

Saint Katherine Greek Orthodox Church



Sunday, May 5, 2019
Saint Thomas Sunday

**Saint Irene the Great Martyr of
Thessaloniki**
**Saints Neophytos, Gaius, and
Gaianus**



Apolytikion of the Great and Holy PASCHA (1st Plagal Tone)

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζωήν χαρισάμενος.

Apolytikion of Saint Thomas (Grave Tone)

O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. And though the doors had been bolted, You came to Your disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy.

Τῇ φιλοπράγματι δεξιᾷ, τὴν ζωοπάροχόν σου πλευράν, ὁ Θωμᾶς ἐξηρεύνησε Χριστὲ ὁ Θεός· συγκεκλεισμένων γὰρ τῶν θυρῶν ὡς εἰσηλθες, σὺν τοῖς λοιποῖς Ἀποστόλοις ἐβόα σοι· Κύριος ὑπάρχεις καὶ Θεός μου.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν τὴν θείαν καὶ πολιοῦχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομπσοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δυνάμει. Καὶ νυν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πάσι το μέγα ἔλεος.

Kontakion of the Day (4th Plagal Tone)

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες ἀθάνατε, ἀλλὰ τοῦ Ἄδου καθεῖλες τὴν δύναμιν, καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος. Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

Epistle Reading

Great is our Lord, and great is his power. Praise the Lord, for the Lord is good.

The reading is from the Acts of the Apostles.

Acts 5:12-20 – In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Gospel Reading

John 20:19-31 – On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe."

Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

The Saint Genevieve Orthodox Book Club meets today at 12:30 p.m. following the fellowship hour in the small conference room. We are discussing Part I of *Wounded by Love: The Life and Teachings of Saint Porphyrios*. All are welcome! Please contact Victoria Cherpes, victoriacherpes@gmail.com for more information.

GOYA – Christos Anesti! Upcoming basketball tournaments: Saint Demetrios Baltimore, May 4-5; Annapolis, May 11-12. Next Youth Sunday/Meeting/Elections is May 19. For more information, email: SaintKatherineGOYA@aol.com.

"Paideia preschool is looking to hire an assistant for the summer program (Paideia Preschool) July 1-August 23. For more information, please contact the director at ealexopoulou@stkchurch.com."

Saint Katherine Spring Festival – June 7, 8 and 9, 2019 – Traditional foods, drinks and deserts, arts and crafts, live music and dancing. The link to volunteer is: <https://signup.com/go/KfnpVFz>. For more information, please contact Andrea Ballard at 703-250-5419 or andreaballard@verizon.net.

The Hellenic Society of Constantinopolitans invite you to a musical tribute to: *The Fall of Constantinople, Queen of Cities*, presented by Saint Sophia's Greek Orthodox Cathedral, Saturday, May 11, at 6:30 p.m. More info/tickets/questions/comments to: hsondc@yahoo.com.



Announcements



Χριστός Ανέστη! Αληθώς Ανέστη! -- Christ is Risen! Truly He is Risen!

Heart to Heart – This morning, the Ladies Philoptochos will be offering a Continental Breakfast to be served in the Chelpon Hall after the Divine Liturgy. This fundraiser will be for our brothers and sisters in Greece and Cyprus. Everyone is invited. In case you cannot join us, please mail your contribution to *Saint Katherine Ladies Philoptochos* with *Heart to Heart* in the memo line.

Saturday June 1st is our annual Ladies Philoptochos Luncheon at Nostos restaurant in Vienna, VA. Prepaid reservations are accepted by Mary Varlas 703-965-4161. No payment at the door.

The Ladies Philoptochos are collecting Greek Recipes, in order to publish our first cookbook. Please email us your recipes at greekrecipes@aol.com or bring them to us at our table during the coffee hour.

Ladies Philoptochos General Meeting will take place on Sunday May 19, in the board room after Divine Liturgy. Elections will be held the same day.

JOURNEY TO ORTHODOXY – The “Journey to Orthodoxy” class for adults meets at 9:00 a.m. Sunday (concurrently with the youth Sunday School before 10:00 a.m. Divine Liturgy) in the Seniors’ Kentro room on the ground floor of Founders’ Hall. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. Informal discussion format, text provided. For further information contact the teachers, John Demakis demakis9931@gmail.com or Jim Jatras heraclius13@gmail.com, 202-375-1007.

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Tuesday at 7:15 p.m. in the Board Room. This includes time for discussion and fellowship.

Adult Bible Study – This year’s topic is *Who We are and What We Believe: A Journey through Examination of the Orthodox Faith Guided by the Words of the Nicene Creed*. The objective will be to broaden the understanding of our own Orthodox faith and deepen our spiritual outlooks. We will explore the significance of the Creed for how we live our faith now as individuals and as “one, holy, Catholic, and Apostolic Church.” Classes are held every Sunday at 9:00 a.m. in the board room of the Meletis Churuhas Center. For more information or questions, please contact Bill Polizos at 571-434-7790 or polizos@att.com. Everyone welcome!

Summer 2019 VBS – This year’s theme is *Traveling the Ark of Salvation* and we will be learning about the life of Theotokos. Camp is in session the week of August 5-9 and is for ages 5-14 and will run from 10:00 a.m. – 2:00 p.m. The cost is \$30/child and includes lunch daily. A registration table will be set up after Liturgy May 12th in the community center lobby. Checks should be made out to: *St. Katherine’s Greek Orthodox Church* with “VBS 2019” in the memo line. Registration forms are also available online on our website. Payment may also be given directly to Victoria Cherpes or placed in the Sunday school mailbox. Refer questions to Victoria Cherpes at victoriacherpes@gmail.com. Looking forward to see your kids at camp!

Attention Parishioners! When attending church services and events at our church, kindly please park your car properly within the designated parking space lines in the parking lot. This will prevent loss of a space for someone else to park their car. *Thank you!*

The Hellenic Society Prometheas invites you to a lecture by Georgios Tsimpoukis, Archaeologist, Hellenic Ministry of Culture and Sports, *Approaching the Divine: Life and Art on Mount Athos*, May 10, 2019, 8:00 p.m., St. George, 7701 Bradley Blvd., Bethesda, Maryland.

Church Services

- Sunday, May 12 *Sunday of the Myrrh-Bearing Women* – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Mother's Day
- Sunday, May 19 *Sunday of the Paralytic* – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Sunday School Graduation following the Divine Liturgy
- Tuesday, May 21 *Saints Constantine and Helen, Equal-to-the Apostles* – Orthros 9:30 a.m.; Divine Liturgy 10:30 a.m.
- Sunday, May 26 *Sunday of the Samaritan Woman* – Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
- Monday, May 27 *Memorial Day – Trisagion Prayers* at the National Memorial Park Cemetery 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. -- Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolytes – Niko Porter 703-901-2404
Protos-Psalter – Nicholas Mpras 703-560-7714
Choir Director – John Slanta 703-307-0142
Catechetical School – Bill & Eleni Porter 703-901-2404
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Mary Varlas 703-965-4161
YAL President – Faye Anson 703-437-5747
GOYA President – Maria Sarantis,

effie@sarantisproperties.com

JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com

HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

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