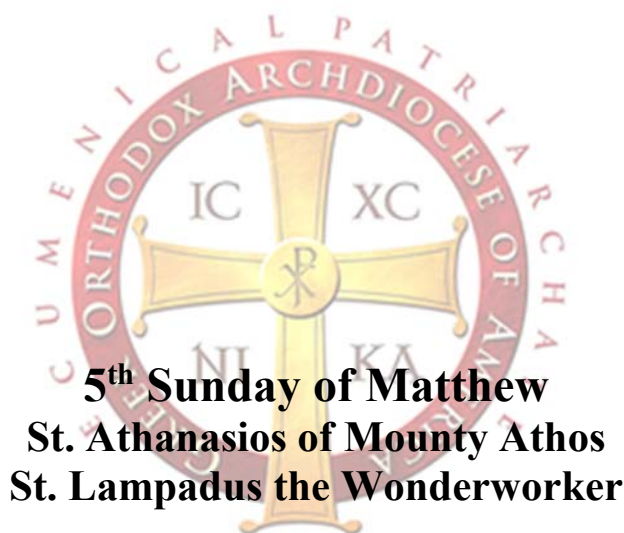
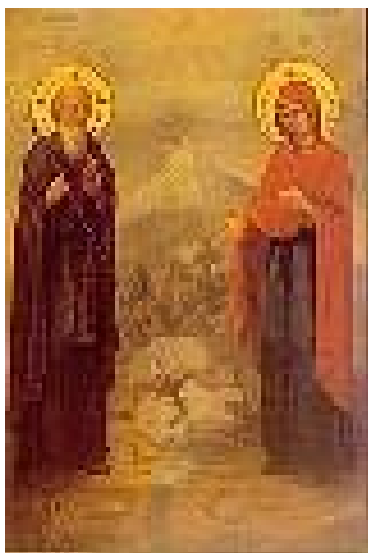


Saint Katherine Greek Orthodox Church

Sunday, July 5, 2015



5th Sunday of Matthew
St. Athanasios of Mouny Athos
St. Lampadus the Wonderworker

Apolytikion of the Day (4th Tone)

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and the rejection of the ancestral decision, they cried aloud to the Apostles triumphantly. Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Το φαιδρόν της Αναστάσεως κήρυγμα, εκ του Αγγέλου μαθούσαι αι του Κυρίου Μαθήτριαι, και την προγονικην απόφασιν απορρίψασαι, τοις Αποστόλοις καυχόμεναι έλεγον. Εσκύλευται ο θάνατος, ηγήρθη Χριστός ο Θεός, δωρούμενος τω κόσμω το μέγα έλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)

The all-blessed bride of Christ let us extoll in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of you.

Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημών και αντίληψιν. Ότι επίμωσε λαμπρώς, τους κομψούς των ασεβών, του Πνεύματων τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα έλεος.

Kontakion of the Day (2nd Tone)

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία των χριστιανών ακαταίσχυντε, μεσιτεία προς τον Ποιητήν αμετάθετε. Μή παρίδης αμαρτωλών δεήσεων φωνάς, αλλά πρόφθασον, ως αγαθή, εις την βοήθειαν ημών, των πιστών κραυγαζόντων σοι. Τάχυνον εις πρεσβείαν, και σπύσον εις ικεσίαν, η προστατεύουσα αι, Θεοτόκε, των τιμώντων σε.

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Epistle Reading

Let your mercy, O Lord, be upon us.

Rejoice in the Lord, O you righteous.

The reading is from Saint Paul's Letter to the Galatians.

Galatians 5:22-26; 6:1-2

Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another.

Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.

Gospel Reading

Matthew 8:28-34; 9:1

At that time, when Jesus came to the other side, to the country of the Gadarenes, two demoniacs met him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood.

And getting into a boat he crossed over and came to his own city.

26th Annual Greek Festival – Friday & Saturday, July 10 & 11, noon to 11:00 p.m. Sunday & Monday, July 12 & 13, noon to 9:00 p.m. When everyone is Greek at the beautiful Ocean City convention Center (41st & Coastal Hwy, air conditioned hall and plenty of free parking. Free admission and parking. Fun for the whole family. All your favorite Greek dishes and desserts, raffle prizes, live Greek folk dancing performances, live Greek music by the Golden Flame. St. George, Ocean City, MD, www.stgeorgebythesea.org/greek-festival

Appalachian Building Trip, August 16-22 – Saint Katherine will again send a mission to Spruce Pine, NC in Support of Operation Inasmuch, an interdenominational home repair ministry. The trip is from Sunday, August 16 through Saturday, August 22. Two years ago, our Mission Team went to Spruce Pine and assisted in light construction projects for the elderly and handicapped, and shared wonderful fellowship with the local community. Please contact Daphne Papamichael at Cyprusd@aol.com for more information.

Monumental Mission Walk 2015 – On September 19, 2015, Orthodox Christians from around the Washington, D.C. Metropolitan area will converge on the National Mall for the 3rd Annual Monumental Missions Walk. At each monument along the route participants will learn the spiritual significance of the landmark and will be provided insight into the role that religion has played in the history of this great country. Please go to our Eventbrite Site and Register Today: <https://www.eventbrite.com/e/2015-monumental-missions-walk-registration-17020607094>.

Announcements

A **Doxology** will be offered this morning commemorating the 4th of July, 1776 American Independence Day!

God Bless America

God Bless America, land that I love,
stand beside her and guide her
through the night with a light from above.

From the mountains, to the prairies,
to the oceans white with foam,
God bless America, my home sweet home.

By Irving Berlin

Memorial Services are offered this morning for **Louis (Elias) Cherpes** (2-years), husband of Mrs. Mary Cherpes and father of Perry, Greg and Mark Cherpes; and for **John Sfarnas** (6-months), nephew of Mrs. Mary Cherpes and cousin of Perry, Greg and Mark Cherpes. May their memory be eternal!

Coffee Hour is sponsored this morning by the Cherpes family in memory of their beloved husband and father, **Louis (Elias) Cherpes**, and for their beloved nephew and cousin, **John Sfarnas**.

The Ladies Philoptochos of Saint Katherine would like to let you know that they have *koulourakia* and *paximathia* available all year long. The Ladies Philoptochos thank you very much for your help and support. Please contact Mary Varlas at (703) 965-4161 or Eleni Kanakos at (703) 969-8364 for information or to place your order.

Parents are reminded that *children are not allowed to play on the stage* in the Meletis Charuhas Center during Coffee Hour or other social gatherings. We ask your assistance to prevent injury to the children and damage to curtains and other equipment. Thank you.

New Candle Prices – The Parish Council has approved the following changes to candles available at the pangaria: Red votive candles - \$10; large white candles - \$5; small candles -\$1 (no change). Prices were effective in April.

Gentle Exercise Class – If participation is 10 or more, Tina Ligelis is offering a second 6-week series of gentle classes started Wednesday, June 24th! Reduce stress, lower blood pressure, gain flexibility, balance and circulation. Class includes deep breathing, stretching, balance, meditation and deep relaxation. Open to men and women of all ages and all fitness levels. 6 weeks for \$60.00, drop-in's \$12.00, payable to *Saint Katherine*. Wednesday evenings at 7:00 p.m. (no class Wednesday, July 1), held at Saint Katherine. If you would like to participate or learn more about the class, please contact Tina Ligelis at (703)845-0520 or LigelisCPA@aol.com.

Registration for the 2015-2016 school year is now open for both Paideia Preschool, Greek School. Forms can be downloaded from HEC website (www.stkhec.org) or picked-up in the school office. Please contact HEC Director, Eleni Alexopoulou, with any questions, ealexopoulou@stkchurch.com.

Registration for Greek Adult classes – Please see our HEC website, www.stkhec.org for a registration form or pick up one from the school or the church office. Classes begin in September, Beginners Greek I and II on Tuesday evenings, and Intermediate and Advanced Greek on Thursday evenings.

Paideia Preschool is looking to hire a pre-K English teacher. If you are interested, please submit an updated CV to the HEC office at ealexopoulou@stkchurch.com.

Fall Philanthropy Project – Please join the Daughters of Penelope Helle Chapter and the Philoptochos in our annual support of the Fairfax County Collect for Kids Back to School Program in conjunction with Our Daily Bread in collecting backpacks and scientific calculators or cash donations between July 12 and August 5. Cash donation should be made payable to DOP Helle Chapter 283 and mailed to Karen Polizos, 903 Holly Creek Dr., Great Falls, VA 22066. A collection box will be available starting July 12 or items may be dropped off at the church office. Please help us in supporting this worthy program. Thank you!

Church Services

Sunday, July 12	<i>6th Sunday of Matthew – ΣΤ΄ Κυριακή Ματθαίου</i> – Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
Saturday, July 18	<i>Challenge Liturgy</i> 9:30 a.m. at Saint George, Bethesda, Maryland
Sunday, July 19	<i>Sunday of the Holy Fathers – Κυριακή των Αγίων Πατέρων</i> – Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
Monday, July 20	<i>Prophet Elias – Προφήτου Ηλίου του Θεσβίτου</i> – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday, July 26	<i>8th Sunday of Matthew – Η΄ Κυριακή Ματθαίου</i> – Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
Saturday, August 1	<i>Dormition Fast Begins – Αρχεται η Νηστεία του Δεκαπενταγούστου</i>
Sunday, August 2	<i>9th Sunday of Matthew – Θ΄ Κυριακή Ματθαίου</i> – Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
Wednesday, August 5	<i>Paraklesis – Παράκλησις</i> 7:00 p.m.
Thursday, August 6	<i>Holy Transfiguration – Της Μεταμορφώσεως</i> – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Friday, August 7	<i>Paraklesis – Παράκλησις</i> 7:00 p.m.
Sunday, August 9	<i>10th Sunday of Matthew – Ι΄ Κυριακή Ματθαίου</i> – Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
Wednesday, August 12	<i>Paraklesis – Παράκλησις</i> 7:00 p.m.
Friday, August 14	<i>Great Vespers for the Theotokos – Μέγας Εσπερινός της Θεοτόκου</i> 7:00 p.m.
Saturday, August 15	<i>Dormition of the Theotokos – Η Κοίμησις της Θεοτόκου</i> – Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
Sunday Services: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m., and Week Day Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.	

Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξίλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online in two formats--a PDF copy of the bulletin handed out in church and an online version with much more information. Please take a moment to check them out by visiting:

http://www.saint-katherines.org/about_us/sunday-bulletins



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis & Daniel McKinney
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Choir Director – John Doulis 703-670-4386
Catechetical School – George Charuhas 703-999-2109
Hellenic Education Center – Eleni Alexopoulou 703-674-7715

Philoptochos President – Eleni Kanakas 703-938-8360
YAL President – Faye Anson 703-437-5747
GOYA President – Demetrios Karounos 703-321-3009
JOY – Toula Christou 703-533-0055
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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church