. Make checks payable to *St Katherine Ladies Philoptochos* & mail to *St Katherine Philoptochos, 3149 Glen Carlyn Road, Falls Church, VA 22041*.

St. John Chrysostom Oratorical Festival – This morning, Sunday, March 22, 9:30 a.m. for grades 4th to 12th. If you are interested please see Diane Quebral at (703) 963-5814 or dkquebral@gmail.com.

Parents are reminded that children are not allowed to play on the stage in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

Prometheas Greek Independence Day Celebration – This year the Prometheas Greek Independence Day Celebration will take place in our Saint Katherine Community Center, this afternoon at 5:30 p.m. Keynote Speaker: Dr. Panagiotis Roilos, The George Seferis Chair, Harvard University. Topic: *The Ancients and the Moderns: Adamantios Koraes, The Enlightenment, and the Greek Revolution*". The program will be dedicated to Adamantios Koraes and will include the presentation of Evzones from Baltimore, demotic songs performed by our St. Katherine's choir, and Greek folk dances performed by the Return to Origins dance troupe. Reception will follow.

St. Katherine's Greek School and Paideia Preschool March 25th Program will take place on Saturday, March 28, 2015 in the Meletis Charuhas Center at 10:00 a.m.

New Candle Prices – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - \$10; large white candles - \$5; small candles -\$1 (no change). Prices are effective in April.

Byzantine Music Lenten Concert – The Greek Orthodox Metropolis of New Jersey will be offering a Byzantine Music Lenten Concert in our church on Saturday of Lazarus, April 4 at 6:00 p.m. This beautiful, solemn and prayerful event, the goal of which is to assist us spiritually as we prepare to once again experience the sacred and holy week of the Passion, has been prepared by the Byzantine Choir, under the direction of the Metropolis Protopsaltis, Dr. George Bilalis. You are all welcome to attend.

John C. Kulis Charitable Foundation – The John C. Kulis Charitable Foundation, ("Kulis Foundation"), is excited to announce the availability of scholarships for the 2015-2016 academic year. Last year the Kulis Foundation provided over \$250,000 in scholarship funds to students. The Kulis Foundation is a 501 (c)(3) non-profit foundation organized, in part, to support educational scholarships for members of the Eastern Orthodox faith and the Hellenic community. Please visit our new website, www.kulisfoundation.org, to view the eligibility requirements for each of our six scholarship programs and download applications. The following scholarship programs are available: Undergraduate & Graduate Program, St. Philip the Deacon Seminarian Program, Dr. John C. Kulis Medical School Scholarship, Students in Sciences Scholarship, and Karasia Kulis Advanced Degrees in Health Sciences Scholarship. General information at infor@kulisfoundation.org.

The 2015 Saint Katherine Vacation Bible Camp (sponsored by AHEPA Chapter #438) will take place June 22 – 26, 2015, 10:30 a.m. – 2:00 p.m., ages 4-14. Vacation Bible Camp is a unique opportunity for our Orthodox youth to come together in order to enhance their understanding of our faith. This year we'll explore the Great Feasts of the Church dedicated to the life and ministry of Christ. There is a \$30.00 fee per child. Please make checks payable to St. Katherine Greek Orthodox Church and note VBC on the memo line. For information, please contact Vicki Mowery, 703-913-3178 or mowerycrew@gmail.com or Eleni Porter, 703-91309629 or bepporter1@verizon.net. Registration forms are available at the narthex.

Helle Chapter invites the St. Katherine Community to attend a speaker presentation on Sunday, April 19th, immediately following second Liturgy. We are delighted to welcome Jan King, a motivational speaker, humorist, author and breast cancer survivor. Her inspirational presentation will be held in the lecture room across from the board room and a light lunch will be provided. We hope you will join us.

HEC will offer a 7-week period of summer fun to 3 - 5 year-old children in our Summer Camp Program, June 29 - August 14, 7:30 a.m. - 3:30 p.m. For more information, please contact the director at ealexopoulou@stkchurch.com.

Church Services

Monday, March 23	Great Compline – Μέγα Απόδειπνον 7:00 p.m., Holy Confession – Ιερά Εξομολόγησις 6:00 p.m.
Wednesday, March 25	The Annunciation – Τον Ευαγγελισμό , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Friday, March 27	The Akathist Hymn – Ο Ακάθιστος Ύμνος 7:00 p.m.
Sunday, March 29	St. Mary of Egypt – Της Μαρίας της Αιγυπτίας 5th Sunday of Great Lent – Ε΄ Κυριακή των Νηστειών Divine Liturgy 8:00 a.m., and 10:30 a.m., Orthros/Youth and Adult Catechism 9:30 a.m.
Monday, March 30	Great Compline – Μέγα Απόδειπνον 7:00 p.m., Holy Confession – Ιερά Εξομολόγησις 6:00 p.m.
Wednesday, April 1	Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 7:00 p.m.
Saturday, April 4	Saturday of Lazarus – Σάββατο του Λαζάρου , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m. Fold palms into crosses Byzantine Music Lenten Concert 6:00 p.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney
Protos-Psalter – James Loizou 703-356-8220
Choir Director – John Doulis 703-670-4386
Catechetical School – George Charuhas 703-999-2109
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakas 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Demetrios Karounos 703-321-3009
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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church