

Saint Katherine Greek Orthodox Church

Sunday, September 16, 2012

Sunday after the Holy Cross



Euphemia the Great Martyr
Sebastiana, Disciple of St. Paul the Apostle
Dorotheos the Hermit of Egypt
Melitina the Martyr
Afterfeast of the Holy Cross
Ninian the Enlightener of Scotland



Apolytikion of the Day (First Tone)

O Christ, the angelic powers appeared at Your tomb, the guards were as dead, and Mary stood by the sepulcher, seeking Your sacred body. You destroyed Hades yet remained untouched by it. You encountered the Virgin and through her, bestowed Life. Glory to You who has risen from the dead!

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμᾳ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντὸν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήνησας τῇ Παρθένῳ, δωροῦμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Apolytikion for the Afterfeast of the Holy Cross

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεύσι κατὰ βαρβάρων δωροῦμενος καὶ τό σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Apolytikion of Saint Katherine the Great Martyr (First Plagios Tone)

The all-blessed bride of Christ let us extol in song, Katherine the divine and protectress of Sinai, the assistance and helper of all of us; for she muzzled brilliantly, the ungodly clever men, by the power of the Spirit. And now crowned as Martyr, she pleads great mercy for all of us.

Τὴν πανεύφημον νύμφην Χριστοῦ υμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιούχον Σινά, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τὴ δύναμι. Καὶ ὡς μάρτυς τοῦ Κυρίου στεφθεῖσα, αἰτεῖται πάσι, τὸ μέγα ἔλεος.

Kontakion of the Day

Lifted up on the Cross by Your free will, Christ God, grant mercies to the new commonwealth that bears Your name. Gladden our faithful rulers by Your power, giving them victories over their adversaries. May Your alliance be for them a weapon for peace, an invincible standard.

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Epistle Reading

St. Paul's Letter to the Galatians 2:16-20 - BRETHREN, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading

Mark 8:34-38; 9:1 - Sunday after Holy Cross - The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Wisdom of the Church Fathers

And see how He also makes His discourse unexceptionable: not saying at all, "whether you will, or no, you must suffer this," but how? "If any man will come after me."

* * *

"I force not, I compel not, but each one I make lord of his own choice; wherefore also I say, 'If any man will.' For to good things do I call you, not to things evil, or burdensome; not to punishment and vengeance, that I should have to compel.

* * *

Nay, the nature of the thing is alone sufficient to attract you." ... For thou oughtest not, O Peter, because thou hast confessed me Son of God, therefore only to expect crowns, and to suppose this enough for thy salvation, and for the future to enjoy security, as having done all. ...

* * *

"... For although it be in my power, as Son of God, to hinder thee from having any trial at all of those hardships; yet such is not my will, for thy sake, that thou mayest thyself too contribute something, and be more approved."

St. John Chrysostom, *Homily 55 on Matthew 16, 1. B#54, p.339.*
4th Century

The key to knowledge is the humility of Christ. The door of the Kingdom of Heaven is open, not to those who only know in their learned minds the mysteries of faith and the commandments of their Creator, but to those who have progressed far enough to live by them.

St. Bede the Venerable, *Unknown*
8th century

To deny oneself means to give up one's bad habits; to root out of the heart all that ties us to the world; not to cherish bad thoughts and desires; to suppress every evil thought; to avoid occasions of sin; not to desire or to do anything out of self-love, but to do everything out of love for God. To deny oneself, according to St. Paul means "to be dead to sin. . . but alive to God."

St. Innocent of Alaska, *The Lenten Spring, SVS Press, p. 147*
19th Century

Nothing comes without effort. The help of God is always ready and always near, but is given only to those who seek and work, and only to those seekers who, after putting all their powers to the test, then cry out with their whole heart: "Lord, help us."

St. Theophan the Recluse, 19th Century

If you would be victorious, taste the suffering of Christ in your person, that you may be chosen to taste His glory. For if we suffer with Him, we shall also be glorified with Him. Blessed are you if you suffer for righteousness' sake. Behold, for years and generations the way of God has been made smooth through the Cross and by death. The way of God is a daily Cross. The Cross is the gate of mysteries.

St. Isaac the Syrian, *The Orthodox Way: Revised Edition, SVS Press, p. 129*

Announcements



Memorial Services are offered this morning for **John Vlachos**, father of Marie Weidman; for **Iris Neff**, wife of Dr. Peter Neff and mother of Teri and Athena; for **Sotira Silis**, mother of Mr. Panagiotis Silis; for **Eftihia Tsaoussis**, mother of Vasiliki and Constandina, and sister of Mr. Panagiotis Silis; and for **Barbara Euripides**, wife of Mr. Charles Euripides and mother of Chris, Michael & Gus. May their memory be eternal!



Coffee Hour is sponsored this morning by the Vlachos, Neff, Silis and Euripides families in memory of their loved ones.



Catechetical (Sunday) School –The new school year begins at 9:30 a.m. September 16th. We will meet upstairs in the large hall to receive a blessing from Father Costa then proceed downstairs for class and continue registration.



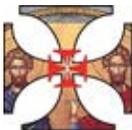
Our **FALL FESTIVAL** will be held Friday, October 5 – Sunday Oct 7 (11am - 9pm daily). We need your help and support. There are a multitude of tasks that require our attention and **YOU** can help by volunteering your time to support your church and community. If you're new to the community, this is a great way to get to know people. If you've never worked at the festival, join us...you won't regret it! Please volunteer by calling Andrea Ballard andreaballard1@verizon.net.



GOYA has church duty today. Tiffani Wills is the GOYA Captain and Epistle reader. GOYA will have a meeting and elections in the board room, following second liturgy. All 7th through 12th graders are invited to join us for this meeting and basketball practice afterwards.



DOP Trip – We invite you to “save the date” and join the Daughters of Penelope for a fun day in Lancaster, Pennsylvania. Trip includes coach bus transportation, *Jonah*, the musical and family style dinner at an Amish Restaurant. Deadline to reserve your seat is Oct 11. Price is \$105 and includes gratuities and taxes. For more information, contact Kathy Cavallo, kcavallo1@aol.com or call (h) 703-978-1539 or (c) 571-212-8911.



All ladies of the Philoptochos are reminded we will be working on behalf of Saint Katherine at our annual Fall Festival October 5 - October 7. Please come and help us serve our community.

Saint Katherine Professional and Business Directory – Please contact Daphne Vaccarello for more details at (703) 830-0892 or dvac.memories@verizon.net.

Sts. Peter and Paul Antiochian Church 29th Annual Fall Bazaar featuring authentic Middle Eastern food, live music and entertainment will be held on Friday, Sept 21 (4pm - 9pm), Saturday, Sept 22 (11am - 9pm) and Sunday, Sept 23 (Noon - 4pm). Free parking and admission. Address: 10620 River Road, Potomac, MD 20854.



AHEPA Christmas Ornaments - The Peter N. Derzis AHEPA Chapter #438 is proud to announce orders are now being taken for our Fifth Annual Community Christmas Ornament. These collectable ornaments have grown in popularity from year to year and this year's ornament is no exception! This stunning three-dimensional ornament is entitled “*Snowflakes from Mt. Athos*” and depicts the Byzantine Eagle among 19 sparkling snowflakes as it soars over Mt. Athos. Manufactured by the same firm that creates the famous White House Christmas ornaments, they make excellent gifts and are the ideal stocking stuffer. Ornaments will first be available for sale during the Fall Festival and after Liturgies during coffee hour while supplies last. Please visit our booth at the Fall Festival or place your order after Liturgy beginning September 16, or by sending requests to antovi@verizon.net or by calling 703-929-6110.

“*Snowflakes from Mt. Athos*”

Church Services

Monday, September 17 *Sophia and Her Three Daughters: Faith, Hope and Charity*
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, September 23 *First Sunday of Luke*
Divine Liturgy 8:00a.m. and 10:30 a.m.; Orthros and Catechetical School 9:30 a.m.

Wednesday, Sept 26 *The Falling Asleep of St. John the Evangelist and Theologian*
Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.

Sunday, September 30 *Second Sunday of Luke*
Divine Liturgy 8:00a.m. and 10:30 a.m.; Orthros and Catechetical School 9:30 a.m.

Sunday, October 7 *Third Sunday of Luke*
Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m. (please note special times/festival schedule)

Offertory Prayer – O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς – Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.



METROPOLIS OF
NEW JERSEY

Church Organizations

Acolyte Captains – Anastasios Galatis
Protos-Psalter – James Loizou (703) 356-8220
Choir Director – John Doulis (703) 670-4386
Catechetical School – Christian Demeter (703) 534-5669
Greek School – Sophia Tsangali (703) 671-5820
Paideia Preschool – Pantelis Psoras (301) 762-1478

Philoptochos – Eleni Kanakos (703) 938-8360
YAL President – TBD
GOYA President – Tiffani Wills (703) 948-7950
JOY – Tina Papamichael (703) 536-4711
HOPE – TBD



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Please visit our website at:

www.saint-katherines.org

Facebook: Saint Katherine Greek Orthodox Church