

Saint Katherine Greek Orthodox Church



Sunday, April 1, 2012
5th Sunday of Great Lent

Saint Mary of Egypt
Αγίας Μαρίας της Αιγυπτίας

Apolytikion of the Day (1st Plagios Tone)

The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. For this reason were the powers of heaven crying out to You, O Life-giver. Glory to Your resurrection, O Christ; glory to Your eternal rule; glory to Your dispensation, only One who love mankind.

Του λίθου σφραγισθέντος υπό των Ιουδαίων και στρατιωτών φυλασσόντων το άχραντόν Σου σώμα, ανέστης τριήμερος Σωτήρ, δωρούμενος τω κόσμω την ζωήν. Διά τούτο αι δυνάμεις των ουρανών εβόων σοι Ζωοδότα. Δόξα τη αναστάσει σου Χριστέ, δόξα τη βασιλεία σου, δόξα τη οικονομία σου, μόνε Φιλάνθρωπε.

Apolytikion of St. Katherine the Great Martyr (1st Plagios Tone)

The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν, ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και ως μάρτυς του Κυρίου στεφθείσα, αιτείται πάσι, το μέγα έλεος.

Kontakion of the Day (2nd Tone)

O protection of the Christians unashamable, mediation to the Creator immovable, despise not, the pleading voices of those in sin, but hasten O good one, to the help of all of us, who in faith cry out to you. Speed up your intercession, and press on your supplication, O Theotokos who always protect, all those who honor you.

Προστασία των χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε, μη παρίδης, αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι. Τάχυνον εις πρεσβειαν, και σπεύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε, των τιμώντων σε.

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Epistle Reading

*Make your vows to the Lord and perform them.
God is known in Judah; his name is great in Israel.*

St. Paul's Letter to the Hebrews 9:11-14 - BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Gospel Reading

Mark 10:32-45 - Sunday of St. Mary of Egypt - At that time, Jesus taking the twelve again, he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Wisdom of the Church Fathers

But let no man be troubled at the apostles being in such an imperfect state. For not yet was the cross accomplished, not yet the grace of the Spirit given. But if thou wouldest learn their virtue, notice them after these things, and thou wilt see them superior to every passion.

For with this object He reveals their deficiencies, that after these things thou mightest know what manner of men they became by grace. ... No one shall sit on His right hand nor on His left.

For that throne is inaccessible to all, I do not say to men only, and saints, and apostles, but even to angels, and archangels, and to all the powers that are on high. ... But for whom is it prepared? For them who could become distinguished by their works.

Seest thou how they were all in an imperfect state, when both these were lifting themselves up above the ten, and those envying the two? But, as I said, show me them after these things, and thou wilt see them delivered from all these passions.

Hear at least how this same John, he who now came to Him for these things, everywhere gives up the first place to Peter, both in addressing the people, and in working miracles, in the Acts of the Apostles. And he conceals not Peter's good deeds, but relates both the confession, which he openly made when all were silent, and his entering into the tomb, and puts the apostle before himself.

Let us then become lowly, that we may be high. For most utterly doth arrogance abase. ... Abraham saith, "I am dust and ashes," and prevailed over countless barbarians, and having fallen into the midst of Egyptians, returned, bearing a trophy more glorious than the former, and, cleaving to this virtue, grew ever more high.

St. John Chrysostom, Homily 65 on Matthew 20, 2,3,4,6. B#54, pp.399-401,403.
4th Century

Announcements

Memorial Services are offered this morning for **Lambros Veltsistas**, husband of Mrs. Irene Veltsistas, and father of Maria, Elena and Christina; for **Irene and Polydoros (Paul) Adams**, parents of Helen Trahos; for **Eugenia Poulos**, mother of Pete Poulos; for **Dimitrios Poulos**, brother of Pete Poulos; for **John Harocopos**, husband of Mrs. Antigone Harocopos and father of George and Anna Maria; and for **Catherine Kakadelis**, sister of Mrs. Irene Moshos. May their memory be eternal!

Coffee Hour is sponsored this morning by the Veltsistas, Trahos, Poulos, Harocopos, and Moshos families in memory of their loved ones.

Ministry Spotlight - Today we begin a new program whereby organizations and ministries of our community are afforded an opportunity to further participate in the life of the Church by serving as ushers during the 2nd Liturgy. The **Peter N. Derzis AHEPA Chapter 438** is first to serve us in this capacity. This AHEPA Chapter has served our community with great devotion for over 40 years and has contributed immensely to our Church, both financially and otherwise with scholarship programs and multiple other initiatives designed to benefit our community and the well-being of others. AHEPANs are passionate about their community and invite anyone interested to join them. Contact Angelo Toutsis for more information at antovi@verizon.net, (703) 281-0843.

Prosporo – If you can make prosporo for Divine Liturgy, please call Mrs. Niki Papasavva at (703) 764-9746.

GOYA is selling ads for their Tournament (April 21-22) Ad Book through April 6. Please contact Mrs. Campbell at frangool23@yahoo.com if you want to place an ad or see her after Liturgy most Sundays. The cost is \$50.00 for a full-page ad, \$30.00 for a half-page ad, and/or \$25.00 for a business card-sized ad.

Annual AHEPA Scholarship Awards – The 43rd Annual Washington Metropolitan Area Scholarship Awards program is accepting applications from high school seniors affiliated with the AHEPA family or the Greek Orthodox Church in the greater DC area. Please contact Karen Polizos at (571) 434-7790 or at polik@cof.org.

The St. Katherine 2012 Vacation Bible Camp will take place this year from June 25-June 29. Registration begins Sunday, February 19. Please contact Daphne Papamichael at cyprusd@aol.com or Christina Vazquez at czvmail@aol.com. Applications are available in the Narthex and they can be emailed to you electronically.

St. Katherine Summer Camp for 3-5 year-olds–July 9-August 17, Monday-Friday, 9:00 a.m. to 3:30 p.m. for wild adventure, fun activities, lively music and dance. **Space is Limited**, register by **April 30**. Contact M. Papathanassiou at director@gopaideia.org or (703) 671-7715.

The Daughters of Penelope will hold their 4th Annual Tea on Sunday, April 29 at 2:00 p.m. at the Meletis Charuhas Center. If you are interested in attending, please contact Elvira Garnett (703) 425-3675, Kathy Cavallo (703) 978-1539 or Jane Moore (540) 371-8108. \$35.00 payable to DOP Helle Chapter #283. Reservations taken until Sunday, April 15th. No tickets sold at the door. Raffle tickets will be sold after all Liturgies on Sunday, April 8th and Sunday, April 22nd.

OCMC Benefit Banquet on Saturday, April 28 in Founder's Hall; Fr Martin Ritsi, OCMC Executive Director is the featured speaker. Tickets before April 10, \$50 each, \$60 thereafter; under 18: \$30 and under 6 free. Contact Gregory McKinney at dintym@hotmail.com or Skip Mersereau at (301) 229-0878 jwmster@gmail.com for additional information.

Family Palm Sunday Luncheon – will be held immediately after both liturgies next Sunday, April 8, 2012. Psari plaki, rice and Greek salad, beverages. Donation: \$15 per person. Pasta dish available for children: \$6. Carry out orders will also be available after both liturgies.

Palm Sunday, April 8 – Diaper Collection for Area Food Pantries and Family Services. Please drop off a package or two of diapers (sizes newborn to six – no pull-up styles, please) in the foyer of our Community Center on Palm Sunday. Federal food assistance cannot be used to buy diapers, so this is a great help to mothers with infants. Thank you!

Church Services

Monday, April 2	<i>Holy Confession – Ιερά Εξομολόγησις, 6:00 p.m.</i> <i>Compline – Απόδειπνον, 7:00 p.m.</i>
Wednesday, April 4	<i>Holy Confession – Ιερά Εξομολόγησις, 6:00 p.m.</i> <i>Presanctified Liturgy – Προηγιασμένη Λειτουργία, 7:00 p.m.</i>
Friday, April 6	<i>The Akathist Hymn – Ο Ακάθιστος Ύμνος, 7:00 p.m.</i>
Saturday, April 7	<i>Saturday of St. Lazarus – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.</i>
Sunday, April 8	<i>Palm Sunday – Κυριακή των Βαΐων – Divine Liturgy, 8:00 a.m. & 10:30 a.m.</i> <i>Bridegroom Service – Ακολουθία Νυμφίου, 7:00 p.m.</i>
Monday, April 9	<i>Bridegroom Service – Ακολουθία Νυμφίου, 7:00 p.m.</i>
Tuesday, April 10	<i>Bridegroom Service – Ακολουθία Νυμφίου, 7:00 p.m.</i>
Wednesday, April 11	<i>Holy Unction – Το Άγιο Ευχέλαιο, 3:00 p.m., 7:00 p.m.</i>
Thursday, April 12	<i>Liturgy of St. Basil – Λειτουργία Αγ. Βασιλείου του Μεγάλου, 6:00 a.m.</i> <i>Holy Passion of Christ - Τα Άγια Πάθη, 7:00 p.m.</i>
Friday, April 13	<i>The Great Hours – Οι Μεγάλες Ώρες, 9:00 a.m.</i> <i>Apokathelosis – Η Αποκαθήλωσις, 3:30 p.m.</i>
Saturday, April 14	<i>Epitaphios - Lamentations – Ο Επιτάφιος και τα Εγκώμια, 7:00 p.m.</i> <i>Liturgy of St. Basil – Λειτουργία Αγ. Βασιλείου του Μεγάλου, 9:00 a.m.</i>
Sunday, April 15	<i>Canon Preceding the Resurrection - Ο Κανών προ της Αναστάσεως, 11:00 p.m.</i> <i>Holy Pascha – Το Άγιον Πάσχα – Agape Service, 11:00 a.m.; Easter Egg Hunt</i>

Offertory Prayer – O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς – Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis	Philoptochos – Helen Spanos (703) 536-3322
Protos-Psalter – James Loizou (703) 356-8220	YAL President – Contact Father Costas
Choir Director – John Doulis (703) 780-0560	GOYA President – Tiffani Wills (703) 948-7950
Catechetical School – Christian Demeter (703) 534-5669	JOY – Tina Papamichael (703) 536-4711
Greek School – Sophia Tsangali (703) 671-5820	HOPE – Kelly Alexis (703) 909-2256
Paideia Preschool – Maria Papathanassiou (703) 527-0942	



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church