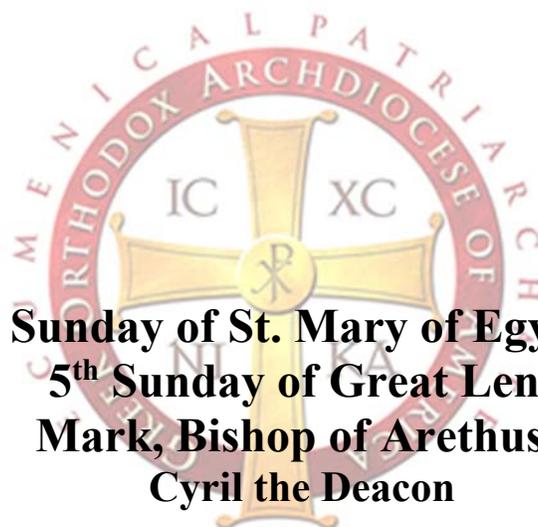


Saint Katherine Greek Orthodox Church

Sunday, March 29, 2015



Sunday of St. Mary of Egypt
5th Sunday of Great Lent
Mark, Bishop of Arethusa
Cyril the Deacon

Apolytikion of the Day (1st Tone)

The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. For this reason were the powers of heaven crying out to you, O Life giver. Glory to Your resurrection, O Christ, glory to Your eternal rule, glory to Your dispensation, only One who loves mankind.

Του λίθου σφραγισθέντος υπό των Ιουδαίων, και στρατιωτών φυλασσόντων το άχραντόν σου σώμα, ανέστης τριήμερος Σωτήρ, δωρούμενος τω κόσμω την ζωήν. Διά τούτο αι Δυνάμεις των ουραμών εβόων σοι Ζωοδότα. Δόξα τη αναστάσει του Χριστέ, δόξα τη βασιλεία σου, δόξα τη οικονομία σου, μόνε Φιλάνθρωπε.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομπούς των ασεβών, του Πνεύματων τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

O Protection of the Christians unashamable, mediation to the Creator immovable, despise not, the pleading voices of those in sin, but hasten O good one, to the help of all of us, who in faith cry out to you. Speed up your intercession, and press on your supplication, O Theotokos, who always protect, all those who honor you.

Προστασία των χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε. Μη παρίδης αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον, ως αγαθή, εις την βοήθειαν ημών, των πιστώσ κραυγαζόντων σοι. Τάχυνον εις πρεσβείαν, και σπύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε, των τιμώντων σε.

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Epistle Reading

*Make your vows to the Lord and perform them.
God is known in Judah; His name is great in Israel.
The reading is from Saint Paul's Letter to the Hebrews.*

Hebrews 9:11-14

Brethren, when God appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Gospel Reading

Mark 10:32-45

At that time, Jesus taking the twelve again, he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise."

And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."



SAVE THE DATE! Back by popular demand! Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration – Reservations are now being accepted for Saint Katherine's 2nd Annual Traditional Greek Easter Picnic/Celebration. Please bring your family and join all your friends on Easter Sunday, April 12th at 12:30pm for your Easter meal, live music, and lots of fun! Tickets are \$40 for adults and \$25 for children under twelve. Your ticket includes appetizers, roast lamb on the spit meal with sides, dessert, and beverages (cash bar for beer/wine).

Make your reservations now and don't miss out. Please contact Mallamo Mavromatakis at (703) 830-0224 or minoanone@gmail.com or the church office at 703-671-1515 to join the fun!

Easter RAFFLE – We are pleased to announce our first annual Saint Katherine Easter raffle. Grand prize is a **MAGNIFICENT SHARP AQUOS 65" Full HD LED Smart TV**. Drawing will be held at the Easter Lamb Roast, but **you need not be present to win!** Tickets are \$10.00 each or 3 for \$20.00 and are available in the Church office and will be sold after Liturgies on Sunday. All proceeds go to our Church.

KAIROS Prison Ministry – There will be a second cookie baking event in support of the KAIROS 4-day event to be held at the Greensville Correctional Center, Jarratt, Virginia. The baking of the cookies will be today, March 29, 2015 after the second Liturgy. It is our goal to bake about 200 dozen cookies and would like about 15 volunteers.

Reminder! AHEPA and Daughters of Penelope Metro Scholarships Applications and instructions for submission are available at the Saint Katherine Church Office. Application deadline for graduating seniors is the first week of April each year. Donation deadline for this year's scholarships is the third week of April. Donor contact information is also available at the Church Office. The event will be held Sunday, May 17, 2017.

Dear Parishioners and Friends of St. Katherine, in an effort to locate Greek Orthodox Christians who have been born in Constantinople and later emigrated to various parts of the world, our Ecumenical Patriarchate has reached out to our Holy Metropolis for assistance. If you and/or family members were born in Constantinople please contact the Church Office and leave your contact information with Sophia.

Announcements

Memorial Services are offered this morning for **Christos Pieri**, husband of Mrs. Pezounou Pieri and father of Petros and Marios; for **Kostas and Eugenia Poulos**, and **James Poulos**, parents and brother of Pete Poulos; for **John Harocopos**, husband of Mrs. Antigone Harocopos, and father of Anna Maria and George; for **Giannoula Veltsistas**, mother of Themis (Connie), Panagiotis (Demetra), Nick (Carillon), and Paraskevi (Thomas); and for **Nancy Parady**, mother of Eleni Pashiardis. May their memory be eternal! **Coffee Hour** is sponsored this morning by the Pieri, Poulos, Harocopos, Veltsistas, and Pashiardis families in memory of their loved ones.

Saturday of Lazarus Feed the Homeless Project – On April 4 we will, once again, provide meals to the homeless in the DC area. **Today's second tray** will allow us to prepare the meals and to include a gift card that can be used to obtain additional food. We thank you for your generosity and support to help those in need.

Philoptochos Easter Bake Sale will take place this morning, March 29 following the second Divine Liturgy; Sunday, April 5 following both Liturgies; and Holy Wednesday, April 8 following the Holy Unction. Delicious tsoureki, koulourakia, kourambietes, melomakarona, diples, baklava, kataifi, spanakopita, tiropita, pastitsio, moussaka. To place your order(s), please contact Mary Varlas at lpbakesale@yahoo.com or (703) 965-4161. Make checks payable to *St Katherine Ladies Philoptochos & mail to St Katherine Philoptochos, 3149 Glen Carlyn Road, Falls Church, VA 22041.*

Palm Sunday Family Fish Luncheon will be held next Sunday (Palm Sunday), April 5, immediately after both Divine Liturgies. Psari cod plaki, rice, role of bread and Greek salad, beverages. Donation: \$15.00 per person. Pasta dish available for children: \$7.00. Carry out orders will also be available after both Liturgies.

Parents are reminded that children are not allowed to play on the stage in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

New Candle Prices – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - \$10; large white candles - \$5; small candles -\$1 (no change). Prices are effective in April.

Byzantine Music Lenten Concert – The Greek Orthodox Metropolis of New Jersey will be offering a Byzantine Music Lenten Concert in our church on Saturday of Lazarus, April 4 at 6:00 p.m. This beautiful, solemn and prayerful event, the goal of which is to assist us spiritually as we prepare to once again experience the sacred and holy week of the Passion, has been prepared by the Byzantine Choir, under the direction of the Metropolis Protopsaltis, Dr. George Bilalis. You are all welcome to attend.

Diaper Collection for Local Food Pantries, April 5 – We will again have our semi-annual diaper drive on Palm Sunday, April 5, 2015. Collections will take place in the foyer of our Community Center. Please bring unopened packages for newborn to 6. No pull ups please. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants. Thank you and God bless you.

Save the date: Metropolitan DC Orthodox Mission and Outreach Mission Dinner – The Metropolitan DC Orthodox Mission and Outreach Committee is again sponsoring a Mission dinner, to be held at St. Katherine, on Sunday, April 26, 2015. 5:00 p.m. Pan-Orthodox Vespers, 5:30 p.m. Hors d'oeuvres, and 6:00 p.m. Dinner and Presentation, to benefit the OCMC, the International Orthodox Mission and Evangelization organization. Please consider coming, to the banquet. The speaker is Very Rev. John Chakos, Missionary to Guatemala, who will speak on "*Orthodoxy in the Guatemalan Highlands: a light shines brightly*". The tickets are \$55.00 for adults; for those under 22, \$30.00; children under 6 are free; get a table for 10 for \$500.00. The reservation deadline is April 21, 2015. Points of contact are: Dr. John Demakis, demakis9931@gmail.com; Skip Mersereau, jwmster@gmail.com or Betty Slanta, slanta@verizon.net. Enclose check and mail to St. Katherine, 3149 Glen Carlyn Rd., Falls Church, VA 22041. Check payable to *St. Katherine Greek Orthodox Church*, note: Mission Banquet.

The 2015 Saint Katherine Vacation Bible Camp (sponsored by AHEPA Chapter #438) will take place June 22 – 26, 2015, 10:30 a.m. – 2:00 p.m., ages 4-14. Vacation Bible Camp is a unique opportunity for our Orthodox youth to come together in order to enhance their understanding of our faith. This year we'll explore the Great Feasts of the Church dedicated to the life and ministry of Christ. There is a \$30.00 fee per child. Please make checks payable to St. Katherine Greek Orthodox Church and note VBC on the memo line. For information, please contact Vicki Mowery, 703-913-3178 or mowerycrew@gmail.com or Eleni Porter, 703-91309629 or beporter1@verizon.net. Registration forms are available at the narthex.

Helle Chapter invites the St. Katherine Community to attend a speaker presentation on Sunday, April 19th, immediately following second Liturgy. We are delighted to welcome Jan King, a motivational speaker, humorist, author and breast cancer survivor. Her inspirational presentation will be held in the lecture room across from the board room and a light lunch will be provided. We hope you will join us.

HEC will offer a 7-week period of summer fun to 3 - 5 year-old children in our Summer Camp Program, June 29 - August 14, 7:30 a.m. - 3:30 p.m. For more information, please contact the director at ealexopoulou@stkchurch.com.

Church Services

Monday, March 30	Great Compline – Μέγα Απόδειπνον 7:00 p.m., Holy Confession – Ιερά Εξομολόγησις 6:00 p.m.
Wednesday, April 1	Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 7:00 p.m.
Saturday, April 4	Saturday of Lazarus – Σάββατο του Λαζάρου , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m. Fold palms into crosses Byzantine Music Lenten Concert 6:00 p.m.
Sunday, April 5	Palm Sunday – Κυριακή των Βαΐων 1 st Liturgy 8:00 a.m., Orthros 9:30 a.m., 2 nd Liturgy 10:30 a.m. Bridegroom Service – Ακολουθία Νυμφίων 7:00 p.m.
Holy Monday, April 6	Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 9:30 a.m. Bridegroom Service – Ακολουθία Νυμφίων 7:00 p.m.
Holy Tuesday, April 7	Pre-Sanctified Liturgy – Προηγιασμένη Λειτουργία 9:30 a.m. Bridegroom Service – Ακολουθία Νυμφίων 7:00 π.μ.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney
Protos-Psalter – James Loizou 703-356-8220
Choir Director – John Doulis 703-670-4386
Catechetical School – George Charuhas 703-999-2109
Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakos 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Demetrios Karounos 703-321-3009
JOY – Toula Christou 703-533-0055
HOPE – Vaitsa Bousbouras vsbousbouras@yahoo.com



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Please visit our website at:

www.saint-katherines.org

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