Sunday, May 23, 2021, of the Paralytic

Apolytikion of Great and Holy Pascha (1st Plagal Tone)
-Christ is Risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.
-Χριστός Ανέστη εκ νεκρών, θανάτω θάνατον πατήσας, και τοις εν τοις μνήμασι ζωήν χαρισάμενος.

Apolytikion of the Day (3rd Tone)
-Let the heavens rejoice and earth be glad, for the Lord has shown the power of His reign. He has conquered death by death and become the first born of the dead. He has delivered us from the depths of Hades; and has granted to the world great mercy.
-Ευφραινέσθω τα ουράνια, αγαλλιάσθω τα επίγεια, ότι εποίησε κράτος, εν βραχίονι αυτού, ο Κύριος. Επάτησε το θανάτο τον θάνατον. Πρωτότοκος των νεκρών εγένετο. Εκ κοιλίας Άδου ερρύσατο ημᾶς, και παρέσχε το κόσμο το μέγα ἐλεος.

Apolytikion of Saint Katherine the Great Martyr (1st Tone)
-Let us praise the all lauded and noble bride of Christ, the godly Katherine, the guardian of Sinai and its defense, who is also our support, assistance and our help; for with the Holy Spirit's sword she hath silenced brilliantly the clever among the godless; and being crowned as a Martyr, she now does ask great mercy for us all.
-Την πανεύφημον νύμφην Χριστού υμνήσωμεν, Αικατερίναν την θείαν και πολιούχον Σινά, την βοήθειαν ημῶν και αντίληψιν. Ότι εφίμωσε λαμπρώς, τους κομψούς των ασεβών, τον Πνεύματος τη δυνάμει. Και νυν ως Μάρτυς στεφθείσα, αιτείται πάσι το μέγα ἐλεος.

Kontakion of the Day (4th Plagal Tone)
-Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!!" and granting peace to Your disciples, You who raise up the fallen.
-Έι και εν τάφῳ κατήλθες αθάνατε, αλλά του Άδου καθήλες την δύναμιν, και ανέστης ως νικητής, Χριστέ ο Θεός, γυναιξί μυροφόροις φθεγξάμενος, χαίρετε, και τοις σοις Αποστόλοις ειρήνην δωρούμενος, ο τοις πεσούσι παρέχων ανάστασιν.
Epistle Reading

Sing praises to our God, sing praises.
Clap your hands, all you nations.
The reading is from Acts of the Apostles.

Acts 9:32-42 – In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreatng him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading

John 5:1-15 – At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Saint Katherine will have a Food Drive to benefit Columbia Baptist Church Hunger Ministry’s Food Pantry this morning, Sunday, May 23, 9:30am-11:30am in the circular driveway in front of the Church. (No paper bags, please.) Requested items include: Oatmeal, canned meat and fish, unsweetened cereal. Thank you for your support.
Memorial Services are offered this morning for Irene Sarakinis (40-days) and for Constantine Sarakinis (5-years), mother and brother of Mavra Falcon; and for Maria K. Laliotis (9-days), mother of Jeany Merlis and Effie Sarantis. May their memory be eternal!

Journey to Orthodoxy – Beginning Monday, February 1, the “Journey to Orthodoxy” class for adults resumes ONLINE Via Zoom, on Monday evenings from 7:00 to 8:00pm Eastern Time. Designed for non-Orthodox inquirers into Orthodoxy as well as for Orthodox Christians who want to know more about the teachings, practices, history, and contemporary life of our Orthodox Church, this class is also recommended for intending or newly married couples, especially where one spouse is not Orthodox. The class follows an informal discussion format. For further information, and to receive links class materials and to be placed on the Zoom invitation list, please contact the teachers, John Demakis demakis9931@gmail.com, Jim Jatras heraclius13@gmail.com, 202-375-1007, or the Zoom technical coordinator James Class, classj@gmail.com.

Adult Bible Studies class – In this time of social distancing, let us continue our weekly Adult Bible Studies online. Join us each Thursday evening at 7:00pm. We will take up a new topic each week on Thursdays, with: “What is the Meaning of Resurrection?”

Catechetical Lectures of Saint Cyril of Jerusalem – A Greek Bible Study led by Professor Ioannis Gkigkitzis. The Adult Catechism and Sacraments class “Catechetical Lecture of Saint Cyril” is taking place every Tuesday online at 7:15 p.m. This includes time for discussion and fellowship.

Greek School – Please check our Church’s website, www.saint-katherines.org or our HEC website, www.stkhec.org for an application. For more information on our Saint Katherine’s Greek School please contact Sophia Tsangali at 703-671-1515 or stsangali@stkchurch.com.

Saint Katherine Day School – We are excited to announce that the Saint Katherine Day School is now open and accepting enrollments. We currently offer part-time (3 days/week) and full-time (5 days/week) options for children between the ages 2 to 5. Should you have any questions, or wish to enroll in our program, please feel free to reach out to us at hec-administraton@stkchurch.com or 703-671-7715.

Warm Thanks to all our parishioners who helped our Church with voluntary work or with monetary donations during the Great Lent, the Great Holy Week and the Great and Holy Pascha! May our Risen Lord bless you and your families now and always!

Camp Good Shepherd – Virginia 2021 – July 4th–July 10th. Ages: completed 5th grade-12th grade. For questions, please email cgsvirginia@gmail.com or call Fr. John Manuel at 804-615-9065. Official Registration info will be sent out soon. Stay tuned!
Offertory Prayer. O God, as you welcomed the gifts of Abel, the sacrifices of Noah and Abraham, the incense of Aaron and Zachariah, do welcome also, from the hands of us sinners, these offerings, so that in clear conscience we may always offer to you gifts and the resources of our labor, for your glorification, for the alleviation of sufferings and hunger, for the ministry to your people, by the grace, mercy and philanthropy of your only begotten Son with whom You are blessed from ages to ages. Amen.

Προσευχή Προσφοράς. Ω Θεέ, όπως δέχθηκες τα δώρα του Άβελ, τις θυσίες του Νώε και του Αβραάμ, το θυμίαμα του Ααρών και του Ζαχαρία, ας δεχθείς από τα αμαρτωλά μας χέρια και τις προσφορές αυτές έτσι, ώστε πάντοτε να μπορούμε να Σου προσφέρουμε δώρα και τους κόπους της εργασίας μας για την δόξα Σου, προς ελάφρυνση των δοκιμασιών και της πείνας, προς διακονία του λαού Σου, προς συγχώρηση των αμαρτιών και εξιλασμό του λαού Σου, με την χάρη, το έλεος και φιλανθρωπία του μονογενούς Σου Υιού. Ευλογημένο να είναι το όνομά Σου εις τον αιώνα. Αμήν.

The Sunday bulletin is available online at http://www.saint-katherines.org/about_us/sunday-bulletins.