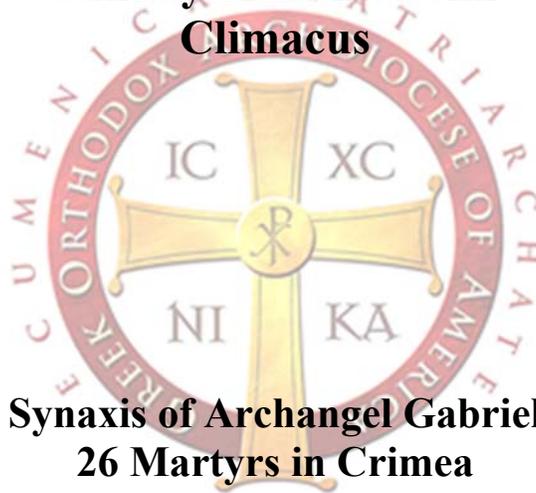


# Saint Katherine Greek Orthodox Church

Sunday, March 26, 2017

Sunday of Saint John  
Climacus



Synaxis of Archangel Gabriel  
26 Martyrs in Crimea

## *Apolytikion of the Day (Grave Tone)*

-**Thou didst abolish death** by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

-**Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον**, ἠνέφξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

## *Apolytikion of Saint Gregory Palamas (4<sup>th</sup> Plagal Tone)*

-**With the rivers of your tears**, you have made the barren desert fertile. Through sighs of sorrow from deep within you, your labors have borne fruit a hundred-fold. By your miracles you have become a light, shining upon the world. O John, our Holy Father, pray to Christ our God, to save our souls.

-**Ταῖς τῶν δακρῦων σου ροαῖς**, τῆς ἐρήμου τό ἀγονον ἐγεώρησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατόν τούς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστήρ, τῆ οἰκουμένη λάμπων τοῖς θαύμασι, Ἰωάννη Πατὴρ ἡμῶν, Ὅσιε, Πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

## *Apolytikion of Saint Katherine the Great Martyr (1<sup>st</sup> Tone)*

-**The all-blessed bride of Christ** let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

-**Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν**, Αικατερίναν τὴν θεῖαν καὶ πολιούχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δυνάμει. Καὶ νυν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι το μέγα ἔλεος.

## *Kontakion of the Day (4<sup>th</sup> Plagal Tone)*

-**To you, Theotokos**, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

-**Τῇ ὑπερμάχῳ** στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

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## *Epistle Reading*

*The Lord will give strength to his people.  
Bring to the Lord, O sons of God, bring to the Lord honor and glory.  
The reading is from St. Paul's Letter to the Hebrews.*

**Hebrews 6:13-20** – BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

## *Gospel Reading*

**Mark 9:17-31** – At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

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**St. Katherine's Bookstore** – If you have items you would like to donate to the Bookstore, feel free to bring them by the bookstore. Consider purchasing a new icon this Lent. We will be discounting our in-stock icons 15 percent. Our stock includes many beautiful icons of Christ, the Theotokos, major saints, and guardian angels. Credit card payments accepted.

**Scholarship Opportunity for Graduating Seniors!** The 2017 Washington Metropolitan Area AHEPA/DOP Scholarship Application is available now in the Church Office. Completed Applications are due March 31st. Donor applications are also available. Awards will be presented at the Annual Banquet in May 2017. For more information, please contact Karen Polizos, (571) 434-7790.

**Young Adults** – We will participate in the Lenten Outreach/Project Lazarus Ministry, March 31-April 1.

**Vacation Bible Camp June 26th – 30th, 2017** – "Going for the Gold!" is the theme of St. Katherine's VBC 2017 and we will be covering the Feasts of the Triumph of Christ and His Church. The camp is for ages 4-14 and will run from 10:30 a.m. – 2:00 p.m. The cost is \$30/child including lunch daily. A registration table will be set up after Liturgy on March 12th and 19th in the community center lobby. Please have your payment ready – registration is not complete until payment is received. Checks should be made out to: St. Katherine's Greek Orthodox Church with "VBC 2017" in the memo line. Forms are also available online on our website. Payment may be given directly to Eleni Porter, placed in the Sunday school mailbox, or mailed to 6811 Bluefield Court, Springfield, VA 22152. Refer questions to Eleni Porter at [bepor1@verizon.net](mailto:bepor1@verizon.net) or 703-470-9992.

## Announcements

**Memorial Services** are offered this morning for **Carol Myrta Manolas**, mother of Stavroula Alachnowicz and Costas Manolas; and for **Meletios Sarris**, husband of Mrs. Irene Sarris, and father of Marina, Eleni and Christina. May their memory be eternal!

**Coffee Hour** is sponsor this morning by the Alachnowicz and Manolas families in memory of their beloved mother mother, Carol Myrta Manolas.

**Memorial Coffee Hour Procedure** – If you would like to sponsor the coffee hour in memory of your loved one, a donation of \$175.00 is required. This includes coffee set-up, 100 koulourakia, 100 paximathia, putting koliva in cups, and clean-up after the event. Please remember to schedule the memorial service with the Church Office and mail your check at that time. Checks should be made payable to *Saint Katherine Greek Orthodox Church*.

A **special tray** will be passed this morning by our Ladies Philoptochos for the needy. Thank you and God bless you all us at Saint Katherine's!

**Philoptochos regular meeting** this morning immediately following the Divine Liturgy downstairs in the Board room of the Meletis/Charuhas Center.

**MANAGE YOUR GIVING ONLINE** – We are pleased to announce that you can now manage your giving online! Giving online is easy and allows you to set up automatic recurring contributions and view your complete online giving history from anywhere you have access to the Internet. Simply follow these easy steps:

- 1) Visit the church website at <http://saint-katherines.org>
- 2) Click on the **Online Donation** button,
- 3) Click on the Create Profile button, then
- 4) Follow the onscreen instructions to create an online profile and to schedule your recurring contributions.



To reach the online giving page using your smartphone or tablet, simply scan our QR code to sign up and start giving. Our new **Giving Kiosk** is also available in the Narthex for your convenience.

**Sunday (Catechetical) School** – Saint John Chrysostom Oratorical Festival, Grades 7-12, at the Chelpon's Hall following the Divine Liturgy, at 12:00 p.m.

**Women's Book Club** – Please join us on Wednesday, March 29, and April 26, 2017 at 10:30 a.m. to noon at the Meletis Charuhas Center in the room two doors from the church office. We are reading "The Prayer of St. Ephrem the Syrian". This book is not available a reasonable price because it is out of print but the author sent us a PDF copy to print for the club. If you are interested in reading this book then please contact Despina Raizes to get a copy. It's not too late to join the club. For further information contact Despina Raizes at [2draizes@gmail.com](mailto:2draizes@gmail.com) or (703) 216-8176.

**Project Lazarus** – Once again the Saint Katherine community will distribute 200 bags filled with basic clothing, personal care items and food to our brothers and sisters who are living on the streets of the DC area on Saturday, April 1<sup>st</sup>. Please make donations to this very worthy community project. Please contact Daphne Papamichael at [Cyprusd@aol.com](mailto:Cyprusd@aol.com).

**Prometheas March 25<sup>th</sup> Program** – This afternoon, 5:30 p.m. at St. George, Bethesda, MD - The Hellenic Organizations of the Washington Metropolitan Area invite you to a celebration of *The 196<sup>th</sup> Anniversary of the Greek War for Independence*. Keynote Speaker: Mr. Dimitrios Angelosopoulos, Counselor, Embassy of Greece. The program is dedicated to the American Philhellenes and will include recitation of poems and Greek folk dances. Reception will follow.

**March 25<sup>th</sup> Greek Independence Day Parade** – Sunday, April 2, 2:00 p.m., in front of St. Nicholas, Baltimore, MD.

## Church Services

Monday, March 27

*Confession* 6:00 p.m., *Compline* 7:00 p.m.

Wednesday, March 29

*Presanctified Liturgy* 7:00 p.m.

Friday, March 31

*The Akathist Hymn* 7:00 p.m.

Sunday, April 2

*Sunday of St. Mary of Egypt* – Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.

Monday, April 3

*Confession* 6:00 p.m., *Compline* 7:00 p.m.

Wednesday, April 4

*Presanctified Liturgy* 7:00 p.m.

Saturday, April 8

*Saint Lazarus* – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, April 9

*Palm Sunday* -1<sup>st</sup> D. Liturgy 8:00 a.m., Orthros 9:30 a.m., 2<sup>nd</sup> D. Liturgy 10:30 a.m.  
*Bridegroom Service* 7:00 p.m.

*Sunday Services:* Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. *Week Day Services:* Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

**Offertory Prayer.** O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

**Προσευχή Προσφοράς.** Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

[http://www.saint-katherines.org/about\\_us/sunday-bulletins](http://www.saint-katherines.org/about_us/sunday-bulletins)



METROPOLIS OF  
NEW JERSEY

### Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Velezis  
Protos-Psalter – James Loizou 703-356-8220  
Choir Director – Nick Kyros (703) 981-2526  
Catechetical School – Bill Porter 703-901-2404  
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360  
YAL President – Faye Anson 703-437-5747  
GOYA President – Panos Lagos 703-241-1176  
JOY – Vaitsa Bousbouras, [vsbousbouras@yahoo.com](mailto:vsbousbouras@yahoo.com)  
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Please visit our website at:

[www.saint-katherines.org](http://www.saint-katherines.org)

Facebook: Saint Katherine Greek Orthodox Church