

# Saint Katherine Greek Orthodox Church



Sunday, April 14, 2019  
Fifth Sunday of Great Lent  
Sunday of Saint Mary of Egypt

Saints Aristarchos, Pudens, and  
Trophimos  
Martyr Thomas



## *Apolytikion of the Day (1<sup>st</sup> Plagal Tone)*

Let us the faithful give praise and worship to the Logos, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for of His own goodwill he consented to ascend the cross in the flesh and endured death and raised the dead by His glorious resurrection.

Τον συνάναρχον Λόγον Πατρί και Πνεύματι, το εκ Παρθένου τεχθέντα εις σωτηρίαν ημών, ανυμνήσωμεν πιστοί και προσκυνήσωμεν. Ότι ηυδόκησε σαρκί, ανελθειν εν τω σταυρώ, και θάνατον υπομείναι, και εγειραι τους τεθνεώτας, εν τη ενδόξω Αναστάσει αυτου.

## *Apolytikion of Saint Mary of Egypt (4<sup>th</sup> Plagal Tone)*

In you, O Mother, was preserved the Divine Likeness perfectly, for you took up the Cross, and by this you did follow Christ, and by your deeds you taught us to look down on the flesh, for it passes away, while tending the soul with greatest care, for it is everlasting. And so, along with the angels your spirit sings, holy Mary of Egypt, with greatest joy.

Εν σοι Μήτηρ ακριβώς, διεσώθη το κατ' εικόνα, λαβούσα γαρ τον Σταυρόν, ηκολούθησας τω Χριστώ, και πράττουσα είδασκες, υπεροράν μεν σαρκός, παρέρχεται γαρ, επιμελήσθαι δε ψυχής, πράγματος αθανάτου. Διό και μετά Αγγέλων συναγάλλεται, οσία Μαρία, το πνεύμα σου.

## *Apolytikion of Saint Katherine the Great Martyr (1<sup>st</sup> Tone)*

Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the goddess; and being crowned as a Martyr, she now does ask great mercy for us all.

Την πανεύφημον νόμφην Χριστου υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

## *Kontakion of the Day (2<sup>nd</sup> Tone)*

The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication, as a protection for all time, Theotokos, for those who honor you.

Προστασία των χριστιανών ακατάισχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε, μη μαρίδης, αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι: Τάχυνον εις πρεσβείαν, και σπεύσον εις ικεσίαν, η προστατεύουσα αεί, Θεοτόκε, των τιμώντων σε.

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## ***Epistle Reading***

*You, O Lord, shall keep us and preserve us.  
Save me, O Lord, for the godly man has failed.  
The reading is from St. Paul's Letter to the Hebrews.*

**Hebrews 9:11-14** – BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

## ***Gospel Reading***

**Mark 10:32-45** – At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

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**OCMC Mission Banquet** – The Metropolitan Washington DC Mission and Outreach Committee will again sponsor an Orthodox Christian Mission Center (OCMC) Mission Banquet on Sunday, May 5, 2019, beginning with Vespers at 4:00 pm; appetizers and dinner program begin at 5:00 pm at St. Katherine Greek Orthodox Church 3149 Glen Carlyn Road Falls Church, VA 22041. The banquet speaker this year is the V. Rev. Lou Christopoulos, past Vice President of the OCMC. And, Dr. Michael Colburn, OCMC linguist and translator will present on how he translates liturgies into the languages of the countries where OCMC has a presence. There is a \$60 donation per person, or get a table of 10 for \$500, student rate is \$30 and children under 12 are free. Please reserve your place at the banquet by contacting Dr. John Demakis at demakis9931@gmail.com or Ms. Antonia Chelpon at achelpon@aol.com. Tickets are payable to "St. Katherine Greek Orthodox Church" memo: OCMC. There will also be a special dedication in memory of Col. Dennis J. Garbis and Mikhail & Theodora (Dottie) Ziu. Fabulous themed baskets will again be available. Please plan to donate to and support this annual banquet.

**Saint Genevieve Orthodox Christian Book Club** is currently reading "*Wounded by Love: The Life and Wisdom of Saint Porphyrios*" Copies of the book are available in the parish bookstore. Our next meeting is on Sunday May 5th following the Divine Liturgy. All are welcome and we hope to see you there. Teen babysitters are available for parents with small children. Please contact Victoria Cherpes ([victoriacherpes@gmail.com](mailto:victoriacherpes@gmail.com)) for more information.

**Daughters of Penelope Monthly Chapter Meeting** this morning after the Divine Liturgy in the Board room.

**Diaper Drive, April 21** – Palm Sunday is next Sunday, April 21st, which also means that we will be doing our semi-annual diaper collection on that date. Collections will take place in the foyer of our Community Center. Please bring unopened packages for sizes newborn to 6. No pull ups please. Federal food stamps cannot be used to buy diapers, so this is a great help to mothers with infants.



# Announcements



**Memorial Service** is offered this morning for Alekos and Maria Andreou, parents of Kostas, Andri and Iakovos. May their memory be eternal!

**Coffee Hour** is sponsored this morning by our Ladies Philoptochos.

**Palm Sunday Fish Luncheon/Stewardship Sunday April 21, 2019** – Fish dinners will be available after both Liturgies. Palm Sunday will also be Stewardship Sunday. Stewardship pledge cards are enclosed in the Easter mailing. Thank you to those who have become stewards for 2019. If you are new to our community or if you have not yet pledged to become a steward, you may do so at the Stewardship table in the Meletis Charuhas Hall after Liturgy. *“All Things are Possible to the One Who Believes in Christ.”*

**The Ladies Philoptochos** will be selling Easter Lambathes (decorated candles) this morning after Church, on Sunday, and Saturday April 20th, after the Divine Liturgy.

**The Ladies Philoptochos are collecting Greek Recipes**, in order to publish our first cookbook. Please email us your recipes at [greekrecipes@aol.com](mailto:greekrecipes@aol.com) or bring them to us at our table during the coffee hour.

**Philoptochos Easter Bake Sale** will take place this morning after Church and on Saturday, April 20. There will be NO Bake Sale on Palm Sunday and Holy Week.



**Our Capital Campaign** begun in September to address the abundant needs of our community. We solicit your support and encourage your prayerful consideration of this most worthy endeavor in support of “our families, our church, our future.” Please contact us at [capcampaign@stkchurch.com](mailto:capcampaign@stkchurch.com) with your questions.

**JOURNEY TO ORTHODOXY** – The “Journey to Orthodoxy” class for adults meets at 9:00 a.m. Sunday (concurrently with the youth Sunday School before 10:00 a.m. Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis [demakis9931@gmail.com](mailto:demakis9931@gmail.com) or Jim Jatras [heraclius13@gmail.com](mailto:heraclius13@gmail.com), 202-375-1007.

**Catechetical Lectures of Saint Cyril of Jerusalem** – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Tuesday at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

**Adult Bible Study** – This year’s topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or [polizos@att.com](mailto:polizos@att.com). Everyone welcome!

**Kandilia (Luminaries) – An Easter Tradition at Saint Katherine** – Let us light the processional pathway for the Epitapion on Holy and Great Friday evening. Purchase Kandilia in memory of, in honor of, and/or for the health of your loved ones - \$10.00 each. One individual, or one family name per bag. *Please see enclosed flyer.*

**GOYA** - Thank you all for your very generous support for our Breakfast fundraiser! We all enjoyed fellowship and delicious food. A big THANK YOU to Mike Lampros, our chef, and all our volunteers! For more information, email [SaintKatherineGOYA@aol.com](mailto:SaintKatherineGOYA@aol.com).

