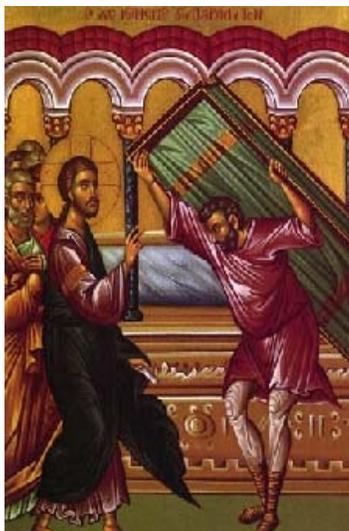
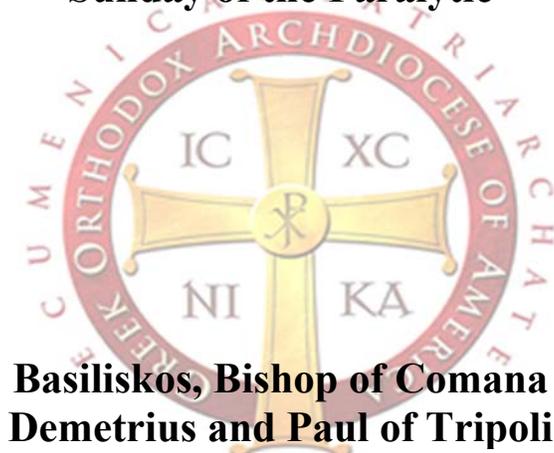


Saint Katherine Greek Orthodox Church



Sunday, May 22, 2016
Sunday of the Paralytic



Basiliskos, Bishop of Comana
Demetrius and Paul of Tripoli



Apolytikon of the Day (1st Plagios Tone)

Christ is Risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός Ανέστη εκ νεκρών, θανάτω θάνατον πατήσας και τοις εν τοις μνήμασι ζώνη χαρισάμενος.

Apolytikon of the Day (3rd Tone)

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Ευφραινέσθω τα ουράνια, αγαλλιάσθω τα επίγεια, ότι εποίησε κράτος, εν βραχίονι αυτού, ο Κύριος, επάτησε τω θανάτω τον θάνατον, πρωτότοκος των νεκρών εγένετο, εκ κοιλίας Άδου ερρύσατο ημάς, και παρέσχε τω κόσμω το μέγα έλεος.

Apolytikon of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομπσούς των ασεβών, του Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (4th Plagal Tone)

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the Myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Ει και εν τάφω κατήλθες αθάνατε, αλλά του Άδου καθείλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ο Θεός, γυναιξί Μυροφόροις φθεγξάμενος. Χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος ο τοις πεσούσι παρέχων ανάστασιν.

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Epistle Reading

Sing praises to our God, sing praises. Clap your hands, all you nations.

The reading is from the Acts of the Apostles.

Acts 9:32-42 – In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

John 5:1-15 – At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, “It is the Sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” “They asked him, ‘Who is the man who said to you, ‘Take up you pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befall you.” The man went away and told the Jews that it was Jesus who had healed him.

The Saint Katherine HEC Greek School is leading an initiative to include Modern Greek as part of the Fairfax County “credit by exam” program. To do so, we need to collect 200 names of FCPS junior high and high school students who know Greek. If we are successful, our children can obtain high school credit for their knowledge of Greek. If you or your child is currently enrolled in grades 6-12 in a FCPS school and know Greek, please contact pelekasisgreece@yahoo.com to provide your/your child’s information so we can collect the 200 names.

Kindergarten Teacher – The Hellenic Education Center in Falls Church is seeking for an English language teacher for its inaugural kindergarten class for 2016-2017. This is a 6 time position (4.5 hours daily) in a Greek immersion program. This position can be turned into a full time position by adding a preschool class or before/after care responsibilities, according to the candidate’s preference. Learn more about our school at ealexopoulou@stkchurch.com or www.stkhec.org.

Philotochos Annual Luncheon – You are invited, with your husband, to attend our luncheon on June 11, at 1:00 p.m., at Nostos Restaurant, 8100 Boone Blvd., Vienna, near Tysons I. Menu choice: Lamb riganato, chicken, or salmon. Tickets \$40.00, which includes tax and gratuity. Reservations and pre-payment required by June 1st. Please, RSVP to Mary Drakoulis – Marydrak3gmail.com or (703) 273-4159

Announcements

Χριστός Ανέστη! Αληθώς Ανέστη! Christ is Risen! Truly He is Risen!

Memorial Services are offered this morning for **Alice Sabbagh**, mother of Mai Sabbagh; and for **Presvytera Mary Harmanb**, grandmother of Connie Soves. May their memory be eternal!

Catechetical (Sunday) School Graduation this morning – It will take place at the end of the Divine Liturgy. Certificates will be given to students by their in classrooms, and seniors will get their certificates in church at the end of the Divine Liturgy. A reception with pizza, cake and soft drinks will follow in Founders' Hall for students and their parents.

Registration for Vacation Bible Camp is now closed. Thank you to all for your support. We look forward to seeing the children the week of June 27th!

Philoptochos – To sponsor Coffee Hour after a Memorial Service is \$175.00 donation. It will include set up coffee, 100 koulourakia, 100 paximathia, putting koliva in cups and cleaning up. Donations need to be sent to Saint Katherine's in advance. Please write checks to: *Saint Katherine Greek Orthodox Church*. Parishioners will call the church first for the date and all their information and then, they can contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364.

Philoptchos Meeting this morning immediately following the Divine Liturgy in the board room of the Meletis Charuhas Center.

The Goyans would like to recognize their basketball coaches **Faye Kranis, Teddy Kranis, John Snyder and Jim Kontzamanys** for their commitment, encouragement and support. Thank you for another great year!

Teach Youth Basic Orthodoxy in Guatemala This Summer – In Guatemala there are hundreds of children and young adults hungry to learn more about their Orthodox Christian Faith. A short-term OCMC mission team has been invited to offer a summer Church school program for two communities outside Nuevo Conception in Southwest Guatemala to teach basic Orthodoxy. If you have a heart for youth or teaching, please prayerfully consider joining this team which will serve from June 15th to the 28th, 2016. To learn more or apply, visit http://www.ocmc.org/about/view_team.aspx?TeamId=170, e-mail teams@ocmc.org, or call 1-877-463-6784, ext. 141.

Need for Catechetical School Teachers – A few of our dearly loved Sunday School teachers will be stepping down after many years of service. As a result, we need stewards who are willing to fill these openings for the continued Christian Education of our children. We are looking to fill these positions for the 2016-2017 school year, so please contact Bill and/or Elaine Porter at beporter1@verizon.net ASAP. Thank you in advance!

Saint Katherine's Spring Greek Festival – June 3, 4, and 5, 2016, 11:00 a.m. to 10:00 p.m. Our Spring Festival is made possible by the combined efforts of many volunteers just like you! The success of our Festival depends on the support of ALL parishioners. Proceeds from our Festival assist Saint Katherine in continuing her ministries and programs. To volunteer you can use the link: <http://vols.pt/7nWYJc>. For any questions, please contact Andrea Ballard at (703) 250-5419 or andreaballard1@verizon.net.

Church Services

Sunday, May 29	Sunday of the Samaritan Woman – Κυριακή της Σαμαρείτιδος Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Monday, May 30	Memorial Day – Trisagion at the National Memorial Park 10:00 a.m.
Sunday, June 5	Sunday of the Blind Man – Κυριακή του Τυφλού Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Thursday, June 9	Holy Ascension – Της Αναλήψεως Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Sunday, June 12	Fathers of the First Ecumenical Synod – Των Αγ. Πατέρων της Α' Οικουμ. Συνόδου Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
Saturday, June 18	Saturday of Souls – Ψυχοσάββατον , Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Nicholas Vazquez and Chad Veleziz	Philoptochos President – Eleni Kanakos 703-938-8360
Protos-Psalter – James Loizou 703-356-8220	YAL President – Faye Anson 703-437-5747
Choir Director – Nick Kyros (703) 981-2526	GOYA President – Theo Karounos 703-321-3009
Catechetical School – Bill Porter 703-901-2404	JOY – Toula Christou 703-533-0055
Hellenic Education Center – Eleni Alexopoulou 703-671-7715	HOPE – Vaitsa Bousbouras, vsbousbouras@yahoo.com



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www.saint-katherines.org

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