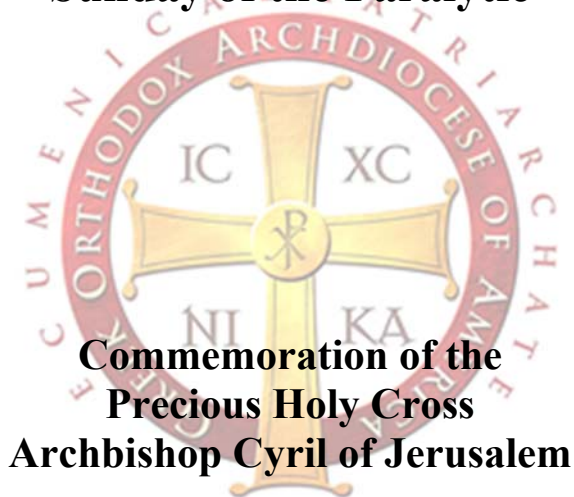


Saint Katherine Greek Orthodox Church

Sunday, May 7, 2017
Sunday of the Paralytic



**Commemoration of the
Precious Holy Cross
Archbishop Cyril of Jerusalem**

Apolytikion of Great Holy Pascha (1st Plagal Tone)

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός ανέστη εκ νεκρών, θανάτω, θάνατον πατήσας, και εν τοις εν τοις μνήμασι ζώνη χαρισάμενος.

Apolytikion of the Day (3rd Tone)

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αικατερίναν την θεϊαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ὅτι ἐφίμωσε λαμπρῶς, τους κομπούς των ασεβῶν, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθεῖσα, αἰτεῖται πάσι το μέγα ἔλεος.

Kontakion of the Day (4th Plagal Tone)

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Εἰ και ἐν τάφῳ κατήλθες ἀθάνατε, ἀλλὰ τοῦ Ἄδου καθεῖλες τὴν δύναμιν, καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγγάμενος. Χαίρετε, και τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

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Epistle Reading

Sing praises to our God, sing praises.

Clap your hands, all you nations.

The Epistle Reading is from the Acts of the Apostles.

Acts 9:32-42 – IN THOSE DAYS, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

John 5:1-15 – At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Vacation Bible Camp June 26th – 30th, 2017 – "Going for the Gold!" is the theme of St. Katherine's VBC 2017 and we will be covering the Feasts of the Triumph of Christ and His Church. The camp is for ages 4-14 and will run from 10:30 a.m. – 2:00 p.m. The cost is \$30/child including lunch daily. A registration table will be set up after Liturgy on March 12th and 19th in the community center lobby. Please have your payment ready – registration is not complete until payment is received. Checks should be made out to: St. Katherine's Greek Orthodox Church with "VBC 2017" in the memo line. Forms are also available online on our website. Payment may be given directly to Eleni Porter, placed in the Sunday school mailbox, or mailed to 6811 Bluefield Court, Springfield, VA 22152. Refer questions to Eleni Porter at beporter1@verizon.net or 703-470-9992.

Saint Katherine Ladies Philoptochos are inviting all of you to a complimentary Continental Breakfast on Mother's Day, Sunday, May 14th. This event is to benefit "Aid to Greece and Cyprus Campaign "Heart to Heart". All donations are appreciated and will be forwarded to this campaign." In case you cannot join us please make and mail your donations to Saint Katherine Ladies Philoptochos and write on the memo line "Heart to Heart". Thank you!

Our Philoptochos cordially invites all to its Annual Luncheon on June 10th at 12:00 noon, at Nostos Restaurant, 8100 Boone Blvd., Vienna, VA. Menu includes: Appetizers, choice of lamb reganato, ½ boneless chicken or salmon, dessert, coffee, etc. Price \$40.00. Please, call Mary Drakoulis at (703) 273-4159 or Eleni Kanakos at (703) 938-8360 for reservations.

Saint Katherine's Spring Greek Festival is June 2, 3, and 4. We are once again using Volunteer Spot to sign up for shifts. You can use the link: <http://signup.com/go/YGuqyL> to volunteer. For questions, please contact Andrea Ballard at anreballard1@verizon.net or 703-250-5419. We need a little help from many, not a lot of help from just a few.

Women's Book Club – Wednesdays, May 10 and 24 – We will continue reading and discussing *The Prayer of St. Ephrem the Syrian Commentary* by William Mills. Please email Despina Raizes at 2draizes@gmail.com, if you don't have the book and would like a pdf copy.

Announcements

Χριστός Ανέστη! Αληθώς Ανέστη! Christ is Risen! Truly He is Risen!

Memorial Service is offered this morning for **Demetrios P. Demetriou**, husband of Mrs. Androulla Demetriou, and father of Elpida, Petros, and Lambros. May his memory be eternal!

Coffee Hour is sponsored this morning by Mrs. Androulla Demetriou and family in memory of her beloved husband, Demetrios P. Demetriou.

Memorial Coffee Hour Procedure – If you would like to sponsor the coffee hour in memory of your loved one, a donation of \$175.00 is required. This includes coffee set-up, 100 koulourakia, 100 paximathia, putting koliva in cups, and clean-up after the event. Please remember to schedule the memorial service with the Church Office and mail your check at that time. Checks should be made payable to *Saint Katherine Greek Orthodox Church*.

MANAGE YOUR GIVING ONLINE – We are pleased to announce that you can now manage your giving online! Giving online is easy and allows you to set up automatic recurring contributions and view your complete online giving history from anywhere you have access to the Internet. Simply follow these easy steps:

- 1) Visit the church website at <http://saint-katherines.org>
- 2) Click on the **Online Donation** button,
- 3) Click on the Create Profile button, then
- 4) Follow the onscreen instructions to create an online profile and to schedule your recurring contributions.



To reach the online giving page using your smartphone or tablet, simply scan our QR code to sign up and start giving. Our new **Giving Kiosk** is also available in the Narthex for your convenience.

Sunday School – We are looking to fill several teaching and co-teaching positions for next school year, 2017-2018. Please let us know if you are available by contacting Bill and Eleni Porter at bepor1@verizon.net. Specific grades to be filled will be confirmed in the near future.

Sunday School Clothing Drive for Children – “They need clothes, they need shoes, give them things that we don’t use!” During the month of May, the 5th/6th Sunday School grades will be collecting new/gently-used clothing and shoes and new underwear and socks for children between the ages of 6 months and 7 years old. Please bring your donations to the Sunday School office.

High School World Languages, Fairfax County Public Schools – Every year, Fairfax County Public Schools offers 7th – 12th Grade students the opportunity to obtain High School credit for their knowledge of a foreign language. Currently 26 world languages are offered as part of this exam, Modern Greek is not one of them. Here is a link that provides additional information: *High School World Languages, Fairfax County Public Schools*. To do so, we need to provide the Fairfax County World Language personnel a list of 200 Fairfax County Public students who are rising 7th graders through 12th graders and know Greek. For more information please contact, pelekasisgreece@yahoo.com.

SUPPORT OUR PROJECT MEXICO TRIP – For the 4th time, our Church will sponsor a **MISSIONS TEAM to MEXICO** from August 16-23, 2017, to build a simple home for a family in need, while staying at the St. Innocent Orphanage. This year’s team will consist of Nick Junes, Bill, Niko, and Leon Porter, Peter Pappas, Thanos and Michael Zuppas, and Teddy Stathopoulos. For our group to participate, **WE STILL NEED TO RAISE \$7,000 (out of \$12,000)**, which pays for the building supplies/materials, food and lodging, flights, and a rental van into Mexico. Would you prayerfully consider becoming a spiritual and financial partner with us on our mission? As a spiritual partner, please keep our 2017 team in your prayers! As a financial partner, you can send a **tax-deductible donation to St. Katherine Greek Orthodox Church with Project Mexico 2017 in the memo line**. You can learn more about Project Mexico on their website www.projectmexico.org. **Thank you for helping our Church fulfill its part in our Lord’s global mission/outreach!!**

Retrospective in Gold: Bridging Sacred and Secular by Thomas Xenakis – May 6 to June 8, 2017. Opening reception: Saturday, May 6, 2017 at 5:30 p.m. at the Frame Factory, 212 Dominion Road, NE, Vienna, VA 22180. Telephone: 703-281-2350.

Congratulations to our GOYANS on another successful Tournament this past weekend! Our Girls B and Boys B teams both came in 1st place and our Boys A team came in 2nd place at the Saint Demetrios Baltimore Basketball Tournament!

Church Services

Sunday, May 14	Sunday of the Samaritan Woman – Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. <i>Mother's Day</i>
Saturday, May 20	Great Vespers for Saints Constantine & Helen 7:00 p.m. at SS. Constantine and Helen, Olney, MD
Sunday, May 21	Sunday of the Blind Man, Sts. Constantine and Helen , Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Thursday, May 25	Holy Ascension , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday, May 28	Fathers of the First Ecumenical Council – Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Monday, May 29	Memorial Day – Trisagion Prayers at the National Memorial Park , 10:00 a.m.

Sunday Services: Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Velezis
Protos-Psalter – James Loizou 703-356-8220
Choir Director – Nick Kyrus (703) 981-2526
Catechetical School – Bill Porter 703-901-2404
Hellenic Education Center – Eleni Alexopoulou 703-671-7715

Philoptochos President – Eleni Kanakos 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Panos Lagos 703-241-1176
JOY – Vaitsa Bousbouras, vsbousbouras@yahoo.com
HOPE – Doris Mentis, doris@alumni.virginia.edu



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Please visit our website at:

www.saint-katherines.org

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